What's Happening this week...

6th February – 10th February 2023



Social Activities:

MONDAY – 6th February 2023

9am Therapeutic Water Aerobics

10am House of Sheba Clothing Sale

10am Art Classes

10am Knit & Natter

1pm Bridge

5pm Pool & Waterhole

TUESDAY – 7th February 2023

9am Therapeutic Exercise Classes
2pm Rummikub
2:30pm Scrabble
5pm Pool & Waterhole

WEDNESDAY – 8th February 2023

10am Art Classes
2:30pm Christian fellowship group
5:30pm Social Dinner

THURSDAY - 9TH February 2023

9am Yoga (Contact Kiloran Ext 1063)
10am Visual Music (Contact Pat Ext 1081)
2pm Bridge
3pm Petanque
6pm Movie Night

FRIDAY - 10TH February 2023

9am Beginners Line Dancing Class
9:30am Main Line Dancing Class
10am Visual Music (Contact Pat Ext 1081)
10:30am Bible Study
12:30pm Fish & Chips
5pm Waterhole



WORLD MARRIAGE DAY

World Marriage Day is celebrated every year on the second Sunday in February, sometimes coinciding with St. Valentine's Day. The purpose of World Marriage Day is to emphasize the beauty of marriage and to honour husbands and wives for their faithfulness and sacrifices.

Through World Marriage Day, a special light is shed on the deterioration of family values in modern society. The day calls for parishes to accompany the married couples every step of the way and to persuade them to join the sacrosanct life of the Church. It is also the celebration of emerging diversity in the institution of marriage and the incorporation of various heritages and ethnicities that add to the grandeur of God's creations.

But how do we celebrate World Marriage Day? By writing a note for your loved one, speaking to your partner about all of your adventures and remembering all of the things you love about them. Come up with something special that you and your spouse can do to celebrate and honour your marriage.

House of Sheba

Senior Beautiful Clothing & Shoes



House of Sheba Clothing/Shoes Sale

Evergreen Lifestyle

Time: 10am - 12:30pm

Monday 6 February 2023

Contact: Patricia 061 216 0677

Mike 082 780 0012

*Card payments are accepted



06-10 February 2023

Monday Lunch 06 February Tuesday Lunch 07 February Wednesday Lunch 08 February Chicken schnitzel with three cheer beetroot salad and switch pumpkin, fried cale. Friday Lunch 10 February Crisp battered or grilled hake and of Asian red cabbage colesil.	- R68.00
Wednesday Lunch 08 February Chicken schnitzel with three chee beetroot salad and sw Thursday Lunch 09 February Beef shin and onion pie wi with pumpkin, fried cal Friday Lunch 10 February Crisp battered or grilled hake and of Asian red cabbage colesl	
Chicken schnitzel with three chee beetroot salad and swarp beetroot sal	
Priday Lunch 10 February Crisp battered or grilled hake and of Asian red cabbage colesi	
10 February Crisp battered or grilled hake and of Asian red cabbage colesi	
Bistro R85 Home delivery	aw and garden salad .00

PLEASE NOTE: NO CASH PAYMENTS WILL BE ACCEPTED.
PLEASE PAY BY PRE-PAID ACCOUNT or CARD

Meals eaten or collected at Bistro R68.00, if delivered R78.00 or otherwise specified
The R10.00 surcharge covers all packaging

Order to be placed by 16:00 prior day



Wednesday Social Dinner 08 February 2023

Plated starter

Chicken noodle soup

Pork sage meatballs stuffed with feta, served with cream onion and garlic sauce,

pasta rice, grilled baby marrows and Greek salad- R80

Or

Mediterranean chicken kebabs with roasted tomato sauce, roasted baby marrows and couscous – R80

Vegetarian option available on request - R75

Dessert

White and dark layered chocolate mousse with wild berry compote – R45

PRE-PAID ACCOUNT, CREDIT or DEBIT CARD

Please book at Reception EXT 1200 only between 08:00 and 17:00.

Please book by 17:00 on Monday.



Sunday Lunch - 26th February 2023

Salad platter per table

Roasted butternut salad in balsamic and honey dressing, with toasted pumpkin seeds, feta, rye bread herb croutons and garden salad

Main Course

Roast chicken with red wine, baby onion and mushroom sauce
Steak and kidney pie
Penne pasta and vegetable bake in tomato and basil sauce with cheese crust
Mixed seasonal vegetables in herb butter
Cream spinach, Roast potatoes and Savoury rice

Dessert

Bread and butter pudding with raisins and toasted almonds
Chocolate custard
Mini milk tarts
Chocolate brownies with berry cream
Seasonal fruit salad
Vanilla ice cream with chocolate and wild berry sauce
Cheese and biscuits with cheese straws,
savoury crackers and red onion marmalade

Residents – R165.00pp Visitors – R185.00pp Children under 12yrs – R135.00pp

Terms and Conditions

- Pre-payment required to secure bookings.
- You will need to produce your pre-paid slip from the Bistro in order for Tshwanelo to book your table. (No exceptions)
- 3. Bookings close on Monday 21 February 2023 at 17:00
- 4. No cancellations will be accepted or refunded.
- 5. No deliveries