# What's Happening this week...



# **Social Activities:**

# Monday 10th October 2022

9am Therapeutic Water Aerobics
10am Art class
10am Knit & Natter
1pm Duplicate Bridge
5pm Snooker / Pool + Waterhole

# Tuesday 11th October 2022

9am Therapeutic Exercise class

10.30am Western Province over 50's team visit

2pm Rummikub

2.30pm Scrabble

2:30pm Craft Classes

5pm Ladies Pool + Waterhole

## Wednesday 12th October 2022

10am Art Class 2:30pm Christian Fellowship 5.30pm Oktoberfest Social dinner

## Thursday 13th October 2022

9am Yoga – contact Kiloran (House 63)
10am Visual Music & House 81
2pm Bridge
3pm Petanque
6pm Movie Night

# Friday 14<sup>th</sup> October 2022

9.30am Line Dancing Class
9.30am Line Dancing – Main Class
10am Visual Music & House 81
10:30am Bible Study
12:30pm Fish and Chips
5pm Waterhole



# Western Province over 50s Cricket Team

### **VISITS EVERGREEN BROADACRES**

Tuesday | 11 October 2022 | 10:00

**Lifestyle Centre** 

Join us at the Lifestyle centre for a meet & greet with the Over 50's Western Province Cricket Team.

You will have the chance to take pictures with some of your favourite ex Protea's, ask them some questions and have your memorabilia signed.

Louis Koen (Captain) | Mario Solomons (Vice-Captain) | Pat Lawson | Munier Holliday | Brandon Nash | Alan Dawson | Bruce Sharp | Steve Palframan | Goolam Taliep | Grant Jansen | Deon Kemp | Anwell Newman | Riaan Van de Rheede | Bruce Wilson | Saleem Mukuddem | and our guest of honour Graeme Pollock

Please RSVP with Tshwanelo only on Ext 1200 during office hours.

SEE YOU THERE!



VETERANS CRICKET ASSOCIATION OF SOUTH AFRICA

# Over 50s Interprovincial Tournament

The Wanderers Club Johannesburg, South Africa

Join us in supporting six teams battle it out from 10 - 15 October 2022 at the Wanderers Club in Johannesburg.

Entry is <u>FREE</u>, bring your friends and come and support the Cricket heroes of yesteryear!

#### Monday 10th October | 9h30

Eastern Province vs Western Province Boland vs Border

#### Tuesday 11th October | 9h30

Boland vs Gauteng Eastern Province vs Titans

#### Wednesday 12th October | 9h30

Titans vs Western Province Border vs Gauteng

#### Thursday 13th October | 9h30

To be confirmed

#### Friday 14th October | 9h30

To be confirmed

#### Saturday 15th October | 9h30

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You can watch from the Clubhouse or the sidelines, Don't forget your umbrella and chair!

See you there!



## 10-14 October 2022

Date	Standard Menu - R63.00	Premium Menu – R73.00
Monday Lunch 10 October	Beef and cream spinach lasagne served with roasted Med veg and side salad	Fettuccini alfredo with grilled chicken fillets and Greek salad
Tuesday Lunch 11 October	BBQ roasted chicken drumsticks with pasta salad, beetroot and apple salad	Crumbed chicken with sauté potatoes, cheese & bacon sauce Glazed carrots and peas
Wednesday Lunch 12 October	Fisherman's pie with country style mixed vegetables in herb butter	Cape Malay fishcakes with tomato and onion sambal, chutney, fried rice and green salad
Thursday Lunch 13 October	Hawaiian pork stir fry with fried rice, carrot and pineapple salad	Pork schnitzel with potato wedges, pepper sauce, carrot and pineapple salad and green salad
Friday Lunch 14 October	Crisp battered or grilled hake and chips, served with tartar sauce, coleslaw and garden salad Bistro R80.00 Home delivery R87.00	Prawn curry with potatoes, brinjals in coconut milk, rice & chips, coleslaw and garden salad  R125.00

PLEASE NOTE: NO CASH PAYMENTS WILL BE ACCEPTED.
PLEASE PAY BY PRE-PAID ACCOUNT or CARD

Meals eaten or collected at Bistro R63.00, if delivered R70.00 or otherwise specified

The R7.00 surcharge covers all packaging

Order to be placed by 16:00 prior day

PLEASE NOTE: NO CASH PAYMENTS WILL BE ACCEPTED.

PLEASE PAY BY PRE-PAID ACCOUNT or CARD
Meals eaten or collected at Bistro R73.00, if delivered
R80.00 or otherwise specified
The R7.00 surcharge covers all packaging
Order to be placed by 16:00 prior day



# Wednesday – 10 October 2022 Social Evening Dinner - Oktoberfest

#### Starter

Platter per table
German pretzels, bread sticks,
and rye bread with beer cheese spread,
sliced cheese Russians

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#### Main course

Pork tenderloin in onion and mustard sauce, buttered noodles and parsley crumb and braised red cabbage - R80

Or

Paprika and parsley roast chicken with mashed potato and fried cabbage – R80

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Vegetarian option available on request - R75

#### Dessert

Apple strudel with ice cream and cinnamon custard – R45

PLEASE NOTE: NO CASH PAYMENTS WILL BE ACCEPTED.
PLEASE PAY BY PRE-PAID ACCOUNT, CREDIT or DEBIT CARD

only between 08:00 and 17:00.
Please book by 17:00 on Monday.

See you there!