



# What's Happening this week...

17<sup>th</sup> – 21<sup>st</sup> October 2022

# Social Activities:

## **Monday 17<sup>th</sup> October 2022**

9am Therapeutic Water Aerobics

10am Art class

10am Knit & Natter

1pm Duplicate Bridge

5pm Snooker / Pool + Waterhole

## **Tuesday 18<sup>th</sup> October 2022**

9am Therapeutic Exercise class

10am Book Morning

2pm Rummikub

2.30pm Scrabble

5pm Ladies Pool + Waterhole

## **Wednesday 19<sup>th</sup> October 2022**

10am Art Class

5.30pm Social dinner

## **Thursday 20<sup>th</sup> October 2022**

9am Yoga – contact Kiloran (House 63)

2pm Bridge

3pm Petanque

6pm Movie Night

## **Friday 21<sup>st</sup> October 2022**

9am Beginners Line Dancing Class

9.30am Line Dancing – Main Class

10:30am Bible Study

12:30pm Fish and Chips

**2:30 BINGO**

5pm Waterhole



## **Book Morning 18<sup>th</sup> October 2022**

Steve Blake, an intrepid adventurer, takes us on an interesting and diverse hiking adventure through the Himalayan mountains up to the base camp of Mount Everest.

Coffee bar opens at 10:00, the talk will begin at 10:30 am.

No fees, no booking required. All Welcome!



EVERGREEN BROADACRES

# WHAT'S COOKING



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17 - 21 October 2022

Date	Standard Menu – R63.00	Premium Menu – R73.00
Monday Lunch 17 October	Curry mince and vetkoek, grated cheddar, tomato and onion salad	Feta stuffed meat balls & spaghetti with tomato and basil coulis, grated parmesan cheese with Greek salad
Tuesday Lunch 18 October	Grilled pork chops, apple sauce, leek & Parmesan mash potatoes, fried cabbage and cinnamon pumpkin	Pork fillet, cream apple and cider sauce, sauté potatoes and grilled vegetables
Wednesday Lunch 19 October	Ox liver and onion gravy, creamed mashed potatoes, glazed carrots and peas	Phyllo steak n kidney pie, gravy parmesan mash and roasted vegetables
Thursday Lunch 20 October	Chicken a la king with steam rice, gem squash and buttered sweetcorn	Poached chicken fillet in onion and mustard sauce on a bed of spaghetti, with grilled baby marrow and roasted baby tomatoes
Friday Lunch 21 October	Crisp battered or grilled hake and chips, served with tartar sauce, Waldorf salad and garden salad Bistro R80.00 Home delivery R87.00	Mussel and prawn pot in cider cream sauce chips, Waldorf salad and garden salad  R125.00

**PLEASE NOTE: NO CASH PAYMENTS WILL BE ACCEPTED.**  
PLEASE PAY BY PRE-PAID ACCOUNT or CARD  
Meals eaten or collected at Bistro R63.00, if delivered R70.00 or otherwise specified


The R7.00 surcharge covers all packaging

Order to be placed by 16:00 prior day

**PLEASE NOTE: NO CASH PAYMENTS WILL BE ACCEPTED.**  
PLEASE PAY BY PRE-PAID ACCOUNT or CARD  
Meals eaten or collected at Bistro R73.00, if delivered R80.00 or otherwise specified

The R7.00 surcharge covers all packaging

Order to be placed by 16:00 prior day



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# WHAT'S COOKING

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## Wednesday – 19 October 2022 Social Evening Dinner

### Starter

Butternut and orange soup with cinnamon cream

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### Main course

Cape Malay Bobotie  
served with yellow raisin rice  
and tomato sambal  
with banana salad - **R75**

Or

Chicken and mushroom tagliatelle,  
with Greek salad - **R75**

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Vegetarian option available on request - **R75**

### Dessert

Ice cream, meringues and wild berry compote - **R40**

**PLEASE NOTE: NO CASH PAYMENTS WILL BE ACCEPTED.  
PLEASE PAY BY PRE-PAID ACCOUNT, CREDIT or DEBIT CARD**

**Please book at Reception EXT 1200  
only between 08:00 and 17:00.  
Please book by 17:00 on Monday.**

*See you there!*