What's Happening this week...

25th April 2022 – 29th April 2022

Social Activities:

Monday 25th April 2022

9am Therapeutic Water Aerobics 10am Art class 10am Knit & Natter 1pm Duplicate Bridge 5pm Snooker / Pool + Waterhole

Tuesday 26th April 2022

9am Therapeutic Exercise class 10am Sashni Audiologist 2.30pm Crafters Club 2.30pm Scrabble 5pm Ladies Pool + Waterhole

Wednesday 27th April 2022 PUBLIC HOLIDAY

10am Art Class NO SOCIAL DINNER DUE TO PUBLIC HOLIDAY

Thursday 28th April 2022

9am Yoga - contact Kiloran (House 63) 10am Kind to Hearing 2pm Bridge 3pm Petanque 5pm Social Dinner NO MOVIE NIGHT DUE TO DINNER

> Friday 29th April 2022 12:30pm Fish and Chips 5pm Waterhole



25 - 29 April 2022

Date	Standard Menu - R58.00	Premium Menu – R68.00
Monday 25 April	Cheese burger, braised onions and chips, with coleslaw	Cheese, bacon and mushroom burger, potato wedges and onion rings, served with coleslaw
Tuesday Lunch 26 April	Slow braised beef shin with creamy mash and roasted seasonal vegetables	Beef schnitzel with cheese sauce, roasted seasonal vegetables and creamy mashed potatoes
Wednesday Lunch 27 April	Closed - Public Holiday	Closed - Public Holiday
Thursday Lunch 28 April	Chicken Ia king with steamed rice, roasted cinnamon butternut	BBQ chicken Kebab with fried rice and vegetable stir-fry
Friday Lunch 29 April	Crisp battered or grilled hake and chips, served with tartar sauce, coleslaw and garden salad Bistro R75.00 Home delivery R82.00	Six grilled prawns with lemon and garlic butter, sweet chilli and chips R120.00 Mussel pot in cider cream sauce served with chips R120.00
PLEASE NOTE: NO CASH PAYMENTS WILL BE ACCEPTED. PLEASE PAY BY PRE-PAID ACCOUNT or CARD Meals eaten or collected at Bistro R58.00, if delivered R65.00 or otherwise specified The R7.00 surcharge covers all packaging *Order to be placed by 16:00 prior day		PLEASE NOTE: NO CASH PAYMENTS WILL BE ACCEPTED. PLEASE PAY BY PRE-PAID ACCOUNT or CARD Meals only available as sit-down meal in Bistro and not available as take away. Order to be placed by 16:00 prior day



Thursday 28 April 2022 - R75

Starter

Potato and leek soup with garlicky croutons

Main Course

Grilled Boerewors, braised tomato and onions gravy, baked potato and buttered corn

Or

Chicken schnitzel with mushroom sauce, sautéed potatoes and glazed carrots

Vegetarian option available on request – R70

Dessert

Lemon meringue pie with vanilla ice cream - R45

PLEASE NOTE: NO CASH PAYMENTS WILL BE ACCEPTED. PLEASE PAY BY PRE-PAID ACCOUNT, CREDIT or DEBIT CARD

Please book at Reception EXT 1200 only between 08:00 and 17:00. Please book by 17:00 on Monday.