

26 - 30 JULY 2021

Date	HOME DELIVERY MENU
Monday Lunch 26 July	Sweet n sticky BBQ roasted chicken drumsticks with cheese & pasta noodle salad, and beetroot salad Home delivery R62.00
Tuesday Lunch 27 July	Braised shin of beef with steamed rice, roast butternut and grean beans ** Home delivery R62.00
Wednesday Lunch 28 July	Chicken fricassee with buttered parsley noodles and glazed carrots ** Home delivery R62.00
Thursday Lunch 29 July	Pork bangers and mash with onion gravy, peas, and corn Home delivery R62.00
Friday Lunch 30 July	Crisp battered or grilled hake and chips, served with tartar sauce, carrot and pineapple salad, and garden side salad Home delivery R77.00

PLEASE NOTE: NO CASH PAYMENTS WILL BE ACCEPTED.
PLEASE PAY BY PRE-PAID ACCOUNT, CREDIT or DEBIT CARD
*Re-heating guide, set oven to 160 deg C and warm gently for 15-20min
PLEASE BOOK ON EXT 1209 by 16:00 prior day

Wednesday 28 July 2021 Dinner@Home R75

Winter Minestrone Soup, seasonal vegetables and bacon in a tomato-based broth finished with pasta and Parmesan crusted French bread

Main Course

Steak n kidney pie with rich gravy, parsley mash and roasted carrots

Or

Chicken and apricot curry in coconut milk with steamed rice and pawpaw & tomato sambal

Dessert R35

Apple & pear strudel with cinnamon custard and orange zest

Or

Crème caramel with seasonal fruits in ginger syrup