



What's Happening this week...

8th August 2022 – 12th August 2022

Social Activities:

Monday 8th August 2022

9am Therapeutic Water Aerobics
10am Art class
10am Knit & Natter
1pm Duplicate Bridge
5pm Snooker / Pool + Waterhole

Tuesday 9th August 2022

PUBLIC HOLIDAY – NATIONAL WOMEN'S DAY

9am Therapeutic Exercise class
2pm Rummikub
2.30pm Scrabble
2.30pm Craft classes
5pm Ladies Pool + Waterhole

Wednesday 10th August 2022

10am Art Class
2.30pm Christian fellowship (@ House 69)
5.30pm Social dinner

Thursday 11th August 2022

9am Yoga – contact Kiloran (House 63)
2pm Bridge
3pm Petanque
6pm Movie Night



Friday 12th August 2022

9am Beginners Line Dancing Class
9.30am Line Dancing – Main Class
10am – Visual Music (@ House 81)
10:30am Bible Study
12:30pm Fish and Chips
5pm Waterhole



EVERGREEN BROADACRES

WHAT'S COOKING

EVERGREEN
Lifestyle
broadacres

08-12 August 2022

Date	Standard Menu – R58.00	Premium Menu – R68.00
Monday Lunch 08 August	Pork and mushroom casserole with fettuccini and cinnamon roast pumpkin	BBQ grilled pork chop, baked potato, sour cream, apple sauce, cauliflower in cheese sauce
Tuesday Lunch 09 August	Closed for Public Holiday	Closed for Public Holiday
Wednesday Lunch 10 August	Fisherman's pie with cheese potato crust, buttered Hubbard squash and sweet corn	Cape Malay fish cakes with tomato & onion salsa, chutney, sauté cumin potatoes and lemon butter sauce
Thursday Lunch 11 August	BBQ frikkadels, mash potatoes, glazed carrots and cream spinach	Greek Moussaka with roasted Mediterranean style vegetables, feta cheese & balsamic glaze
Friday Lunch 12 August	Crisp battered or grilled hake and chips, served with tartar sauce, Waldorf salad and garden salad Bistro R75.00 Home delivery R82.00	Grilled prawns x 6 with cream peri-peri & garlic lemon butter, served with chips R120.00

PLEASE NOTE: NO CASH PAYMENTS WILL BE ACCEPTED. PLEASE PAY BY PRE-PAID ACCOUNT, CREDIT or DEBIT CARD
Meals eaten or collected at Bistro R58.00, if delivered R65.00 or otherwise specified

The R7.00 surcharge covers all packaging
*Re-heating guide, set oven to 160 deg C and warm gently for 15-20min

Order to be placed by 16:00 prior day

PLEASE NOTE: NO CASH PAYMENTS WILL BE ACCEPTED. PLEASE PAY BY PRE-PAID ACCOUNT, CREDIT or DEBIT CARD

Meals eaten or collected at Bistro R68.00, if delivered R75.00 or otherwise specified

The R7.00 surcharge covers all packaging
*Re-heating guide, set oven to 160 deg C and warm gently for 15-20min.

Order to be placed by 16:00 prior day

EVERGREEN BROADACRES

WHAT'S COOKING

EVERGREEN
lifestyle
broadacres

Wednesday – 10th August

Starter

Roasted tomato soup
with basil cream and garlic Parmesan croutons

Main Course

Build your own burger
served with potato wedges,
braised onions, and mushroom or pepper sauce
and coleslaw – **R75**

Or

Chicken,
mushroom and cream sweet corn
on baked potato with coleslaw – **R70**

Vegetarian option available on request – **R70**

Dessert

Fridge tart
with strawberry ice cream
and meringues – **R40**

**PLEASE NOTE: NO CASH PAYMENTS WILL BE ACCEPTED.
PLEASE PAY BY PRE-PAID ACCOUNT, CREDIT or DEBIT CARD**

**Please book at Reception EXT 1200
only between 08:00 and 17:00.
Please book by 17:00 on Monday.**

See you there!