## What's Happening this week...

12<sup>th September 2022</sup> – 16<sup>th September 2022</sup>

### Social Activities:

#### Monday 12<sup>th</sup> September 2022

9am Therapeutic Water Aerobics 10am Art class 10am Knit & Natter 10am Visual Music 1pm Bridge 5pm Snooker / Pool + Waterhole

#### **Tuesday 13<sup>th</sup> September 2022**

9am Therapeutic Exercise class 2.30pm Scrabble 2.30pm Craft Classes 5pm Ladies Pool + Waterhole

#### Wednesday 14<sup>th</sup> September 2022

10am Art Class 2.30 Christian fellowship & House 69 5.30pm Social dinner

#### Thursday 15<sup>th</sup> September 2022

9am Yoga – contact Kiloran (House 63) 2pm Bridge 3pm Petanque 6pm Movie Night

#### Friday 16<sup>th</sup> September 2022

9am Beginners Line Dancing Class 9.30am Line Dancing – Main Class 10:30am Bible Study 12:30pm Fish and Chips 5pm Waterhole

#### Saturday 17<sup>th</sup> September 2022

9am Spring Day Market Live entertainment | Beer stall | Food stalls

# Spring. MARKET

17 SEPTEMBER 2022 FROM 09:00 - 14:00 OVER 80 STALLS AND LIVE ENTERTAINMENT

EVERGREEN LIFESTYLE VILLAGE BROADACRES 43 FREDERICK ROAD

> R10.00 ENTRANCE FOR NON RESIDENTS





#### 12-16 September 2022

Date	Standard Menu – R63.00	Premium Menu – R73.00
Monday Lunch 12 September	Fisherman's pie, with cheese potato crust, gem squash and mixed vegetables	Smoked haddock, bacon and mushroom quiche, served with side salad and coleslaw
Tuesday Lunch 13 September	Sweet n sour chicken with fried rice and vegetable stir fry	Chicken fricassee in a cream white sauce with mushrooms and peas, served with steamed rice and seasonal vegetables
Wednesday Lunch 14 September	Grilled Boerewors with onion gravy, sauté potatoes, roast carrots and sweet corn	Cheese Russian, egg and chips served with side salad and coleslaw
Thursday Lunch 15 September	Chicken paprika with mushrooms and peppers in a cream sherry sauce, steamed rice and peas	Individual chicken phyllo pie, served with chips and gravy, with side salad
Friday Lunch 16 September	Crisp battered or grilled hake and chips, served with tartar sauce, red cabbage and apple slaw and garden salad Bistro R80.00 Home delivery R87.00	Six grilled prawns with cream peri-peri, lemon-garlic butter, served with chips Red cabbage and apple slaw and garden salad R125.00
PLEASE NOTE: NO CASH PAYMENTS WILL BE ACCEPTED. PLEASE PAY BY PRE-PAID ACCOUNT or CARD Meals eaten or collected at Bistro R63.00, if delivered R70.00 or otherwise specified The R7.00 surcharge covers all packaging * Order to be placed by 16:00 prior day		PLEASE NOTE: NO CASH PAYMENTS WILL BE ACCEPTED. PLEASE PAY BY PRE-PAID ACCOUNT or CARD Meals eaten or collected at Bistro R73.00, if delivered R80.00 or otherwise specified The R7.00 surcharge covers all packaging Order to be placed by 16:00 prior day



Wednesday – 14 September 2022 Social Evening Dinner

Starter platter per table

Bruschetta caprese with basil pesto, tomato and mozzarella

\*\*\*\*\*

Main course

Feta stuffed kefta with Parmesan rice, tomato and olive sauce, roasted Mediterranean style vegetables – R75

Or

Chicken a la king with savoury rice, buttered corn and peas- R75

\*\*\*\*

Vegetarian option available on request - R70

Dessert

Chocolate brownie, vanilla ice cream and wild berry compote - R40

PLEASE NOTE: NO CASH PAYMENTS WILL BE ACCEPTED. PLEASE PAY BY PRE-PAID ACCOUNT, CREDIT or DEBIT CARD

Please book at Reception EXT 1200 only between 08:00 and 17:00. Please book by 17:00 on Monday.

See you there!