

### Social Activities:

### Monday 25th October 2021

9am Therapeutic Water Aerobics
10am Art Classes
10am Knit & Natter
1pm Duplicate Bridge
5pm Snooker / Pool
5pm Waterhole

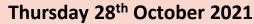
### Tuesday 26th October 2021

9am Therapeutic Exercise Classes
9am SM Audiologist
10am Antique and Coin exchange
2.30pm Scrabble
2pm Embroidery
5pm Ladies Pool



### Wednesday 27th October 2021

10am Art Class 5:30pm Social Dinner





2pm Bridge 3pm Petanque 6pm Movie Night

### Friday 29<sup>th</sup> October 2021

9am Beginners Line Dancing Class
9.30am Line Dancing – Main Class
10.30am Bible Study
12pm Fish and Chips
5pm Waterhole

### Special vote at Clubhouse.

IEC has not confirmed whether this will take place on Saturday or Sunday yet, so keep both days open.

Reception will let residents know once the IEC arrives, to make your way down to the Clubhouse.



### HALLOWEEN

On October 31st, Halloween brings out the ghouls and goblins, creatures, and strange folk.

They come creeping about the neighbourhood seeking favours over trickery.

People of all ages look forward to Halloween traditions. While dressing up and baking, we carve up glowing pumpkins.

Children breathe life into storybook characters while practicing their trick or treat.

In twos and threes, they traipse through the neighbourhood, collecting their bounty in pillow sacks.

A ghost, a pirate, a robot or Dorothy, and Toto. No matter their age, they come to the door. They knock or ring. Here and there, a screech or a boo!





# BOOK YOUR APPOINTMENT

The audiologist will be in the village

PLEASE BOOK WITH SIPHO AT EVERGREEN HEALTH EXT 1220

Date: 26.10.2021 Time: 9H00-13H00

Venue: Clubhouse boardroom



## INSTANT CASH FOR YOUR COINS, JEWELLERY & WAR MEDALS

ANTIQUES & COIN EXCHANGE works with retirement villages nationwide, and is fully qualified and equipped to provide you with a free evaluation (with certification) and instant cash for your items at market value. However, we offer electronic transfers, Contact us to make an appointment in the privacy of your own home at a convenient date and time or for any further enquiries.

VENUE:Evergreen (in the hall)

TIME:10am - 1pm DATE: Tues 26 Oct 2021

### WE'RE LOOKING FOR

War Memorabilia Silver Tea Sets & Crockery Old S.A. Mintage Foreign Currency Watches / Pocket Watches Broken / Unwanted lewellery Designer Jewellery Diamond lewellery Rubies & Emeralds Gold Coins

Pearls Cufflinks Tiger Eve Unpaired Jewellery Sets Charm Bracelets Antiques / Collectables Mechanical Clocks Postage Stamps Post Cards Pre-1950 Cut-glass / Crystal Vintage Kists

Persian Carpets Paintings Brass / Copper Ornaments Porcelain Tea Sets Vinvl Records X-ray Sheets Vintage Toys Vintage Cars / Motorcycles Vintage Train Sets

WE ALSO REPAIR CLOCKS



🕓 071 323 8341 • antiques.bullion@gmail.com



### 25 - 29 October 2021

Date	Standard Menu - R55.00	Premium Menu – R65.00
Monday Lunch 25 October	Bangers and mash with onion gravy creamed potatoes and buttered peas and corn *	Salmon and feta quiche with side salad
Tuesday Lunch 26 October	Pulled pork in phyllo, BBQ sauce with brocolli in cheese sauce *	Pork schnitzel with mushroom sauce, buttered pasta and red braised cabbage
Wednesday Lunch 27 October	Beef Moussaka with side salad	Asian beef stir-fry with Chinese noodles
Thursday Lunch 28 October	Chicken a la king with savoury rice and orange & cinnamon roasted butternut *	Chicken, ham and cheese slider with potato wedges, braised onions, and side salad with blue cheese dressing
Friday Lunch 22 October	Crisp battered or grilled hake and chips, served with tartar sauce, coleslaw and garden salad Bistro R70.00 Home delivery R77.00	Battered hake and six prawns served with chips and tartar sauce Bistro R120  Mussel pot in cream cider sauce, served with chips R120

PLEASE NOTE: NO CASH PAYMENTS WILL BE ACCEPTED.
PLEASE PAY BY PRE-PAID ACCOUNT or CARD

Meals eaten or collected at Bistro R55.00, if delivered R62.00 or otherwise specified The R7.00 surcharge covers all packaging

\*Re-heating guide, set oven to 160 deg C and warm gently for 15-20min

Order to be placed by 16:00 prior day

PLEASE NOTE: NO CASH PAYMENTS WILL BE ACCEPTED.

PLEASE PAY BY PRE-PAID ACCOUNT or CARD
Meals only available as sit-down
meal in Bistro and not available as
take away.

Order to be placed by 16:00 prior day



### 27 October 2021 - R75

Deconstructed Greek salad on the table

#### Main Course

Slow braised beef shin with Parmesan mash and roasted vegetables

Or

Pan seared chicken breast with herb crust, cream mushroom whiskey sauce, sauté potatoes and orange glazed carrots

(Vegetarian on request - R70)

Dessert - R45

Chocolate and banana bread pudding served with ice cream and chocolate sauce

PLEASE NOTE: NO CASH PAYMENTS WILL BE ACCEPTED.
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Please book at Reception EXT 1200 only between 08:00 and 17:00. Please book by 16:00 on Monday