



# What's Happening this week...

15<sup>th</sup> August 2022 – 19<sup>th</sup> August 2022



# Social Activities:

## Monday 15<sup>th</sup> August 2022

9am Therapeutic Water Aerobics

10am Art class

10am Knit & Natter

1pm Duplicate Bridge

5pm Snooker / Pool + Waterhole



## Tuesday 16<sup>th</sup> August 2022

9am Therapeutic Exercise class

10am Book Morning

2pm Rummikub

2.30pm Scrabble

5pm Ladies Pool + Waterhole

## Wednesday 17<sup>th</sup> August 2022

10am Art Class

5.30pm Social dinner



## Thursday 18<sup>th</sup> August 2022

9am Yoga – contact Kiloran (House 63)

2pm Bridge

3pm Petanque

6pm Movie Night

## Friday 19<sup>th</sup> August 2022

9am Beginners Line Dancing Class

9.30am Line Dancing – Main Class

10:30am Bible Study

12:30pm Fish and Chips

2.30pm BINGO

5pm Waterhole



# BOOK MORNING

**Postponed till further notice due to  
speaker having COVID.**



EVERGREEN BROADACRES

# WHAT'S COOKING

EVERGREEN  
lifestyle  
broadacres

15-19 August 2022

Date	Standard Menu – R58.00	Premium Menu – R68.00
Monday Lunch 15 August	Braised beef short rib with sauté potatoes, fried cabbage & roast carrots	Beef fillet stroganoff in cream mushroom and dill cucumber sauce, steamed rice and seasonal vegetables
Tuesday Lunch 16 August	Grilled Boerewors, onion gravy and mash potatoes, grilled sweet corn and baby marrows	Sausage and bacon casserole with butter beans sweet corn and peas served with Parmesan mash and baby marrow
Wednesday Lunch 17 August	Beef and spinach lasagne served with roasted vegetables and side salad	Cape Bobotie with yellow raisin rice, tomato and onion salsa, banana salad and chutney
Thursday Lunch 18 August	Chicken pie mash and gravy, served glazed carrots and peas	Chicken paprika with mushrooms and peppers in a cream tomato sherry sauce, penne pasta and roast vegetables
Friday Lunch 19 August	Crisp battered or grilled hake and chips, served with tartar sauce, minted mushy peas and garden salad Bistro R75.00 Home delivery R82.00	Grilled prawns x 6 with cream peri-peri & garlic lemon butter, served with chips  R120.00

**PLEASE NOTE: NO CASH PAYMENTS WILL BE ACCEPTED.**

**PLEASE PAY BY PRE-PAID ACCOUNT, or CARD**

Meals eaten or collected at Bistro R58.00, if delivered R65.00 or otherwise specified

The R7.00 surcharge covers all packaging

Order to be placed by 16:00 prior day


**PLEASE NOTE: NO CASH PAYMENTS WILL BE ACCEPTED.**

**PLEASE PAY BY PRE-PAID ACCOUNT or CARD**

Meals eaten or collected at Bistro R68.00, if delivered R75.00 or otherwise specified

The R7.00 surcharge covers all packaging

Order to be placed by 16:00 prior day



EVERGREEN BROADACRES

# WHAT'S COOKING

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Wednesday – 17th August 2022

## Starter

Cock a leaky soup with cheese croutons

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## Main Course

Pork chops  
with balsamic braised red cabbage  
and apples served with  
stuffed Parmesan potatoes  
and mushroom sauce – **R75**

Or

Asian garlicky chicken  
with roasted nuts,  
basmati fried rice – **R70**

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Vegetarian option available on request – **R70**

## Dessert

Baked apple pudding  
with berry compote and  
whiskey and honey cream – **R35**

**PLEASE NOTE: NO CASH PAYMENTS WILL BE ACCEPTED.  
PLEASE PAY BY PRE-PAID ACCOUNT, CREDIT or DEBIT CARD**

**Please book at Reception EXT 1200  
only between 08:00 and 17:00.  
Please book by 17:00 on Monday.**

*See you there!*