What's Happening this week...

17^{th January 2022} – 21^{st January 2022}



Corrector 21!

Social Activities:

Monday 17th January 2022

9am Therapeutic Water Aerobics 10am Art Classes 10am Knit & Natter 1pm Duplicate Bridge 5pm Snooker / Pool 5pm Waterhole

Tuesday 18th January 2022

9am Therapeutic Exercise Classes 2.30pm Scrabble 5pm Ladies Pool + Waterhole

Wednesday 19th January 2022

09:00 Shuttle bus to Broadacres shopping Centre (Book by Monday 17:00 with Tshwanelo at reception)

> 10am Art Class 5:30pm Social Dinner



Thursday 20th January 2022

2pm Bridge 3pm Petanque 6pm Movie Night

Friday 21st January 2022

9am Beginners Line Dancing Class 9.30am Line Dancing – Main Class 10.30am Bible Study 12pm Fish and Chips 2:30pm Bingo 5pm Waterhole



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Circular 002-2022

13 January 2022

Dear Residents,

Booster Vaccinations.

We have been able to secure booster vaccinations from the Gauteng Department of Health.

Since we only have Sister Marius that can administer the vaccinations, we will have to administer these boosters over a three-day period. Being 19 – 21 January 2022 as detailed below.

Wednesday 19 January 2022

| Time Slots | Unit Numbers |
|---------------|--------------|
| 10:00 - 11:00 | Unit 1 - 15 |
| 11:00 - 12:00 | Unit 16 - 30 |
| 12:00 - 13:00 | Unit 31 - 45 |
| 14:00 - 15:00 | Unit 46 - 60 |
| 15:00 - 16:00 | Unit 61 - 75 |

Thursday 20 January 2022

| Time Slots | Unit Numbers |
|---------------|---------------------|
| 10:00 - 11:00 | Unit 76 - 80 |
| 11:00 - 12:00 | Unit 81 – 95 |
| 12:00 - 13:00 | Unit 96 – 110 |
| 14:00 - 15:00 | Unit 111 – 130 |
| 15:00 - 16:00 | Acacia Ground floor |

Friday 21 January 2022

| Time Slots | Unit Numbers |
|---------------|------------------------------|
| 10:00 - 11:00 | Acacia 1 st floor |
| 11:00 - 12:00 | Acacia 2 nd Floor |
| 12:00 - 13:00 | Bushwillow residents |
| 14:00 - 15:00 | Care Centre residents |

You need to be eligible for a booster shot on the EVDS system in order for us to administrate the booster vaccine to you. Therefore, if we go into the system and it does not show you as eligible, we will not be able to give you the booster.

IF you had Covid 19 recently you will only be eligible for the booster shot 40 days after your positive test. If you have tested positive in the past 40 days the system will not allow you to get the booster shot until 40 days have passed.

We will only be administering booster shots to residents, so please do not invite friends, family or helpers to join you for the booster shot.



17 - 21 January 2022

| Date | Standard Menu - R55.00 | Premium Menu – R65.00 |
|---|---|---|
| Monday Lunch 17 January | Feta stuffed frikkadels in tomato and basil coulis, served with spaghetti, grilled baby marrow, topped with grated Parmesan | Bobotie with yellow raisin rice and tomato & onion salad |
| Tuesday Lunch 18 January | Crumbed chicken fillet with mushroom sauce, sauté potatoes and carrot salad | BBQ chicken kebab with grilled tomato and mushrooms, chips and coleslaw |
| Wednesday Lunch 19 January | BBQ grilled pork chop, grilled apple, with pepper sauce, baked potato and coleslaw | Pork scaloppini, with lemon & caper butter sauce, sauté potatoes and seasonal vegetables |
| Thursday Lunch 20 January | Sweet n sour chicken on fried rice with vegetable stir-fry | Green Thai chicken curry with fried rice and pawpaw salsa |
| Friday Lunch 21 January | Crisp battered or grilled hake and chips, served with tartar sauce, carrot & pineapple salad and garden salad Bistro R75.00 Home delivery R82.00 | Grilled Kingklip and chips with lemon butter sauce R120.00 Calamari steak with lemon, garlic butter sauce, served with chips R120.00 |
| PLEASE PAY BY Meals eaten or collected oth The R7.00 sur | PRE-PAID ACCOUNT, or CARD at Bistro R55.00, if delivered R62.00 or pervise specified | SE NOTE: NO CASH PAYMENTS WILL BE ACCEPTED. PLEASE PAY BY PRE-PAID ACCOUNT, or CARD als only available as sit-down meal in stro and not available as take away. Order to be placed by 16:00 prior day |

See you there!



19 January 2022 - R75

Salad platter on the table

Roasted beet and apple salad in balsamic & orange dressing garnished with feta and croutons

Main Course

Beef bourguignon slow cooked with red wine, bacon, & button mushrooms, served with parsley baby potatoes and seasonal vegetables

Or

Chinese chicken rice, soy fried chicken, bakchoi and cashew nuts served with Asian cabbage coleslaw

Vegetarian Option on request - R70

Dessert - R40

Chocolate brownie & ice cream with salted caramel sauce

PLEASE NOTE: NO CASH PAYMENTS WILL BE ACCEPTED. PLEASE PAY BY PRE-PAID ACCOUNT, CREDIT or DEBIT CARD

Please book at Reception EXT 1200 only between 08:00 and 17:00. Please book by 17:00 on Monday.