

# Social Activities: MONDAY - 5<sup>th</sup> December 2022

9am Therapeutic Water Aerobics 10am Art Classes 10am Knit & Natter

### **10am Howard Clothing Sale**

1pm Bridge 5pm Pool & Waterhole

## TUESDAY - 6th December 2022

9am Therapeutic Exercise Classes

### 10am Book Morning

2pm Rummikub 2:30pm Scrabble 5pm Pool & Waterhole

# WEDNESDAY – 7<sup>th</sup> December 2022

10am Art Classes 2:30pm Christian fellowship (Contact Heather Ext 1069) 5:30pm Christmas Social Dinner

## **THURSDAY 8th December 2022**

9am Yoga (Contact Kiloran Ext 1063) 10am Visual Music (Contact Pat Ext 1081) 2pm Bridge 3pm Petanque 6pm Movie Night

### FRIDAY 9<sup>TH</sup> December 2022

10am Visual Music (Contact Pat Ext 1081) 10:30am Bible Study 12:30pm Fish & Chips 2:30pm BINGO 5pm Waterhole

# **BOOK MORNING**

# Tuesday 6<sup>th</sup> of December 10am for 10:30am

Come and have a fun morning with the SA Guide dogs.
Pieter van Niekerk will be visiting us with his guide dog and bringing along some puppy walkers too.

Tea and coffee bar open at 10am.

No booking required, no entrance fees but donations to the SA Guide Dogs would be welcomed.





For those of you who would like to book for Christmas Day Lunch are welcome to book.

Should you be alone and don't have friends or family we will have an 'Open Table' available for you to join other residents and enjoy the day together.

Call Reception on Extension 1200 and book your place



# 05-09 Dec 2022

Date	Standard Menu – R68.00	Premium Menu – R78.00
Monday Lunch 05 December	Slow braised beef short rib, served with parsley mash, roast butternut and cauliflower	Individual phyllo beef and onion pie Parmesan mash, roast butternut and cauliflower
Tuesday Lunch 06 December	Chicken schnitzel, creamed potatoes, mushroom sauce, sweet carrots and peas	BBQ Chicken kebab served with fried rice, sweet n sour sauce and vegetable stir-fry
Wednesday Lunch 07 December	Beef lasagne served with grilled baby marrows and peppers and side salad	Feta stuffed frikkadels with tomato and basil coulis, mashed potatoes, grilled baby marrows and peppers
Thursday Lunch 08 December	Pork and mushroom casserole served with savoury rice, seasonal vegetables in herb butter	Peppered pork fillet with pepper sauce, baked potato and soured cream, seasonal vegetables in herb butter
Friday Lunch 09 December	Crisp battered or grilled hake and chips, served with tartar sauce, coleslaw, garden salad Bistro R85.00 Home delivery R92.00	Grilled prawns and calamari, lemon & garlic butter sauce & peri-peri, chips, coleslaw, garden salad  R125.00
PLEASE NOTE: NO CASH PAYMENTS WILL BE ACCEPTED. PLEASE PAY BY PRE-PAID ACCOUNT or CARD Meals eaten or collected at Bistro R68.00, if delivered R75.00 or otherwise specified The R7.00 surcharge covers all packaging  * Order to be placed by 16:00 prior day		PLEASE NOTE: NO CASH PAYMENTS WILL BE ACCEPTED. PLEASE PAY BY PRE-PAID ACCOUNT or CARD Meals eaten or collected at Bistro R78.00, if delivered R85.00 or otherwise specified The R7.00 surcharge covers all packaging Order to be placed by 16:00 prior day



### Wednesday – 07 December 2022 Christmas Social Evening Dinner

Evergreen Social Christmas Dinner 07 December 2022

#### Plated Starter

Smoked salmon pate crostini with Danish herring, apple, dill and cucumber salad with sour cream dressing

#### Bread rolls

### Main Course Buffet

Sugar baked gammon with apple sauce
Turkey & chicken macerated fruit and roast nut roulade with wild mushroom and whisky sauce
Vegetable lasagne
Roast butternut with orange, ginger, cinnamon and Maple syrup
Savoury rice with lentils

### Dessert platter table

Variety of sweets and tarts including
Mini chocolate brownie with berry cream, mini lemon meringues, mini milk tarts
Mini chocolate mousse with berries
Fruit kebabs and sliced seasonal fruits with wild berry compote
Mini fruit mince pies with cheddar cheese, and cheese straws

PRE-PAID ACCOUNT, CREDIT or DEBIT CARD

Please book at Reception EXT 1200 only between 08:00 and 17:00. Please book by 17:00 on Monday.