

# What's Happening this week....

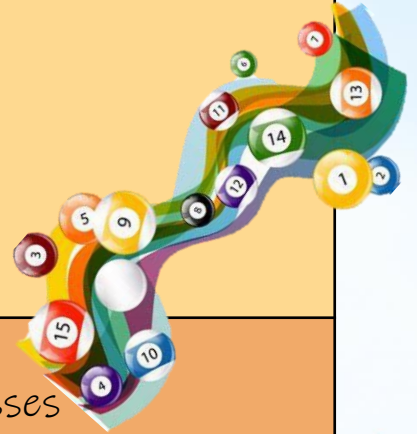
30 August - 3 September 2021



# Social Activities:

## Monday 30 August 2021

9am Therapeutic Water Aerobics  
10am Art Classes  
10am Knit & Natter  
12:30pm Duplicate Bridge  
5pm Snooker / Pool  
Waterhole

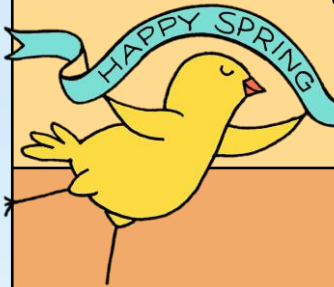


## Tuesday 31 August 2021

9am Therapeutic Exercise Classes  
2.30pm Scrabble  
2.20pm Embroidery Class  
5pm Ladies Pool

## Wednesday 1 September 2021

10am Art Class  
5pm Social Dinner



## Thursday 2 September 2021

2pm Bridge  
3pm Petanque  
12pm Fish and Chips  
6pm Movie Night

## Friday 3 September 2021

9am Beginners Line Dancing Class  
9.30am Line Dancing – Main Class  
10.30am Bible Study  
12.30pm Spring Steak Braai  
5pm Waterhole



# *Celebrating Spring Day*

EVERGREEN LIFESTYLE - BROADACRES

R165.00 PER PERSON

PLEASE BOOK BEFORE 30 AUGUST 2021

## STEAK BRAAI

03 SEPTEMBER 2021 - 13H00  
WITH GIN TASTING

200g BEEF SIRLOIN

RED WINE JUS

INDIVIDUAL GARLIC ROLLS

CHEESY MUSHROOM POTATO BAKE

COLESLAW & SALAD

CHOC BROWNIE

ICE CREAM & BERRY

COMPOTE

THE BEST LADIES SPRING HAT WINS A PRIZE

# SPRING DAY

1 September 2021

South Africa Celebrates spring Day

**1 September**

Spring day traditions in South Africa range from having a traditional braai to shaving your head and beard. In many townships, children celebrate Spring Day by spraying each other with water.

However, in some urban settlements everyone participates.

# NATIONAL WILDLIFE DAY

4 September 2021

## **NATIONAL WILDLIFE DAY**

National Wildlife Day on September 4th encourages improved awareness of the species around us and in the broader world.

This National Day focuses on endangered species, preservation, and conservation efforts around the world. Zoos, aviaries and marine sanctuaries provide a variety of ways to get involved.

No matter where you live, opportunities abound to learn and participate in the day. Wildlife doesn't only exist in the forest or outside the city limits. Look closely. The creatures and animals sharing our world live under our feet and in the sky above us. Our rivers, lakes and oceans are teeming with wildlife of all sizes. It's essential to understand how we impact the habitats that animals need to survive. Their homes supply their food and shelter.

Since wildlife relies on a stable habitat, understanding conservation and preservation is important. Developing strategies helps to maintain existing habitats and repair or replace those that have been destroyed. These strategies are especially important when a decline in a species is detected. For example, each year in August, International Whale Shark Day brings attention to the plight of the world's largest fish. Despite efforts, the gentle giant continues to decline in numbers.

Around the world, facilities and organizations will present seminars and educational programs. Additionally, podcasts and documentaries alert us to the changing conditions for various species around the world. Some may be as close as your own back yard. From the sky to the depths of the ocean, wildlife surrounds us.

