

# What's Happening this week...

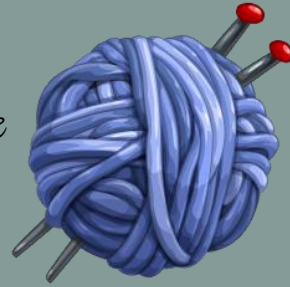
24<sup>th</sup> January 2022 — 28<sup>th</sup> January 2022



# Social Activities:

## Monday 24<sup>th</sup> January 2022

9am Therapeutic Water Aerobics  
10am Art Classes  
10am Knit & Natter  
1pm Duplicate Bridge  
5pm Snooker / Pool  
5pm Waterhole



## Tuesday 25<sup>th</sup> January 2022

9am Therapeutic Exercise Classes  
9am Sashni Audiologist  
2.30pm Craft classes  
2.30pm Scrabble  
5pm Ladies Pool + Waterhole

## Wednesday 26<sup>th</sup> January 2022

10am Art Class  
5:30pm Burns Night Social Dinner



## Thursday 27<sup>th</sup> January 2022

10am Kind 2 Hearing  
2pm Bridge  
3pm Petanque  
6pm Movie Night

## Friday 28<sup>th</sup> January 2022

9am Beginners Line Dancing Class  
9.30am Line Dancing – Main Class  
10.30am Bible Study  
12pm Fish and Chips  
5pm Waterhole







# NATIONAL BLUEBERRY PANCAKE DAY

28 JANUARY 2022



EVERGREEN  
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## NATIONAL BLUEBERRY PANCAKE DAY

On January 28th, National Blueberry Pancake Day brings the sweetness of blueberries to your pancake, flapjack or hotcake.

The early pancakes consisted mostly of flour and milk and were more like biscuits. Later, eggs, milk, a leavening agent (such as baking powder) and fat were added creating the fluffier, lighter pancake we know today.

Adding blueberries to the pancake batter when mixing up the ingredients may result in a bluish hue. To avoid this, add them right after dropping dollops of batter to the hot griddle.

Blueberries add a freshness to pancakes and nutrients like vitamin K, vitamin C, manganese and copper.



EVERGREEN BROADACRES

# WHAT'S COOKING

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24 - 28 January 2022

Date	Standard Menu – R55.00	Premium Menu – R65.00
Monday Lunch 24 January	Cheese Burger and chips with braised onions, and green salad	Chicken fillet and bacon burger with fried egg, mushroom sauce, chips and side salad
Tuesday Lunch 25 January	Chicken a la King served with savoury rice and roasted cinnamon butternut	Soy & Honey glazed chicken with ginger bokchoi and fried Chinese noodles
Wednesday Lunch 26 January	Hungarian goulash with parsley mashed potatoes, green beans and carrots	Beef Schnitzel with potato wedges, cheese sauce and fried cauliflower
Thursday Lunch 27 January	Greek Moussaka served with tzatziki and Greek salad	Beef Kofta served with Moroccan couscous, minted cucumber salad and roasted brinjals
Friday Lunch 28 January	Crisp battered or grilled hake and chips, served with tartar sauce, minted mushy peas and garden salad Bistro R75.00 Home delivery R82.00	Grilled Kingklip and chips with lemon butter sauce R120.00  Crumbed Calamari goujons with lemon, garlic butter sauce, served with chips R120.00

**PLEASE NOTE: NO CASH PAYMENTS WILL BE ACCEPTED.**  
PLEASE PAY BY PRE-PAID ACCOUNT or CARD  
Meals eaten or collected at Bistro R55.00, if delivered R62.00 or otherwise specified  
Order to be placed by 16:00 prior day

**PLEASE NOTE: NO CASH PAYMENTS WILL BE ACCEPTED.**  
PLEASE PAY BY PRE-PAID ACCOUNT or CARD  
**Meals only available as sit-down meal in Bistro and not available as take away.**  
Order to be placed by 16:00 prior day

See you there!

26 JANUARY 2022



**Burns Night Social Evening – R95**  
**Haggis will be available for all to try!**

Smoked salmon and potato salad  
with honey and mustard dressing

**Main course**

Individual fish pie with leeks,  
smoked haddock in creamy cheese sauce with broccoli,  
topped with herb potato crust

**Or**

Shin of beef slow braised in dark ale,  
with glazed baby onions, carrots,  
turnips and mashed tatties

**Dessert – R45**

Traditional Scottish Cranachan  
Toasted oats, raspberries, cream,  
honey and whiskey served in a glass

**Or**

Steamed marmalade pudding served with whiskey custard

**PLEASE NOTE:** NO CASH PAYMENTS WILL BE ACCEPTED.  
PLEASE PAY BY PRE-PAID ACCOUNT, CREDIT or DEBIT CARD

**Please book at Reception EXT 1200**  
**only between 08:00 and 17:00.**  
**Please book by 17:00 on Monday.**



26 January 2022

# BURN'S NIGHT ORDER OF EVENTS

16:30 – Piper to lead guests from Crab Crossing

17:00 – Opening address and welcome (*Laurraine*)

17:05 – Introduction to Burns (*Charles*)

17:20 – Pipe in the Haggis

17:25 – Address to the Haggis (*Jimmy*)

17:40 – A dram for the Piper, Chef and Jimmy  
(*Jimmy*)

17:45 – Selkirk Grace (*Charles*)

17:50 – Meal

19:30 – Toast to the lassies (*Charles*)

19:45 – Reply to the Toast to the Lassies (*Lorraine*)

20:00 – Thank you for the evening (*Laurraine*)



**Sashni Munnisunker**  
**Audiology**

# **BOOK YOUR APPOINTMENT**

The audiologist will be in the village

**PLEASE BOOK WITH SIPHO AT  
EVERGREEN HEALTH EXT 1220**

Date: 25.01.2022

Time: 10H00-13H00

Venue: Clubhouse boardroom