

What's Happening this week...

29th August 2022 – 2nd September 2022



Social Activities:

Monday 29th August 2022

9am Therapeutic Water Aerobics
10am Art class
10am Knit & Natter
1pm Duplicate Bridge
5pm Snooker / Pool + Waterhole

Tuesday 30th August 2022

9am Therapeutic Exercise class
9am Sashni Muniker Audiologist
10am Book Club Talk
2.30pm Scrabble
5pm Ladies Pool + Waterhole

Wednesday 31st August 2022

10am Art Class
5.30pm Social dinner

Thursday 1st September 2022

9am Yoga – contact Kiloran (House 63)
2pm Bridge
3pm Petanque
6pm Movie Night

Friday 2nd September 2022

9am Beginners Line Dancing Class
9.30am Line Dancing – Main Class
10:30am Bible Study
12:30pm Fish and Chips
5pm Waterhole

Reminder

Prof Graham Hall

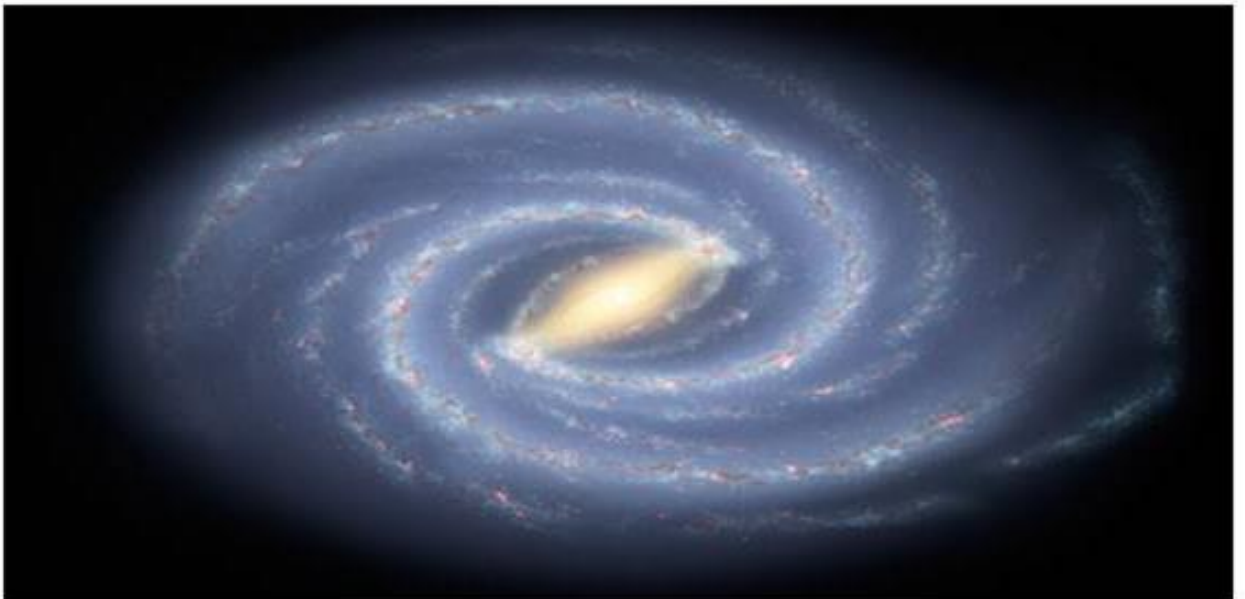


*To the Edge of the Universe,
But are we alone?*

Tuesday, 30th August 2022

10am for tea and coffee

10:30am talk starts



EVERGREEN BROADACRES

WHAT'S COOKING

EVERGREEN
lifestyle
broadacres

22-26 August 2022

Date	Standard Menu – R58.00	Premium Menu – R68.00
Monday Lunch 22 August	BBQ grilled chicken fillet, mushroom gravy with nutty brown rice, cream spinach and roast butternut	Chicken schnitzel, cheese sauce, mashed potatoes, roast cauliflower with butternut puree
Tuesday Lunch 23 August	Ox liver and onions, mashed potatoes, fried cabbage and peas	Phyllo steak and kidney pie, Parmesan mash, roast seasonal vegetables
Wednesday Lunch 24 August	Pork bangers and mash, onion gravy, roast pumpkin and sweet corn	Asian pork stir-fry with roasted nuts, fried rice and vegetable stir-fry
Thursday Lunch 25 August	BBQ roasted chicken drumsticks, pasta and beetroot salad	Chicken, bacon and camembert quiche, apple and red wine chutney served with green side salad and green bean salad
Friday Lunch 26 August	Crisp battered or grilled hake and chips, served with tartar sauce, coleslaw and garden salad Bistro R75.00 Home delivery R82.00	Grilled prawns x 6 with cream peri-peri & garlic lemon butter, served with chips R120.00

PLEASE NOTE: NO CASH PAYMENTS WILL BE ACCEPTED.

PLEASE PAY BY PRE-PAID ACCOUNT or CARD

Meals eaten or collected at Bistro R58.00, if delivered R65.00 or otherwise specified

The R7.00 surcharge covers all packaging

Order to be placed by 16:00 prior day


PLEASE NOTE: NO CASH PAYMENTS WILL BE ACCEPTED.

PLEASE PAY BY PRE-PAID ACCOUNT or CARD

Meals eaten or collected at Bistro R68.00, if delivered R75.00 or otherwise specified

The R7.00 surcharge covers all packaging

*Order to be placed by 16:00 prior day



EVERGREEN BROADACRES

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Wednesday – 24th August 2022

Starter

Russian Borsht (Beetroot and potato soup)
topped with sour chive and dill cream

Main Course

Beef Moussaka
served with roasted vegetables
and Tzatziki - **R70**

Or

Chicken kebabs
with Spanish rice
and cream peri-peri sauce,
green side salad - **R70**

Vegetarian option available on request – **R70**

Dessert

Tiramisu served with seasonal fruits
in cinnamon and coffee syrup – **R40**

**PLEASE NOTE: NO CASH PAYMENTS WILL BE ACCEPTED.
PLEASE PAY BY PRE-PAID ACCOUNT, CREDIT or DEBIT CARD**

**Please book at Reception EXT 1200
only between 08:00 and 17:00.
Please book by 17:00 on Monday.**

See you there!

28 August 2022
woman's month:

Sunday lunch menu

Starter Platters per table

Chicken liver pate with herb crostini
Roasted Mediterranean vegetable salad with feta and olives

Main course buffet

Roast topside of beef with rosemary jus
Chicken and mushroom pie
Fried cabbage, bacon and peas
Roast pumpkin with cinnamon pecan nuts
Vegetable lasagne
Sauté potatoes
Savoury rice

Dessert

Baked chocolate & marshmallow pudding and custard
Ice cream with chocolate sauce and wild berry compote
Mini milk tarts and lemon meringues
Fresh fruit salad in cinnamon orange syrup

Residents - R165.00

Visitors - R185.00

Children under 12 years - R130.00



Spring MARKET

17 SEPTEMBER 2022
FROM 09:00 - 14:00
OVER 80 STALLS AND LIVE
ENTERTAINMENT

EVERGREEN LIFESTYLE VILLAGE
BROADACRES
43 FREDERICK ROAD

R10.00 ENTRANCE FOR
NON RESIDENTS



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