# What's Happening this week...

4th October 2021 \_ 8th October 2021

# **Social Activities:**

#### Monday 4<sup>th</sup> October 2021

9am Therapeutic Water Aerobics 10am Art Classes 10am Knit & Natter 1pm Duplicate Bridge 5pm Snooker / Pool Waterhole

# Tuesday 5<sup>th</sup> October 2021

9am Therapeutic Exercise Classes

9:30 Coffee Morning with Phil Wilson - liberating cash from

your life right

2.30pm Scrabble

2pm Basket Making class 5pm Ladies Pool

# Wednesday 6<sup>th</sup> October 2021

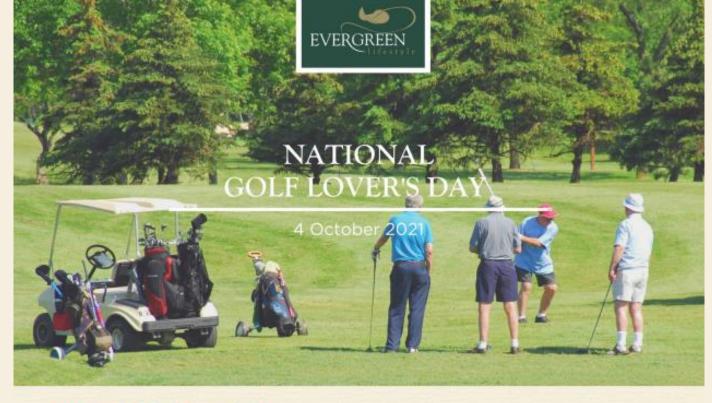
10am Art Class 5:30pm Social Dinner

## Thursday 7<sup>th</sup> October 2021

2pm Bridge 3pm Petanque 6pm Movie Night

# Friday 8<sup>th</sup> October 2021

9am Beginners Line Dancing Class 9.30am Line Dancing – Main Class 10.30am Bible Study 12pm Fish and Chips 5pm Waterhole



#### NATIONAL GOLF LOVER'S DAY

National Golf Lover's Day on October 4th provides an opportunity for golf enthusiasts to swing down the fairway at least one more time during the season.

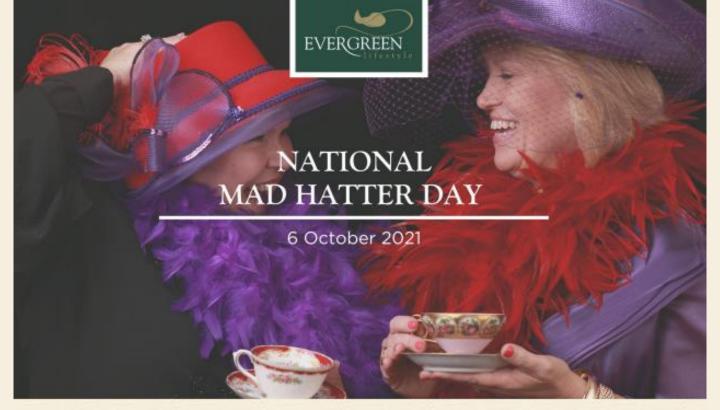
While celebrating the day, you might notice it is sometimes also referred to as National Golf Day. Since 1952, the PGA has held a charity event each year for National Golf Day, which is held on different days each year.

The modern game of golf may have originated in 15th century Scotland. However, it is unclear and very much debated as to its ancient origins.

#### HOW TO OBSERVE - Golf Lovers Day

In many parts of the country, golfers hit the links all year long. However, in the more northern regions, courses will close due to cooler temperatures preventing golfers from chasing the elusive hole-in-one.

While you can, get out and golf a round or two. Invite friends to join you. Visit a course you've never been to before. Challenge yourself to a more difficult course. Improve your handicap or offer to teach someone the game.



#### NATIONAL MAD HATTER DAY

Get ditzy and wear a funny hat. It can be a Cat in the Hat type hat, an over-sized wood cap like Rerun's, or fall back to the classic top hat.

When people raise eyebrows wondering what you're doing, invite them to your tea party and share the story of the Mad Hatter.

We all need some silly right now...



Don't Be late, Don't be late For a very important date...

# MAD HATTER'S SOCIAL DINNER

Wednesday, 6<sup>th</sup> of October 2021 17:80 for 18:00

Come wearing your craziest Mad Hatters Hat and you could WIN a grand prize.

Book your seat at Reception #1200 before the 5<sup>th</sup> of October.



#### NATIONAL CHESS DAY

The second Saturday in October recognizes National Chess Day. The game challenges players mentally while also breaking down barriers through the centuries.

