

What's Happening this week...

13th February – 17th February 2023



Social Activities:

MONDAY – 13th February 2023

9am Therapeutic Water Aerobics
10am Art Classes
10am Knit & Natter
1pm Bridge
5pm Pool & Waterhole

TUESDAY – 14th February 2023

9am Therapeutic Exercise Classes
2pm Rummikub
2:30pm Scrabble
2:30pm Craft Class
5pm Pool & Waterhole

WEDNESDAY – 15th February 2023

10am Art Classes
5:30pm Social Dinner – Valentines Theme
100 Club Draw

THURSDAY - 16TH February 2023

9am Yoga (Contact Kiloran Ext 1063)
2pm Bridge
3pm Petanque
6pm Movie Night

FRIDAY - 17TH February 2023

9am Beginners Line Dancing Class
9:30am Main Line Dancing Class
10:30am Bible Study
12:30pm Fish & Chips
2:30pm BINGO
5pm Waterhole

GREAT BACKYARD BIRD COUNT DAY

18 FEBRUARY 2023



GREAT BACKYARD BIRD COUNT DAY

The Great Backyard Bird Count is a global event that is celebrated for four days in February each year. It is a free, enjoyable, and easy event that engages bird watchers from all walks of life in counting birds to create a real-time picture of bird populations. There are around 10 000 different species of birds worldwide. They range from big to small and monochrome to multiple colours.

The goal of this project is pretty simple, each February, for four consecutive days, you need to spend time in your favourite place. You watch and count as many birds as you can find and report them to www.birdcount.org. All the observations that you, and thousands like you across the world, submit will help scientists to better understand global bird populations before one of their annual migrations.

Birds are crucial for maintaining balance in the ecosystem. They control pests, move seeds and pollen around, and transfer nutrients across the land. This event is a great way to celebrate these important creatures.

EVERGREEN BROADACRES

WHAT'S COOKING

EVERGREEN
lifestyle
broadacres

13-17 February 2023

Date	Standard Menu – R68.00
Monday Lunch 13 February	Braised beef short rib served with mash and gravy, fried cabbage and roast butternut
Tuesday Lunch 14 February	Chicken lasagne served with cream spinach and garden salad
Wednesday Lunch 15 February	Pork stroganoff served with savoury rice, and seasonal vegetables in herb butter
Thursday Lunch 16 February	Cape Bobotie with yellow raisin rice, tomato salad and banana salad
Friday Lunch 17 February	Crisp battered or grilled hake and chips, served with tartar sauce, mushy minted peas and garden salad Bistro R85.00 Home delivery R95.00


PLEASE NOTE: NO CASH PAYMENTS WILL BE ACCEPTED.

PLEASE PAY BY PRE-PAID ACCOUNT or CARD

Meals eaten or collected at Bistro R68.00, if delivered R78.00 or otherwise specified

The R10.00 surcharge covers all packaging

Order to be placed by 16:00 prior day



EVERGREEN BROADACRES

WHAT'S COOKING

EVERGREEN
lifestyle
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Wednesday – 15 Feb 2022

Valentines

*(*Chef of the Year winning menu)*

Plated starter

*Beetroot Carpaccio with deep-fried feta, garlic aioli, sweet potato crisps and red wine balsamic reduction

Main Course

*Spicy Moroccan lamb with jewelled rice, grilled brinjals and baby marrows – R105

Or

Poached chicken in a cream white wine and tomato sauce, baby seasonal vegetables and Parsley mash – R105


Vegetarian option available on request – R85

Dessert

*Crème Catalan infused with cinnamon and lemon, with Brulé topping and rosewater crème fraiche – R55

PRE-PAID ACCOUNT, CREDIT or DEBIT CARD

**Please book at Reception EXT 1200 only between 08:00 and 17:00.
Please book by 17:00 on Monday.**



EVERGREEN BROADACRES

WHAT'S COOKING

EVERGREEN
Lifestyle
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Sunday Lunch – 26th February 2023

Salad platter per table

Roasted butternut salad in balsamic and honey dressing,
with toasted pumpkin seeds, feta,
rye bread herb croutons and garden salad

Main Course

Roast chicken with red wine, baby onion and mushroom sauce
Steak and kidney pie
Penne pasta and vegetable bake in tomato and basil sauce with cheese crust
Mixed seasonal vegetables in herb butter
Cream spinach, Roast potatoes and Savoury rice

Dessert

Bread and butter pudding with raisins and toasted almonds
Chocolate custard
Mini milk tarts
Chocolate brownies with berry cream
Seasonal fruit salad
Vanilla ice cream with chocolate and wild berry sauce
Cheese and biscuits with cheese straws,
savoury crackers and red onion marmalade

Residents – R165.00pp

Visitors – R185.00pp

Children under 12yrs – R135.00pp

Terms and Conditions

- 1. Pre-payment required to secure bookings.*
- 2. You will need to produce your pre-paid slip from the Bistro in order for Tshwanelo to book your table. (No exceptions)*
- 3. Bookings close on Monday 21 February 2023 at 17:00*
- 4. No cancellations will be accepted or refunded.*
- 5. No deliveries*