

What's Happening this week...

20th September 2021 — 24th September 2021



Social Activities:

Monday 20th September 2021

9am Therapeutic Water Aerobics
10am Art Classes
10am Knit & Natter
12:30pm Duplicate Bridge
5pm Snooker / Pool
Waterhole



Tuesday 21st September 2021

9am Therapeutic Exercise Classes
2.30pm Scrabble
2.20pm Embroidery Class
5pm Ladies Pool

Wednesday 22nd September 2021

9am - 1pm Gold Capital
10am Art Class
5pm Social Dinner



Thursday 23rd September 2021

2pm Bridge
3pm Petanque
12pm Fish and Chips
6pm Movie Night

Friday 24th September 2021

HERITAGE DAY

9am Beginners Line Dancing Class
9.30am Line Dancing - Main Class
10.30am Bible Study
4pm Heritage Day Braai
5pm Waterhole



Dress up For Heritage Day

Wednesday - 22nd of
September @ 17:30

We are celebrating diversity.
All residents are invited to dress up in their
heritage for the social dinner.

Design and decorate your own table to
celebrate Heritage Day in style.

Book your seat at Reception before the
bookings close on the 21st of September.



Heritage Day Street Braai

The annual Heritage Day Street Braai will take place on:

Friday the 24th of September 2021 at 16:00.

No pre booking or allocation of tables can be done. If you wish to be seated with a specific person, please arrange to meet and arrive at the same time as we are not pre allocating seating or tables.

Tables, chairs and two braais are being supplied by Evergreen. All residents attending the braai will be required to bring their own:

Meat
Salad or side dish / dishes
Cutlery
Crockerly
Glasses
Drinks

Hennie has generously offered to supply the "Pap and Sauce" that he has become so famous for in prior years.

We look forward to seeing you on Heritage Day!

NATIONAL PANCAKE DAY

26 September 2021

NATIONAL PANCAKE DAY

National Pancake Day on September 26th sets up a tall stack of syrupy goodness to celebrate! Set the table. Mix up the batter. Heat up the griddle.

It became a traditional part of Fat Tuesday (Shrove Tuesday) celebrations when revellers would feast before fasting. They still do! The thin cakes can be rolled and filled with fruit and other fillings. Usually, though, they're stacked and drizzled with flavoured syrup.

Add fruit, nuts or whipped topping, too. While served mostly as a breakfast item, pancakes along with bacon, ham, hash browns and other morning offerings also make a delicious supper. Breakfast for dinner is a nice change of pace in many homes.

A pancake is a flat cake, often thin and round, prepared from a starch-based batter that may contain eggs, milk and butter and cooked on a hot surface such as a griddle or frying pan, often frying with oil or butter. Archaeological evidence suggests that pancakes were probably the earliest and most widespread cereal food eaten in prehistoric societies.



EVERGREEN BROADACRES

WHAT'S COOKING

EVERGREEN
lifestyle
broadacres

20-24 September 2021

Date	Standard Menu – R55.00	Premium Menu – R65.00
Monday Lunch 20 September	Pork Schnitzel with sauté potatoes, seasonal steamed vegetables and cheese sauce ★	Flaked poached salmon salad with avocado and yoghurt & herb dressing
Tuesday Lunch 21 September	Frikkadelles in BBQ sauce with mash potatoes and rattatouille ★	Cheese and bacon burger with chips Side salad
Wednesday Lunch 22 September	Chicken a la king with steamed rice and broccoli ★	Beef stir-fry with Chinese noodles and broccoli in oyster sauce
Thursday Lunch 23 September	Crisp battered or grilled hake and chips, served with tartar sauce, coleslaw, garden salad Bistro R70.00 Home delivery R77.00	Battered hake and six prawns served with chips and tartar sauce Bistro R120
Friday Lunch 24 September	Closed due to Public Holiday	Closed due to Public Holiday

PLEASE NOTE: NO CASH PAYMENTS
PLEASE PAY BY PRE-PAID ACCOUNT or CARD
Meals eaten or collected at Bistro R55.00,
if delivered R62.00 or otherwise specified
The R7.00 surcharge covers all packaging

*Re-heating guide, set oven to 160 deg C and warm gently for 15-20min
Order to be placed by 16:00 prior day

PLEASE NOTE: NO CASH PAYMENTS
PLEASE PAY BY PRE-PAID ACCOUNT or CARD
**Meals only available as sit-down
meal in Bistro and not available as
take away.**

Order to be placed by 16:00 prior day

EVERGREEN BROADACRES

WHAT'S COOKING

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Wednesday 22 September 2021

Heritage theme dinner – R95.00

On the table platters

Butternut, biltong and feta salad with orange dressing
Mini vetkoek with apricot jam

Main Course

Lamb green bean bredie
served with steamed rice
and pumpkin fritters

Or

Chicken pie with gravy,
peas and carrots

Dessert R40

Lemon meringue pie
served with ice cream

PLEASE NOTE: NO CASH PAYMENTS WILL BE ACCEPTED.
PLEASE PAY BY PRE-PAID ACCOUNT, CREDIT or DEBIT CARD

**Please book at Reception EXT 1200
only between 08:00 and 17:00.
Please book by 17:00 on Monday.**