

Social Activities:

Monday 27th December 2021

9am Therapeutic Water Aerobics 10am Art Classes 10am Knit & Natter 1pm Duplicate Bridge

5pm Snooker / Pool 5pm Waterhole



Tuesday 28th December 2021

9am Therapeutic Exercise Classes 2.30pm Scrabble 5pm Ladies Pool + Waterhole

Wednesday 29th December 2021

10am Art Class

Thursday 30th December 2021

2pm Bridge 3pm Petanque 6pm Movie Night

Friday 31st December 2021

9am Beginners Line Dancing Class 9.30am Line Dancing - Main Class 10.30am Bible Study 8pm New Year's Eve Dinner





NATIONAL FRUITCAKE DAY

National Fruitcake Day is December 27, a day to celebrate every nutty person you know.

Wait!

That's not right. It's a day for lovers of fruitcake to rejoice in the delights of the world's most misunderstood fruit. A fruitcake is a boozy, chewy, rich amalgam of dried fruit, nuts, and sugar, saturated with your favorite alcohol, most commonly brandy or bourbon. That produces a dense, sweet, and textured treat generally served around the holidays.

Fruitcakes have been found in ancient Egyptian tombs, so you know that the tradition is steeped in history as well as booze.

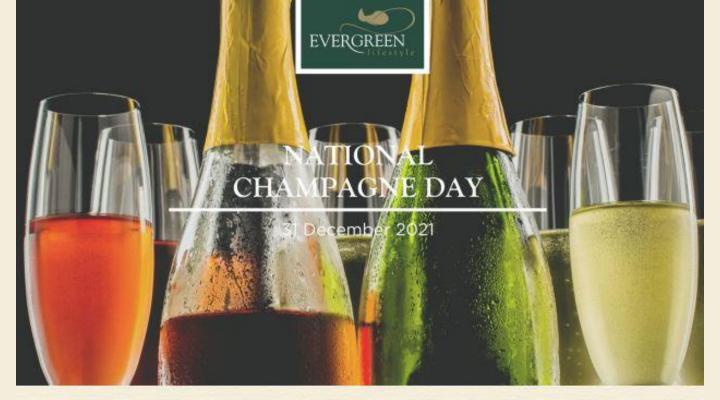


NATIONAL CARD PLAYING DAY

Shuffle your cards and cut the deck on Card Playing Day, December 28th.

It is the ideal activity to spend time with your family without having to chatter away or go on some big outing. The Christmas hustle and bustle is over, there is still time off from work, and the excitement from opening presents has diminished. There's nothing like a slow-paced game of cards to relax while having fun!

Meet us in in the Lifestyle Centre at 10h00 for some cards. Card Players, invite your neighbouring Residents to share in your games and learn a new fun filled activity



NATIONAL CHAMPAGNE DAY

National Champagne Day is informally observed on December 31. This is a perfect day to observe this holiday because we are pretty certain you will all be making a New Year's Eve toast with champagne.

Champagne is a sparkling wine produced in the Champagne region of France under the rules of appellation. The name Champagne is legally protected. However, some use this term as a generic term for sparkling wines.

As Champagne can be guite expensive, we will allow you;) to celebrate the National Champagne Day drinking any sparkling wine you like, no matter whether it comes from France, Italy, or California.

Instead of drinking Champagne, you could make a champagne cocktail that will be perfect for New Year's Eve. For instance, Mimosa is a classic Champagne cocktail.

Pop that cork and celebrate in style!



We will open the book. Its pages are blank. We are going to put words on them ourselves.

The book is called **Opportunity**, and its first chapter is New Year's Day.

Happy New Year Wishes to you and your family

27-31 December 2021

Date	Standard Menu - R58.00	Premium Menu – R68.00
Monday Lunch 27 December	Closed Public Holiday	
Tuesday Lunch 28 December	Chicken a la king with savoury rice and cinnamon roasted butternut	Chicken schnitzel with parsly mash, cheese, mustard sauce and seasonal vegetables
Wednesday Lunch 29 December	Crumbed pork chop with sauté potatoes, apple sauce and savoury cabbage	Asian pork fillet stir-fry with fried rice and vegetable stir-fry
Thursday Lunch 30 December	Bangers and mash with onion gravy, sweet corn and peas	Sausage, bacon and egg, chips and gravy, served with peas
Friday Lunch 31 December	Set up for New Year's Eve Dinner	

PLEASE NOTE: NO CASH PAYMENTS WILL BE ACCEPTED.
PLEASE PAY BY PRE-PAID ACCOUNT or CARD

Meals eaten or collected at Bistro R55.00, if delivered R62.00 or otherwise specified

The R7.00 surcharge covers all packaging
*Re-heating guide, set oven to 160 deg C and warm gently for 15-20min
Order to be placed by 16:00 prior day

PLEASE NOTE: NO CASH PAYMENTS WILL BE ACCEPTED.

Meals only available as sit-down meal in Bistro and not available as take away.

Order to be placed by 16:00 prior day