

# What's Happening this week...

4th July 2022 – 8th July 2022

TWENTYNINETEEN

# JUL

*Appreciate the little moments, that's life happening!*

M T W T F S S

01	02	03	04	05	06	07
08	09	10	11	12	13	14
	16	17	18	19	20	21
		24	25	26	27	28
	30	31	01	02	03	04
	06	07	08	09	10	11



# Social Activities:

## Monday 4<sup>th</sup> July 2022

9am Therapeutic Water Aerobics  
10am Art class  
10am Knit & Natter  
10am Visual music @ House 81  
1pm Duplicate Bridge  
5pm Snooker / Pool + Waterhole

## Tuesday 5<sup>th</sup> July 2022

9am Therapeutic Exercise class  
2pm Rummikub  
2.30pm Scrabble  
5pm Ladies Pool + Waterhole

**Rummikub**

## Wednesday 6<sup>th</sup> July 2022

10am Art Class  
5.30pm Social dinner

## Thursday 7<sup>th</sup> July 2022

9am Yoga – contact Kiloran (House 63)  
10am Visual Music @ House 81  
2pm Bridge  
3pm Petanque  
6pm Classical Evening



## Friday 8<sup>th</sup> July 2022

9am Beginners Line Dancing Class  
9.30am Line Dancing – Main Class  
10:30am Bible Study  
12:30pm Fish and Chips  
5pm Waterhole



## Sunday 10<sup>th</sup> July 2022

12pm Lunch  
3pm Men's Final Wimbledon match showing in the clubhouse

# Classical Evening

7<sup>th</sup> of July 2022



17:45 for 18:00  
in the clubhouse

Bring your own  
snacks and drinks





EVERGREEN BROADACRES

# WHAT'S COOKING


EVERGREEN  
lifestyle  
broadacres

04 - 08 July 2022

Date	Standard Menu – R58.00	Premium Menu – R68.00
Monday Lunch 04 July	Beef and spinach lasagne served with side salad and garlic bread	Bacon and mushroom burger with mozzarella, chips and side salad
Tuesday Lunch 05 July	Chicken schnitzel with mushroom sauce, sauté parsley potatoes, gem squash and sweet corn	Asian chicken stirfry with cashew nuts, sticky coconut rice and pawpaw salad
Wednesday Lunch 06 July	Pork stroganoff in cream pepper sauce, savoury rice, glazed sweet carrots and cauliflower	Peppered pork fillet, grilled apple and mustard sauce, Parmesan mash potatoes with cauliflower and broccoli
Thursday Lunch 07 July	BBQ basted meat loaf with gravy and mash potatoes, beet salad and garden salad	Bobotie with yellow raisin rice, chutney and banana sambal, tomato and onion salad
Friday Lunch 08 July	Crisp battered or grilled hake and chips, served with tartar sauce, mushy minted peas and garden salad Bistro R75.00 Home delivery R82.00	Parmesan crumbed calamari steak and grilled prawns with cream peri-peri sauce served with chips R120.00

**PLEASE NOTE: NO CASH PAYMENTS WILL BE ACCEPTED.**  
PLEASE PAY BY PRE-PAID ACCOUNT or CARD  
Meals eaten or collected at Bistro R58.00, if delivered R65.00 or otherwise specified  
The R7.00 surcharge covers all packaging  
Order to be placed by 16:00 prior day

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Meals eaten or collected at Bistro R68.00, if delivered R75.00 or otherwise specified  
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EVERGREEN BROADACRES

# WHAT'S COOKING



EVERGREEN  
Lifestyle  
broadacres

**Wednesday 06 July 2022**

## Starter

Cream of mushroom and leek soup  
with herb croutons

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## Main Course

Hungarian beef goulash  
finished with soured cream,  
parsley potatoes  
and roasted carrots – **R80.00**

Or

Sweet n sour chicken  
with fried rice  
and vegetable stir-fry - **R75.00**

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Vegetarian option available on request – **R70**

## Dessert

Chocolate marshmallow pudding  
served with custard – **R35.00**

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**Please book at Reception EXT 1200  
only between 08:00 and 17:00.  
Please book by 17:00 on Monday.**



## Sunday Lunch - 10 July 2022

### A Wimbledon Affair

12h30 – 15:00

## Menu

Garden salad platter per table  
Chilled vichyssoise topped with  
soured cream and cheese straws

#### Main Course

Roast topside of beef with thyme jus and cream horseradish  
Butter chicken in a creamy curry sauce with naan bread  
Vegetable bake with tomato and basil coulis, cheese and herb crust  
Penne pasta with basil pesto and toasted almonds  
Seasonal vegetables in herb butter  
Roast potatoes  
Steamed basmati rice

#### Dessert – Strawberries and Cream

Strawberries, meringues and whipped vanilla cream  
Strawberry cheesecake  
Vanilla ice cream with strawberry sauce  
Mini strawberry cupcakes

**Residents: R165.00pp**

**Visitors: R185.00pp**

**Children under 12yrs: R130.00**

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**Please book at Reception with Tshwanelo only on EXT 1200  
between 08:00 and 17:00.**

**Please book by 17:00 on Wednesday 6 July 2022**

*See you there!*