# What's Happening this week...

17<sup>th January 2022</sup> – 21<sup>st January 2022</sup>



Corrector 21!

# **Social Activities:**

Monday 17<sup>th</sup> January 2022

9am Therapeutic Water Aerobics 10am Art Classes 10am Knit & Natter 1pm Duplicate Bridge 5pm Snooker / Pool 5pm Waterhole

# Tuesday 18<sup>th</sup> January 2022

9am Therapeutic Exercise Classes 2.30pm Scrabble 5pm Ladies Pool + Waterhole

# Wednesday 19<sup>th</sup> January 2022

09:00 Shuttle bus to Broadacres shopping Centre (Book by Monday 17:00 with Tshwanelo at reception)

> 10am Art Class 5:30pm Social Dinner



# Thursday 20<sup>th</sup> January 2022

2pm Bridge 3pm Petanque 6pm Movie Night

## Friday 21<sup>st</sup> January 2022

9am Beginners Line Dancing Class 9.30am Line Dancing – Main Class 10.30am Bible Study 12pm Fish and Chips 2:30pm Bingo 5pm Waterhole



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Circular 002-2022

13 January 2022

Dear Residents,

#### Booster Vaccinations.

We have been able to secure booster vaccinations from the Gauteng Department of Health.

Since we only have Sister Marius that can administer the vaccinations, we will have to administer these boosters over a three-day period. Being 19 – 21 January 2022 as detailed below.

#### Wednesday 19 January 2022

Time Slots	Unit Numbers
10:00 - 11:00	Unit 1 - 15
11:00 - 12:00	Unit 16 - 30
12:00 - 13:00	Unit 31 - 45
14:00 - 15:00	Unit 46 - 60
15:00 - 16:00	Unit 61 - 75

#### Thursday 20 January 2022

Time Slots	Unit Numbers
10:00 - 11:00	Unit 76 - 80
11:00 - 12:00	Unit 81 – 95
12:00 - 13:00	Unit 96 – 110
14:00 - 15:00	Unit 111 – 130
15:00 - 16:00	Acacia Ground floor

#### Friday 21 January 2022

Time Slots	Unit Numbers
10:00 - 11:00	Acacia 1 <sup>st</sup> floor
11:00 - 12:00	Acacia 2 <sup>nd</sup> Floor
12:00 - 13:00	Bushwillow residents
14:00 - 15:00	Care Centre residents

You need to be eligible for a booster shot on the EVDS system in order for us to administrate the booster vaccine to you. Therefore, if we go into the system and it does not show you as eligible, we will not be able to give you the booster.

IF you had Covid 19 recently you will only be eligible for the booster shot 40 days after your positive test. If you have tested positive in the past 40 days the system will not allow you to get the booster shot until 40 days have passed.

We will only be administering booster shots to residents, so please do not invite friends, family or helpers to join you for the booster shot.



# 17 - 21 January 2022

Date	Standard Menu - R55.00	Premium Menu – R65.00
Monday Lunch 17 January	Feta stuffed frikkadels in tomato and basil coulis, served with spaghetti, grilled baby marrow, topped with grated Parmesan	Bobotie with yellow raisin rice and tomato & onion salad
Tuesday Lunch 18 January	Crumbed chicken fillet with mushroom sauce, sauté potatoes and carrot salad	BBQ chicken kebab with grilled tomato and mushrooms, chips and coleslaw
Wednesday Lunch 19 January	BBQ grilled pork chop, grilled apple, with pepper sauce, baked potato and coleslaw	Pork scaloppini, with lemon & caper butter sauce, sauté potatoes and seasonal vegetables
Thursday Lunch 20 January	Sweet n sour chicken on fried rice with vegetable stir-fry	Green Thai chicken curry with fried rice and pawpaw salsa
Friday Lunch 21 January	Crisp battered or grilled hake and chips, served with tartar sauce, carrot & pineapple salad and garden salad Bistro R75.00 Home delivery R82.00	Grilled Kingklip and chips with lemon butter sauce R120.00 Calamari steak with lemon, garlic butter sauce, served with chips R120.00
PLEASE PAY BY Meals eaten or collected oth The R7.00 sur	PRE-PAID ACCOUNT, or CARD at Bistro R55.00, if delivered R62.00 or pervise specified	SE NOTE: NO CASH PAYMENTS WILL BE ACCEPTED. PLEASE PAY BY PRE-PAID ACCOUNT, or CARD als only available as sit-down meal in stro and not available as take away. Order to be placed by 16:00 prior day

See you there!



### 19 January 2022 - R75

#### Salad platter on the table

Roasted beet and apple salad in balsamic & orange dressing garnished with feta and croutons

Main Course

Beef bourguignon slow cooked with red wine, bacon, & button mushrooms, served with parsley baby potatoes and seasonal vegetables

Or

Chinese chicken rice, soy fried chicken, bakchoi and cashew nuts served with Asian cabbage coleslaw

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Vegetarian Option on request - R70

#### Dessert - R40

Chocolate brownie & ice cream with salted caramel sauce

PLEASE NOTE: NO CASH PAYMENTS WILL BE ACCEPTED. PLEASE PAY BY PRE-PAID ACCOUNT, CREDIT or DEBIT CARD

Please book at Reception EXT 1200 only between 08:00 and 17:00. Please book by 17:00 on Monday.