EVERGREEN BROADACRES

# WHAT'S COOKING



23-27 AUGUST 2021

Date	Standard Menu – R55.00	Premium Menu – R65.00
Monday Lunch 30 August	Braised beef shin, parsley mash potatoes, roast butternut & beans ★	Chicken paprika with roast peppers and mushrooms, buttered pasta
Tuesday Lunch 31 August	Spaghetti bolognese with green salad ★	Smoked salmon and feta quiche with side salad
Wednesday Lunch 01 September	Pork and mushroom casserole, new parsley potatoes and broccoli ★	Wild mushroom stroganoff served rice pilaff and Parmesan bruschetta
Thursday Lunch 02 September	Crisp battered or grilled hake and chips, served with tartar sauce, carrot & pine salad, garden salad Bistro R70.00 Home delivery R77.00	Battered hake and six king prawns served with chips and tartar sauce Bistro R120
Friday Lunch 03 September	Celebrating Spring Day Steak Braai (includes Gin tasting) 200g Beef Sirloin Red Wine Jus Garlic rolls Cheese & mushroom potato bake Coleslaw & Salad Choc Brownie & Ice Cream R165.00 per person	Celebrating Spring Day Steak Braai (includes Gin tasting) 200g Beef Sirloin Red Wine Jus Garlic rolls Cheese & mushroom potato bake Coleslaw & Salad Choc Brownie & Ice Cream R165.00 per person

**PLEASE NOTE:**


NO CASH PAYMENTS WILL BE ACCEPTED.  
PLEASE PAY BY PRE-PAID ACCOUNT OR CARD  
Meals delivered has R7.00 surcharge to cover packaging  
\*Re-heating guide, set oven to 160 deg C and warm gently for 15-20min

Order to be placed by 16:00 prior day

**PLEASE NOTE:**

NO CASH PAYMENTS WILL BE ACCEPTED.  
PLEASE PAY BY PRE-PAID ACCOUNT OR CARD  
Meals only available as sit-down meal in  
Bistro and not available as take away.

Order to be placed by 16:00 prior day



EVERGREEN BROADACRES

# WHAT'S COOKING



EVERGREEN  
lifestyle  
broadacres

**Wednesday 01 September Social Dinner R75**

***Deconstructed Greek salad  
with herb bruschetta***

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***Main Course***

Swedish meat balls,  
ground beef and pork all spice infused,  
with cream sherry cranberry sauce  
served with buttery mash potatoes  
and steamed vegetables

Or

Chicken Chow Mein  
with Asian broccoli

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***Dessert R40***

Duo of lemon meringue  
and choc mousse tartlets  
with berry coulis

**PLEASE NOTE: NO CASH PAYMENTS WILL BE ACCEPTED.  
PLEASE PAY BY PRE-PAID ACCOUNT, CREDIT or DEBIT CARD**

**Please book at Reception on EXT 1200  
only between 08:00 and 17:00.  
Please book by 17:00 on Monday.**

## SEPTEMBER 2021

Date	Resident
2 <sup>nd</sup>	Kathy Mohlig
4th	David Rackley
5th	Henrietta Dobrowolski
6th	Joanna Schneider
7th	Sarah Knibbs
9th	Penelope Rabinowitz
9th	Maserie Seretlo
10 <sup>th</sup>	Derek Schuurman
11 <sup>th</sup>	Linda Brennan
12 <sup>th</sup>	Felicity Brandt
12 <sup>th</sup>	Edna Grenfell
13 <sup>th</sup>	Manfred Leitner
15 <sup>th</sup>	Heather Mutch
16th	Norma Stewart
19 <sup>th</sup>	Sue Hartley
21st	Helen Knowles
26th	Judy Stewart
	<b>ANNIVERSARIES:</b>
4 <sup>th</sup>	Graham & Aileen Langmead
9 <sup>th</sup>	Peter & Angela McMurray
11 <sup>th</sup>	Henry & Henrietta Dobrowolski
17th	Nello & Beryl Vercellotti
27th	Dick & Catherine Sheppard-Plasket

Conaratuations to you all!