

Circular: 027

17 March 2023

Dear Residents,

## **USE OF THE GYM AND POOL AREA.**

As the gym and pool area are shared spaces used by all, it might be helpful to know what regularly booked activities happen in this area so that you can plan your exercise around this program.

The pool is booked on  
Mondays from 09:00 – 10:00 for Water aerobics.

The gym floor space is booked as follows:  
Tuesday 09:00 – 10:00 Therapeutic exercise  
Thursday 09:00 – 10:00 Yoga  
Friday 09:00 – 10:00 Beginners line dancing  
Friday 10:00 – 11:00 Line dancing.

During these booked classes we ask that you be considerate to those participating and that you allow them to finish their classes without disruption.

Warm Regards



**Wilma Swart**  
Village Manager