

What's Happening this week...

11th July 2022 – 15th July 2022



Social Activities:

Monday 11th July 2022

9am Therapeutic Water Aerobics
10am Art class
10am Knit & Natter
10am Visual music @ House 81
1pm Duplicate Bridge
5pm Snooker / Pool + Waterhole

Tuesday 12th July 2022

9am Therapeutic Exercise class
2pm: Rummikub
2:30pm Craft Classes
2.30pm Scrabble
5pm Ladies Pool + Waterhole
7pm: Rummikub

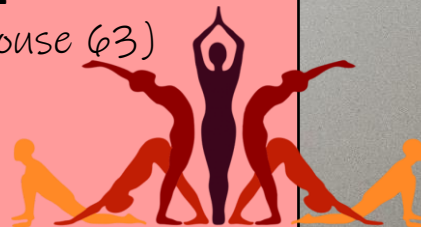
*I can't
I'M
Crafting
today*

Wednesday 13th July 2022

10am Art Class
2:30am Christian Fellowship - @ House 73
5.30pm Social dinner

Thursday 14th July 2022

9am Yoga - contact Kiloran (House 63)
2pm Bridge
3pm Petanque
6pm Movie Night



Friday 15th July 2022

9am Beginners Line Dancing Class
9.30am Line Dancing - Main Class
10am - Visual Music @ House 81
10:30am Bible Study
12:30pm Fish and Chips
5pm Waterhole



NATIONAL CHEER UP THE LONELY DAY

11 JULY 2022



NATIONAL CHEER UP THE LONELY DAY

If you know someone who is lonely or going through a difficult time, be a bright spot in their life with a little extra thoughtfulness today. Whether their loneliness is due to health issues, financial reasons, grief due to loss or personal reasons, isolation can be overwhelming. Use this day as a reminder to contact those people in your life who need a little extra love and attention. Your small act of kindness can make a big difference to them. One word or special consideration may brighten their world at just the right moment.

A burden shared is a burden halved. ~ T.A. Webb *Let's Hear it for the Boy*

We are all lonely from time to time. The gift of companionship and support when we least expect it may not solve our problems, but it eases the burden a little.

EVERGREEN BROADACRES

WHAT'S COOKING

EVERGREEN
lifestyle
broadacres

11-15 July 2022

Date	Standard Menu – R58.00	Premium Menu – R68.00
Monday Lunch 11 July	BBQ Frikkadels served with parsley mash roast pumpkin	Cheese and bacon burger with chips, coleslaw and onion rings
Tuesday Lunch 12 July	Pork stir-fry served with vegetable stir fry and fried rice	Pork chow mein with fried noodles, topped with a fried egg, red cabbage Asian slaw
Wednesday Lunch 13 July	Fisherman's pie, buttered gem squash and sweet corn	Cape Malay fish cakes, roast butternut with sweet chilli, savoury rice, tomato sambal & chutney
Thursday Lunch 14 July	Pork Bangers and mash with onion gravy and peas	Pork and bacon casserole with butter beans, potatoes and carrots, served with parsley mash
Friday Lunch 15 July	Crisp battered or grilled hake and chips, served with tartar sauce, coleslaw and garden salad Bistro R75.00 Home delivery R82.00	Parmesan crumbed calamari steak and three grilled prawns with cream peri-peri sauce served with chips R120.00


PLEASE NOTE: NO CASH PAYMENTS WILL BE ACCEPTED.
PLEASE PAY BY PRE-PAID ACCOUNT or CARD
Meals eaten or collected at Bistro R58.00, if delivered R65.00 or otherwise specified
The R7.00 surcharge covers all packaging

Order to be placed by 16:00 prior day

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*Re-heating guide, set oven to 160 deg C and warm gently for 15-20min.

Order to be placed by 16:00 prior day



EVERGREEN BROADACRES

WHAT'S COOKING

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broadacres

Wednesday 13 July 2022

Starter

Cream of tomato soup
topped with basil cream
served with garlic and herb crostini

Main Course

Pork schnitzel served with cheese sauce,
parsley mash and minted peas – **R75.00**

Or

Chicken and mushroom pie
with mash and gravy,
served with glazed carrots – **R75.00**

Vegetarian option available on request – **R70**

Dessert

Chocolate brownie, ice cream and salted caramel sauce – **R40.00**

PLEASE NOTE: NO CASH PAYMENTS WILL BE ACCEPTED.
PLEASE PAY BY PRE-PAID ACCOUNT, CREDIT or DEBIT CARD

**Please book at Reception EXT 1200
only between 08:00 and 17:00.
Please book by 17:00 on Monday.**

See you there!