

What's Happening this week...

6th March – 10th March 2023



Social Activities:

MONDAY – 6th March 2023

9am Therapeutic Water Aerobics

9am Howard's Shoe Sale

10am Art Classes

10am Knit & Natter

1pm Bridge

5pm Pool & Waterhole

TUESDAY – 7th March 2023

9am Therapeutic Exercise Classes

2pm Rummikub

2:30pm Scrabble

5pm Pool & Waterhole

WEDNESDAY – 8th March 2023

10am Art Classes

2:30pm Christian fellowship group

5:30pm Social Dinner

THURSDAY - 9TH March 2023

9am Yoga (Contact Kiloran Ext 1063)

10am Visual Music (Contact Pat Ext 1081)

2pm Bridge

3pm Petanque

6pm Movie Night

FRIDAY - 10TH March 2023

9am Beginners Line Dancing Class

9:30am Main Line Dancing Class

10am Visual Music (Contact Pat Ext 1081)

10:30am Bible Study

12:30pm Fish & Chips

5pm Waterhole



PATIENT SAFETY AWARENESS WEEK

This event was created to encourage education on healthcare safety. According to the World Health Organisation, over 2.6 million deaths are due to unsafe care in hospitals in developed and developing countries. The Institute for Health Care Improvement hopes to promote important discussions locally and internationally that will lead to improved healthcare safety for caregivers, patients, and the healthcare system in general.

Reports of medical errors and breached patient safety date as far back as the 1960's. It was not until the early 1990s that the patient safety movement picked up. It was discovered that about 1.3 million injuries and 180 000 deaths could have been prevented across the USA. Medical errors cannot be entirely attributed to medical staff alone but to all aspects of the healthcare system.

Patient Safety Awareness week highlights the role that medical staff and patients need to play to assure overall safety. Patient Safety is not the responsibility of a single individual, but a collective responsibility of healthcare systems, healthcare workers and patients.

Health & Comfort Shoes

Will be on sale in the village between
10:00 – 13:00
6th of March 2022



EVERGREEN BROADACRES

WHAT'S COOKING

EVERGREEN
lifestyle
broadacres

06 - 10 March 2023

Date	Standard Menu – R68.00
Monday Lunch 06 March	Sweet n Sour Pork Fried Rice and Vegetable Stir-Fry
Tuesday Lunch 07 March	Beef Lasagne with Roasted Med style Veg and Side Salad
Wednesday Lunch 08 March	Chicken Schnitzels with Cheese Sauce New Parsley Potatoes, Roast Butternut and Beetroot Salad
Thursday Lunch 09 March	Braised Beef Shin with Mash Potatoes, Glazed Carrots and Peas
Friday Lunch 10 March	Crisp battered or grilled hake and chips, served with tartar sauce, coleslaw and garden salad Bistro R85.00 Home delivery R95.00


PLEASE NOTE: NO CASH PAYMENTS WILL BE ACCEPTED.

PLEASE PAY BY PRE-PAID ACCOUNT or CARD

Meals eaten or collected at Bistro R68.00, if delivered R78.00 or otherwise specified

The R10.00 surcharge covers all packaging

Order to be placed by 16:00 prior day



EVERGREEN BROADACRES

WHAT'S COOKING

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Wednesday 08 March 2023

Salad platter per table

Greek salad with garlic crostini's

Main Course

BBQ Pork loin chops with grilled pineapple,
potato wedges and veggie bake– R80

Or

Cream chicken curry with almonds,
basmati rice and pawpaw salsa – R75

Vegetarian option available on request – R70

Dessert

Seasonal fruit salad in orange and ginger syrup
served with vanilla ice cream– R40

PRE-PAID ACCOUNT, CREDIT or DEBIT CARD

Please book at Reception EXT 1200 only between 08:00 and 17:00.

Please book by 17:00 on Monday.