

What's Happening this week....

7-11 June 2021

Social Activities:

Monday 07 June 2021

10am Art Classes

9am Water Aerobics

10am Knit & Natter

5pm Snooker / Pool

Waterhole



Tuesday 08 June 2021

9am Therapeutic Exercise Classes
2.30pm Scrabble
5pm Snooker / Pool
Waterhole

Wednesday 09 June 2021

10am Art Class 5pm Social Dinner



Thursday 10 June 2021

2pm Bridge 3pm Petangue

Friday 11 June 2021

9.30am Line Dancing Class
9.30am Line Dancing – Main Class
10.30am Bible Study
12.30pm Fish & Chips Lunch
5pm Waterhole





7 - 11 JUNE 2021

Date	Standard Menu - R55.00	Premium Menu - R65.00
Monday 07 June	Chicken lasagne served with side salad *	Tuna pasta salad with blue cheese crumb, crisp bacon, crunchy croutons in honey and mustard dressing
Tuesday 08 June	Cottage pie served with carrots and peas *	Beef olives in rich tomato gravy, creamy mashed poatoes and fried cauliflower
Wednesday 09 June	Chicken schnitzel with buttered noodles, roasted peppers, and mushroom sauce *	Green Thai chicken curry with beans, potato and brinjals, served with basmati rice
Thursday 10 June	Pork stir-fry with cashew nuts, fried noodles, and Asian cabbage coleslaw	Baked potato with sour chive cream, topped with smoked salmon, served with side salad
Friday 11 June	Crisp battered or grilled hake and chips, served with tartar sauce, Waldorf salad, garden salad per table Bistro R70.00 Home delivery R77.00	Deep fried or grilled kingklip with chips and caper butter sauce – R120 Mussel and seafood pot, garlic aioli, served with chips R120 Grilled kingklip and six prawns served with chips, lemon butter, peri per and garlic butter – R180
Meals eaten or collected at Bistro R55.00, if delivered R62.00 or otherwise specified The R7.00 surcharge covers all packaging *Re-heating guide, set oven to 160 deg C and warm gently for 15- 20min Order to be placed by 16:00 prior day		

PLEASE NOTE: NO CASH PAYMENTS WILL BE ACCEPTED.
PLEASE PAY BY PRE-PAID ACCOUNT, CREDIT or DEBIT CARD

See you there!



Wednesday 09 June Social Dinner R75

Cream of mushroom and leek soup with garlicky herb croutons

Main Course

Sweet n sticky roast pork neck, with spiced potato wedges, fried cabbage and peas

Or

Grilled chicken fillet
in cream wholegrain mustard and cheese sauce,
with buttered mash potatoes,
broccoli and bacon

Dessert - R40

Sticky toffee pudding with custard or ice cream

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Please book at Reception EXT 1200 only between 08:00 and 17:00. Please book by 17:00 on Monday.

See you there!