

What's Happening this week...

14th November – 18th November 2022



Social Activities:

MONDAY – 14th NOVEMBER 2022

9am Therapeutic Water Aerobics
10am House of Sheba
10am Art Classes
10am Knit & Natter
1pm Bridge
5pm Pool & Waterhole

TUESDAY – 15th NOVEMBER 2022

9am Therapeutic Exercise Classes
2pm Rummikub
2:30pm Scrabble
5pm Pool & Waterhole

WEDNESDAY – 16th NOVEMBER 2022

10am Art Classes
5:30pm Social Dinner
100 Club Draw at the Social Dinner

THURSDAY 17th NOVEMBER 2022

9am Yoga (Contact Kiloran Ext 1063)
2pm Bridge
3pm Petanque
6pm Movie Night

FRIDAY 18th NOVEMBER 2022

9am Beginners Line Dancing
9:30am Main Class Line Dancing
10:30am Bible Study
12:30pm Fish & Chips
2pm Bingo
5pm Waterhole

House of Sheba Beautiful Clothing



Blouses, shirts, $\frac{3}{4}$ pants, long pants, cardigans, earrings & more...

Time : 10am - 12:30pm
Date : Monday 14 November 2022

EVERGREEN BROADACRES

WHAT'S COOKING

EVERGREEN
lifestyle
broadacres

14-18 November 2022

Date	Standard Menu – R63.00	Premium Menu – R73.00
Monday Lunch 14 November	Ox liver and onions with Parmesan mash, roast butternut and cream spinach	Minute steak with fried egg, cheese and onion sauce, potato wedges and side salad
Tuesday Lunch 15 November	Chicken paprika in cream sherry sauce, steamed rice and roasted seasonal vegetables	Chicken phyllo pie, mash and gravy with roasted seasonal vegetables and garden peas
Wednesday Lunch 16 November	Cheeseburger and chips, with braised onions and garden salad	Beef Prego topped with fried egg and chips, served with Greek salad
Thursday Lunch 17 November	Spaghetti bolognese, ratatouille vegetables and Greek salad	Cape bobotie with yellow raisin rice, tomato and onion sambal and banana salad
Friday Lunch 18 November	Crisp battered or grilled hake and chips, served with tartar sauce, carrot & pineapple salad, garden salad Bistro R80.00 Home delivery R87.00	Grilled prawns & calamari, lemon & garlic butter sauce, chips, mushy minted peas and garden salad R125.00

PLEASE NOTE: NO CASH PAYMENTS WILL BE ACCEPTED.

PLEASE PAY BY PRE-PAID ACCOUNT or CARD

Meals eaten or collected at Bistro R63.00, if delivered R70.00 or otherwise specified

The R7.00 surcharge covers all packaging

Order to be placed by 16:00 prior day

PLEASE NOTE: NO CASH PAYMENTS WILL BE ACCEPTED.


PLEASE PAY BY PRE-PAID ACCOUNT or CARD

Meals eaten or collected at Bistro R73.00, if delivered R80.00 or otherwise specified

The R7.00 surcharge covers all packaging

Order to be placed by 16:00 prior day

See you there!



EVERGREEN BROADACRES

WHAT'S COOKING

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Wednesday – 16 November 2022 Social Evening Dinner

Starter platter per table

Cream of potato and leek soup with cheesy garlic croutons

Main Course

Feta stuffed meat balls with tomato and basil coulis, penne pasta in rocket pesto and roasted vegetables – R75

Or

Chicken kebab on Spanish rice, served with cream peri-peri sauce and grilled baby marrows - R75

Vegetarian option available on request – R75

Dessert

White and dark layered chocolate mousse topped with citrus cream and fresh seasonal berries – R45

**PLEASE NOTE: NO CASH PAYMENTS WILL BE ACCEPTED.
PLEASE PAY BY PRE-PAID ACCOUNT, CREDIT or DEBIT CARD**

**Please book at Reception EXT 1200
only between 08:00 and 17:00.
Please book by 17:00 on Monday.**

See you there!