



What's Happening this week...

5 – 9th September 2022

Spring



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Social Activities

Monday 5th September 2022

9am Therapeutic Water Aerobics

10am Art class

10am Knit & Natter

1pm Duplicate Bridge

5pm Snooker / Pool + Waterhole

Tuesday 6th September 2022

9am Therapeutic Exercise class

9am Sashni Muniker Audiologist

10am Book Club Talk

2.30pm Scrabble

5pm Ladies Pool + Waterhole

Wednesday 7th September 2022

10am Art Class

5.30pm Social dinner

Thursday 8th September 2022

9am Yoga – contact Kiloran (House 63)

2pm Bridge

3pm Petanque

6pm Movie Night

Friday 9th September 2022

9am Beginners Line Dancing Class

9.30am Line Dancing – Main Class

10:30am Bible Study

12:30pm Fish and Chips

5pm Waterhole



Spring MARKET

**17 SEPTEMBER 2022
FROM 09:00 - 14:00
OVER 80 STALLS AND LIVE
ENTERTAINMENT**

**EVERGREEN LIFESTYLE VILLAGE
BROADACRES
43 FREDERICK ROAD**

**R10.00 ENTRANCE FOR
NON RESIDENTS**



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05 - 09 September 2022

Date	Standard Menu – R63.00	Premium Menu – R73.00
Monday Lunch 05 September	Hungarian Goulash with screw noodle pasta, fried cabbage and roast butternut	Tenderised steak, egg and chips, with fried mushrooms and peas
Tuesday Lunch 06 September	Meat loaf with gravy, parsley mash, cream spinach and glazed carrots	Bacon and blue cheese burger with potato wedges, onion rings, coleslaw and grilled sweet corn
Wednesday Lunch 07 September	BBQ chicken drumsticks, pasta and beetroot salad	Mild chicken curry in coconut milk, steamed rice, tomato sambal and chutney
Thursday Lunch 08 September	Pork and mushroom casserole, roast potatoes and seasonal vegetables	Crumbed pork chop, apple sauce, baked potato with sour cream, cream spinach and seasonal vegetables
Friday Lunch 09 September	Crisp battered or grilled hake and chips, served with tartar sauce, mushy minted peas and garden salad Bistro R80.00 Home delivery R87.00	Grilled prawns with cream peri-peri, lemon-garlic butter, served with chips mushy minted peas and garden salad R125.00

PLEASE NOTE: NO CASH PAYMENTS WILL BE ACCEPTED.

PLEASE PAY BY PRE-PAID ACCOUNT or CARD

Meals eaten or collected at Bistro R63.00, if delivered R70.00 or otherwise specified

The R7.00 surcharge covers all packaging

Order to be placed by 16:00 prior day

PLEASE NOTE: NO CASH PAYMENTS WILL BE ACCEPTED.

PLEASE PAY BY PRE-PAID ACCOUNT or CARD

Meals eaten or collected at Bistro R73.00, if delivered R80.00 or otherwise specified

The R7.00 surcharge covers all packaging

Order to be placed by 16:00 prior day

See you there!

EVERGREEN BROADACRES

WHAT'S COOKING

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Wednesday – 07 September 2022 Social Evening Dinner

Starter platter per table

Roasted Mediterranean vegetable salad in balsamic and honey dressing, with feta, olives and croutons

Main course

Steak n kidney pie, mash and gravy, served with cream spinach and roast butternut – *R85*

Or

Chicken schnitzel with sautéed potatoes, mushroom sauce, cream spinach and roast butternut -
R80

Vegetarian option available on request – *R70*

Dessert

Malva pudding with Amarula custard and ice cream – *R40*

**PLEASE NOTE: NO CASH PAYMENTS WILL BE ACCEPTED.
PLEASE PAY BY PRE-PAID ACCOUNT, CREDIT or DEBIT CARD**

**Please book at Reception EXT 1200
only between 08:00 and 17:00.
Please book by 17:00 on Monday.**

See you there!