Chess developed in India during the fifth century. As the strategic game spread across continents, the pieces and rules evolved. It also shifted between classes. Once, only the upper class could afford to linger over a long, challenging game. However, the merchant class would later introduce the game to the rest of the population as they travelled around the world trading their wares.

In the game of chess, two opponents go head-to-head with 16 playing pieces each. These pieces include eight pawns, two rooks, two knights, two bishops, one queen and one king in each colour. Their objective is to capture the opponent's king through a series of strategic moves.

The day celebrates the long history of chess and recognizes the role chess plays in connecting people across societies. The game has broken many barriers – class, language, and cultural – simply by two people sitting down to play one of the most mentally challenging games in the world.

#### **Chess Facts**

- It's a mental game. However, the game can end as quickly as two moves.
- The longest possible chess game in terms of the number of moves is 5,949.
- Checkmate derives from the Persian phrase Shah Mat. The phrase means "the King is dead."
- In 1989, a chess match between Ivan Nikolic and Goran Arsovic in Belgrade ended in a draw. It was recorded as the longest official check game and lasted 269 moves.
- The playing board used today with the alternating light and dark squares first appeared in Europe in 1090.

#### HOW TO OBSERVE - National Chess Day

Play a game of chess. Find a tournament near you and join it. Create an event to teach others to play chess.



## Think differently about making your money work for you.

Covid-19 has certainly made us change the way we look at the world. It also changed the way we look at how we make our money work for us.

Join Phil Wilson Sales Director of Evergreen for a Coffee Meeting on the 5<sup>th</sup> of October 2021 in the lifestyle Centre to look at how you could liberate some cash from your Life Right Agreement.

Date: 05 October 2021 Time: 09:30 for 10:00

**RSVP:** Due to Covid-19 protocols, we are limited with seating, so please RSVP your attendance so that we can ensure our compliance and we can confirm the catering numbers.

Wilma Swart Village Manager



### 04 - 08 October 2021

Date	Standard Menu - R55.00	Premium Menu – R65.00
Monday Lunch 04 October	Meat Loaf in tomato gravy with creamy mash potatoes, carrots & peas 🗱	Pork Bangers with cheese mash potatoes, braised onions and gravy with fried egg
Tuesday Lunch 05 October	Roast pork fillet with apple sauce and gravy, potatoe wedges and roast butternut *	Spinach and feta quiche with tomato and basil salad
Wednesday Lunch 06 October	Chicken schnitzel with cheese sauce, parsley baby potatoes and green breans *	Chicken, bacon and cheese burger with chips, onion rings and side salad
Thursday Lunch 07 October	Braised beef goulash with cheese potato crust, and roast seasonal vegetables *	Salmon pasta in cream tomato sauce with cucumber salad
Friday Lunch 08 October	Crisp battered or grilled hake and chips, served with tartar sauce, coleslaw, garden salad Bistro R70.00 Home delivery R77.00	Battered hake and six prawns served with chips and tartar sauce Bistro - R120 Mussel pot in cider cream and chips - R120
PLEASE NOTE: NO CASH PAYMENTS WILL BE ACCEPTED. PLEASE PAY BY PRE-PAID ACCOUNT, or CARD Meals eaten or collected at Bistro R55.00, if delivered R62.00 or otherwise specified The R7.00 surcharge covers all packaging *Re-heating guide, set oven to 160 deg C and warm gently for 15-20min Order to be placed by 16:00 prior day		PLEASE NOTE: NO CASH PAYMENTS WILL BE ACCEPTED. PLEASE PAY BY PRE-PAID ACCOUNT or CARD Meals only available as sit-down meal in Bistro and not available as take away. Order to be placed by 16:00 prior day



Wednesday 06 October 2021 Mad Hatters Social Dinner R75

Roasted beetroot, onion, and grilled apple salad with crisp herb baked phyllo in balsamic reduction dressing

Main Course Beef and spinach lasagne with Italian salad in basil dressing

Or

Chicken Picatta, Parmesan crumbed chicken fillets, with lemon and caper butter sauce, sauté potatoes and ratatouille vegetables

\*(Vegetarian option available on request)

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#### Dessert R40

Queen of hearts sugared puff pastry tart with berry coulis and vanilla ice cream

\*(Seasonal fruit salad in cinnamon orange syrup on request)

PLEASE NOTE: NO CASH PAYMENTS WILL BE ACCEPTED. PLEASE PAY BY PRE-PAID ACCOUNT, or CARD

#### Please book at Reception EXT 1200 only between 08:00 and 17:00. Please book by 17:00 on Monday.