



RESCOM COMMUNIQUE

Communique No 243
13th September 2021

EVERGREEN HEALTH PORTFOLIO

The purpose of the Health Portfolio is to put in place a support structure to meet the practical and emotional needs of the residents in the village.

On the 6th of September I met with Sister Marius and Wilma to discuss this new ResCom Health Portfolio and get advice on how to identify the needs in the village and how this could practically operate. Sister Marius and Wilma were very helpful on the matters raised, but made it clear that any information regarding a resident must be treated with complete respect, privacy and in confidence. I was in complete agreement with this and this will form the basis of any policy or action taken by the Health Portfolio team.

A lot of support is already in place in the village between neighbours and friends and this must be left alone. We are so privileged to have a wonderful group of people who give of their time and energy to their fellow residents already. The Health Portfolio initiative is hopefully to add to this ethos and try and ensure that everyone who needs help is being reached.

On the 9th of September I met with the group of residents who had volunteered to be part Health Portfolio team and to give feedback on my discussions with Sister Marius and Wilma. The meeting was also to open discussion and to get any ideas or views from those present.

The people present at this meeting were: Kloran Townsend, Sue Stirton, Glynis Webb-Murfin, Jennifer Bramley, Robin Davey, Caroline Brickett, Marilyn Maclachlan, Norma Johnston, Pauline Mackie, Kate van Rooyen, Sue Jackson, Chris Edwards and Sharyn Breval. (Apologies from Sue Hartley and Heather Allan). If anyone else wishes to join this team, please contact me. Any new members are welcome.

The objective of the Health Portfolio is to supply support to residents in

- practical areas, eg shopping, transport to shops with assistance or without, taking residents to medical appointments, etc, dog walking, visits to frail care or any other similar task.
- emotional support areas, eg arranging for medical aid rate counselling in-house as soon as possible, book facilitators/speakers to run groups or give talks covering Grief, Loss, Depression, Dementia/Alzheimer issues, Diabetes, etc. Sister Marius will be asked to address us on the services offered by Evergreen Health.

I hope this has helped to explain what I hope to achieve through this Portfolio and that anyone requiring help will feel comfortable reaching out to myself or any of the people in the team (names above).

I am very open to suggestions or ideas.

Sincerely

Judy Stuart