

What's Happening this week...

14th February 2022 — 18th February 2022



Social Activities:

Monday 14th February 2022

9am Therapeutic Water Aerobics
10am Esbeth Bags and shoes sale
10am Art class
10am Knit & Natter
1pm Duplicate Bridge
5pm Snooker / Pool + Waterhole

Tuesday 15th February 2022

9am Therapeutic Exercise class
2.30pm Scrabble
5pm Ladies Pool + Waterhole

Wednesday 16th February 2022

10am Art Class
5.30pm Social dinner

Thursday 17th February 2022

3pm Petanque
6pm Movie Night

Friday 18th February 2022

9am Beginners Line Dancing Class
9.30am Line Dancing – Main Class
10.30am Bible Study
12:30pm Fish and Chips
5pm Waterhole





VALENTINE'S DAY

Valentine's Day began as St. Valentine's Day, a liturgical celebration of one or more early Christian saints named Valentinus. February 14th first became associated with romantic love during the High Middle Ages as the tradition of courtly love was then flourishing. During 18th century England, this day evolved into an occasion in which lovers expressed their love for each other by presenting flowers, offering confectionery and sending Valentine cards.

Since the Renaissance, we've been exchanging Valentine's cards. These handmade missives of romance grew into a more commercial venture by the Victorian era. Today, school children exchange Valentine greetings, too. They prepare for the day by making unique boxes to receive their many hearts, cupids, and pun-filled rhymes.

Chocolates and candy have also become a part of the celebration. While couples tend to be the focus of the day, singles celebrate being single, too. Friends take each other out or reject the overall notion of Valentine's Day. Dinner and a movie, candlelight, and flowers also fit the bill for couples. It's one of the busiest days of the year for florists.

EVERGREEN BROADACRES

WHAT'S COOKING

EVERGREEN
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14-18 February 2022



Date	Standard Menu – R58.00	Premium Menu – R68.00
Monday Lunch 14 February	Chicken and mushroom casserole in cream tomato with savoury rice and roasted pumpkin	Chicken kebab on fried rice, vegetable stir-fry and soy chilli glaze Tomato relish
Tuesday Lunch 15 February	Beef bobotie with yellow raisin rice, tomato and onion salad	Green Thai beef curry with basmati rice and pawpaw salsa
Wednesday Lunch 16 February	BBQ glazed chicken with potato and bacon salad, beetroot salad	Peppered mackerel quiche with potato and bacon salad, beetroot salad
Thursday Lunch 17 February	Mince and macaroni bake with tomato and cheese served with side salad	Beef stroganoff with sauté potatoes and fried cabbage
Friday Lunch 18 February	Crisp battered or grilled hake and chips, served with tartar sauce, carrot & pine salad and garden salad Bistro R75.00 Home delivery R82.00	Kingklip in coconut curry served with chips R120.00 Cream seafood phyllo parcels with lemon butter and chips R120.00

PLEASE NOTE: NO CASH PAYMENTS WILL BE ACCEPTED.
PLEASE PAY BY PRE-PAID ACCOUNT, CREDIT or DEBIT CARD
Meals eaten or collected at Bistro R58.00, if delivered R65.00 or otherwise specified

The R7.00 surcharge covers all packaging

*Re-heating guide, set oven to 160 deg C and warm gently for 15-20min

Order to be placed by 16:00 prior day

PLEASE NOTE: NO CASH PAYMENTS WILL BE ACCEPTED.
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Meals only available as sit-down meal in Bistro and not available as take away.

Order to be placed by 16:00 prior day

See you there!



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**Please book at Reception EXT 1200
only between 08:00 and 17:00.
Please book by 17:00 on Monday.**

16 February 2022 – R85

Cream of chicken and mushroom soup with crème fraiche and chives

Main Course

Individual steak n kidney pie with parsley mash, roasted pumpkin

Or

Pesto crusted chicken fillet with Parmesan and herb crumb, served with lemon caper sauce, potato bake and grilled vegetables

Vegetarians option available on request - R70

Dessert - R45

Ice cream with marshmallow chocolate sauce, meringues and strawberries

See you there!