

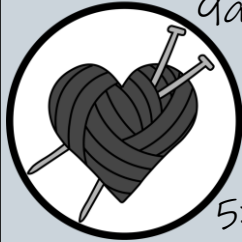
What's Happening this week...

1st August 2022 – 5th August 2022



Social Activities:

Monday 1st August 2022



9am Therapeutic Water Aerobics
10am Art class
10am Knit & Natter
1pm Duplicate Bridge
5pm Snooker / Pool + Waterhole

Tuesday 2nd August 2022

9am Therapeutic Exercise class
2pm Rummikub
2.30pm Scrabble
5pm Ladies Pool + Waterhole
7pm Rummikub

Wednesday 3rd August 2022

10am Art Class
5.30pm Social dinner

Thursday 4th August 2022

9am Yoga – contact Kiloran (House 63)
10am Visual Music (House 81)
2pm Bridge
3pm Petanque
6pm Classical Music Evening



Friday 5th August 2022

9am Beginners Line Dancing Class
9.30am Line Dancing – Main Class
10:30am Bible Study
12:30pm Fish and Chips
5pm Waterhole

**EVERGREEN MUSIC EVENING - 4 AUGUST 2022
TO BE HELD IN THE CENTRE - KITCHEN END**

PROGRAMME

COMPOSER	COMPOSITION	TRACK NUMBERS	TIME MINUTES
Wolfgang Amadeus Mozart	Horn Concerto No. 2 in E flat major, K417 Barry Tuckwell - Horn & Conductor English Chamber Orchestra	3 to 5	13
Ludwig van Beethoven	Sonata Opus 57, Appassionata, in F minor. Withold Malcuzyński - Piano	3 to 5	21
Ludwig van Beethoven	Fantasia in C for Piano, Chorus & Orchestra, Opus 80. Rudolph Serkin, Piano Seiji Ozawa Boston Symphony Orchestra Tanglewood Festival Chorus John Oliver - Choral Director Faye Robinson & Mary Burgess - Sopranos Lili Chookasian - Contralto Kenneth Riegel - Tenor David Gordon - Baritone Julien Robbins - Bass	4	20
	Total time for first half.		54

Interval

COMPOSER	COMPOSITION	TRACK NUMBERS	TIME MINUTES
Wolfgang Amadeus Mozart	The Magic Flute - Overture Staatskapelle Dresden. Sir Colin Davis	1	7
Camille Saint-Saens	Symphony No. 3 in C minor, Opus 78 "Organ"	1 to 4	37
	Total time for second half		44
	Total time for evening		98

EVERGREEN BROADACRES

WHAT'S COOKING



EVERGREEN
lifestyle
broadacres

01-05 August 2022

Date	Standard Menu – R58.00	Premium Menu – R68.00
Monday Lunch 01 August	Chicken schnitzel with cheese sauce, new parsley potatoes Hubbard squash and mixed vegetables	Parmesan crumbed chicken strips, guacamole, tomato salsa, potato wedges, cheese sauce
Tuesday Lunch 02 August	Beef mousakka served with roast vegetables and Greek salad	Cheese, bacon and mushroom burger with onion rings, coleslaw and potato wedges
Wednesday Lunch 03 August	Pork stroganoff, steamed rice, cream spinach and pumpkin	BBQ grilled pork chop, mushroom sauce, cream spinach and pumpkin
Thursday Lunch 04 August	Steak and kidney pie with mash and gravy, fried cabbage and roast butternut	Grilled minute steak, egg and chips served with peas and mushroom sauce
Friday Lunch 05 August	Crisp battered or grilled hake and chips, served with tartar sauce, coleslaw and garden salad Bistro R75.00 Home delivery R82.00	Grilled prawns x 6 with cream peri-peri & garlic lemon butter, served with R110.00

PLEASE NOTE: NO CASH PAYMENTS WILL BE ACCEPTED.

PLEASE PAY BY PRE-PAID ACCOUNT or CARD

Meals eaten or collected at Bistro R58.00, if delivered R65.00 or otherwise specified

The R7.00 surcharge covers all packaging for 15-20min

Order to be placed by 16:00 prior day


PLEASE NOTE: NO CASH PAYMENTS WILL BE ACCEPTED.

PLEASE PAY BY PRE-PAID ACCOUNT or CARD

Meals eaten or collected at Bistro R68.00, if delivered R75.00 or otherwise specified

The R7.00 surcharge covers all packaging

Order to be placed by 16:00 prior day



EVERGREEN BROADACRES

WHAT'S COOKING

EVERGREEN
lifestyle
broadacres

Wednesday – 03 August

Starter

Roasted Mediterranean vegetable salad
in balsamic and honey dressing, with feta, olives and croutons

Main Course

Roast topside of beef,
thyme jus,
roast potatoes
and broccoli in cheese sauce – R85

Or

Moroccan Chicken with apricots,
dates and almonds served with jeweled basmati rice,
grilled baby marrow and onions in lemon butter -R75

Vegetarian option available on request

Dessert

Sticky toffee pudding
With cinnamon custard – R40

**PLEASE NOTE: NO CASH PAYMENTS WILL BE ACCEPTED.
PLEASE PAY BY PRE-PAID ACCOUNT, CREDIT or DEBIT CARD**

**Please book at Reception EXT 1200
only between 08:00 and 17:00.
Please book by 17:00 on Monday.**

See you there!