

What's Happening this week...

21st November – 25th November 2022



Social Activities:

MONDAY – 21ST NOVEMBER 2022

9am Therapeutic Water Aerobics
10am Art Classes
10am Knit & Natter
1pm Bridge
5pm Pool & Waterhole

TUESDAY – 22ND NOVEMBER 2022

9am Therapeutic Exercise Classes
10am Dr Presbury Dermatologist Talk
2pm Rummikub
2:30pm Craft classes
2:30pm Scrabble
5pm Pool & Waterhole

WEDNESDAY – 23RD NOVEMBER 2022

10am Art Classes
5:30pm Social Dinner

THURSDAY 24TH NOVEMBER 2022

9am Yoga (Contact Kiloran Ext 1063)
2pm Bridge
3pm Petanque
6pm Movie Night

FRIDAY 25TH NOVEMBER 2022

9am Beginners Line Dancing
9:30am Main Class Line Dancing
10:30am Bible Study
12:30pm Fish & Chips
5pm Waterhole



Lasers in Dermatology

Presented by Dr David Presbury

Modern technology can help!

Hair removal

Minimising red veins

Rejuvenating skin

Sun Spot treatment

Birthmark Treatment

Scar treatment

Acne Scars

Tattoo removal

Tuesday 22nd of November 2022
Evergreen Clubhouse

10am for 10:30am
Tea and Coffee will be served

RSVP with Tshwanelo Ext 1200

EVERGREEN BROADACRES

WHAT'S COOKING

EVERGREEN
lifestyle
broadacres

21-25 November 2022

Date	Standard Menu – R63.00	Premium Menu – R73.00
Monday Lunch 21 November	Chicken a la king, steamed rice, roast pumpkin and green beans	Chicken lasagne served with Greek salad
Tuesday Lunch 22 November	Grilled Boerewors, tomato and onion gravy, potato wedges Grilled sweet corn and baby marrow	Wors, pork sausage casserole with bacon, beans and mushrooms served with Grilled seet corn and baby marrow
Wednesday Lunch 23 November	Steak n kidney pie, mashed potatoes, carrots and peas	Liver and onions, fried egg, chips and gravy, served with carrots and peas
Thursday Lunch 24 November	Pork Schnitzel, sauté potatoes, cheese sauce, served with cauliflower stir-fry	BBQ pork chop with apple sauce, baked potato and soured cream, cauliflower stir fry
Friday Lunch 25 November	Crisp battered or grilled hake and chips, served with tartar sauce, pea and corn salad, garden salad Bistro R80.00 Home delivery R87.00	Grilled prawns, lemon & garlic butter sauce & peri-peri, chips, pea and corn salad, garden salad R125.00

PLEASE NOTE: NO CASH PAYMENTS WILL BE ACCEPTED.

PLEASE PAY BY PRE-PAID ACCOUNT or CARD

Meals eaten or collected at Bistro R63.00, if delivered R70.00 or otherwise
specified


The R7.00 surcharge covers all packaging

Order to be placed by 16:00 prior day

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Meals eaten or collected at Bistro R73.00, if delivered
R80.00 or otherwise specified

The R7.00 surcharge covers all packaging
Order to be placed by 16:00 prior day



EVERGREEN BROADACRES

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Social Dinner Wednesday – 23 November 2022

Starter platter per table

Waldorf salad, apples, grapes, celery in creamy mayonnaise dressing topped with roasted pecans

Main Course

Slow braised beef short rib
with mashed potatoes,
roasted carrots -**R80**

Or

Chicken fricassee,
in cream white wine sauce
with mushrooms and peas,
served with savoury rice
and seasonal veg – **R78**

Vegetarian option available on request – R75

Dessert

Summer fruit salad in orange and ginger syrup
with vanilla ice cream and berry coulis – **R40**

**PLEASE NOTE: NO CASH PAYMENTS WILL BE ACCEPTED.
PLEASE PAY BY PRE-PAID ACCOUNT, CREDIT or DEBIT CARD**

**Please book at Reception EXT 1200
only between 08:00 and 17:00.**

Please book by 17:00 on Monday.