

What's Happening this week...

20th February – 26th February 2023



Social Activities:

MONDAY – 20th February 2023

9am Therapeutic Water Aerobics
10am Art Classes
10am Knit & Natter
1pm Bridge
5pm Pool & Waterhole

TUESDAY – 21th February 2023

9am Therapeutic Exercise Classes
2pm Rummikub
2:30pm Scrabble
5pm Pool & Waterhole

WEDNESDAY – 22nd February 2023

10am Art Classes
5:30pm Social Dinner

THURSDAY – 23rd February 2023

9am Yoga (Contact Kiloran Ext 1063)
2pm Bridge
3pm Petanque
6pm Movie Night

FRIDAY - 24TH February 2023

9am Beginners Line Dancing Class
9:30am Main Line Dancing Class
10:30am Bible Study
12:30pm Fish & Chips
5pm Waterhole

SATURDAY - 25TH February 2023

Discovery Vitality Fitness Assessment Day

SUNDAY - 26TH February 2023

12pm Sunday Lunch

Margaret Roberts Herbal Centre

BOOK MORNING OUTING 22 FEBRUARY 2023



The centre, situated on the northern slopes of the Magaliesberg, is a magical place filled with beautiful gardens of all types and styles.

The centre was founded over 40 years ago by Margaret Roberts and her legacy now continues under her daughter, Sandy.

The gardens have carefully laid out paths for easy access. While they are beautiful and inspiring, there is even more to see and experience. Walk the labyrinth designed in the style of that at Chartres Cathedral in France, play a game on a life-sized chess board, and be enchanted in a fairy gallery.

After a good wander around how wonderful to relax and enjoy a fragrant tea, a light lunch or snack in the restaurant. And then once restored, to shop!

Or would you prefer a quiet moment? Steal away to visit the little garden chapel, admire the stained glass windows, enjoy uplifting music and read the prayers for the animals written on the chapel walls.

Sound like fun?

Join us on **Wednesday** morning, 22 February, leaving around 10am.

Please let us know by **15 February 2023** by contacting Libby [1002], Pru [1103] Judy [1032] or Sarah [1045].

Transport – it's about an hour's drive so hopefully some will volunteer to drive and the passengers can contribute towards petrol costs.

The entrance fee is R20 per car.

NATURE AND BIRDING GROUP



Very exciting news, André Marx who does the bird walks at Random Harvest, has offered to do an early morning bird walk here at Evergreen on Thursday 23rd February 2023. This walk is open to all residents of Evergreen.

COST

- Rusks, Coffee/Tea before walk: No charge
- Walk: No charge.
- Breakfast: The Bistro will be open for breakfast from 8am. Should you stay for breakfast this will be for your own account.

NOTE: This will be an early start.

6.15am meet at the Club House for Rusks and Coffee/Tea.

6.45am leave for the walk.

8.15am approximate return.

Breakfast at the Bistro, from the Breakfast Menu, will be available following the walk.

Please advise, by 20th February if:

- You will join the Bird Walk
- You will stay for breakfast. Andrew needs some idea of how people will stay for breakfast.

Heather Mutch - #1080; Cell 083 789 7311

Lisa Nuttall - #11020; Cell 071 007 4658

20 - 25 February 2023

Date	Standard Menu – R68.00
Monday Lunch 20 February	Pork Bangers and mash with onion gravy topped with fried egg and cheese, roast butternut and green beans
Tuesday Lunch 21 February	Sticky lemon and maple roasted chicken thighs with cream potatoes, broccoli and peas
Wednesday Lunch 22 February	Italian stuffed meat balls in tomato and basil coulis, Mediterranean roasted vegetables and Italian salad
Thursday Lunch 23 February	Mild beef curry in coconut milk, steamed rice, banana salad and tomato & cucumber sambal
Friday Lunch 24 February	Crisp battered or grilled hake and chips, served with tartar sauce, Waldorf salad and garden salad Bistro R85.00 Home delivery R95.00


PLEASE NOTE: NO CASH PAYMENTS WILL BE ACCEPTED.

PLEASE PAY BY PRE-PAID ACCOUNT or CARD

Meals eaten or collected at Bistro R68.00, if delivered R78.00 or otherwise specified

The R10.00 surcharge covers all packaging

Order to be placed by 16:00 prior day



EVERGREEN BROADACRES

WHAT'S COOKING

EVERGREEN
lifestyle
broadacres

Wednesday – 22 Feb 2022

Plated starter

Potato and leek soup with cheese croutons

Main Course

Pork schnitzel with cheese sauce,
sauté potatoes, glazed sweet carrots and peas - R80

Or

Chicken pie with mash and gravy
served with glazed sweet carrots and peas – R75


Vegetarian option available on request – R75

Dessert

Malva pudding,
poached seasonal fruit in brandy syrup
and custard – R40

PRE-PAID ACCOUNT, CREDIT or DEBIT CARD

**Please book at Reception EXT 1200 only between 08:00 and 17:00.
Please book by 17:00 on Monday.**



EVERGREEN BROADACRES

WHAT'S COOKING

EVERGREEN
lifestyle
broadacres

Sunday Lunch – 26th February 2023

Salad platter per table

Roasted butternut salad in balsamic and honey dressing,
with toasted pumpkin seeds, feta,
rye bread herb croutons and garden salad

Main Course

Roast chicken with red wine, baby onion and mushroom sauce
Steak and kidney pie
Penne pasta and vegetable bake in tomato and basil sauce with cheese crust
Mixed seasonal vegetables in herb butter
Cream spinach, Roast potatoes and Savoury rice

Dessert

Bread and butter pudding with raisins and toasted almonds
Chocolate custard
Mini milk tarts
Chocolate brownies with berry cream
Seasonal fruit salad
Vanilla ice cream with chocolate and wild berry sauce
Cheese and biscuits with cheese straws,
savoury crackers and red onion marmalade

Residents – R165.00pp

Visitors – R185.00pp

Children under 12yrs – R135.00pp

Terms and Conditions

- 1. Pre-payment required to secure bookings.*
- 2. You will need to produce your pre-paid slip from the Bistro in order for Tshwanelo to book your table. (No exceptions)*
- 3. Bookings close on Monday 21 February 2023 at 17:00*
- 4. No cancellations will be accepted or refunded.*
- 5. No deliveries*