

# 2-6 AUGUST 2021

Date	MENU
Monday Lunch 02 August	Beef and spinach lasagna served with side salad ** Home delivery R62.00
Tuesday Lunch 03 August	Chicken schnitzel with cheese sauce, parsley baby potatoes and roast pumpkin Home delivery R62.00
Wednesday Lunch 04 August	Meat loaf and gravy served with creamy mash potatoes, carrots and peas ** Home delivery R62.00
Thursday Lunch 05 August	Pork and mushroom casserole served with savoury rice and steamed broccoli Home delivery R62.00
Friday Lunch 06 August	Crisp battered or grilled hake and chips, served with tartar sauce, pea and apple salad, and garden side salad  Home delivery R77.00

PLEASE NOTE: NO CASH PAYMENTS WILL BE ACCEPTED.

PLEASE PAY BY PRE-PAID ACCOUNT, CREDIT or DEBIT CARD

\*Re-heating guide, set oven to 160 deg C and warm gently for 15-20min

## Wednesday 04 August Dinner@home R85

## Cream of mushroom soup served with continental bread roll

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### Main Course

Double crunch honey and garlic pork loin chop served with turmeric spiced rice and vegetable stir-fry

Or

Creamy tomato chicken breast with an herb and cheese crust, served on a bed of penne pasta with a Greek side salad

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## Dessert R40

Old fashioned vinegar pudding served with custard

Or

Lemon passion cheesecake with citrus compote and crème fraiche