

What's Happening Next week....

24 May - 28 May 2021

Social Activities:

Monday 24 May 2021

10am Art Classes 9am Water Aerobics 10am Knit & Natter 5pm Snooker / Pool Waterhole



Tuesday 25 May 2021

9am Therapeutic Exercise Classes 2.30pm Scrabble 4pm Residents 9th Annual Caucus 5pm Snooker / Pool Waterhole

Wednesday 26 May 2021 10am Art Class

5pm Social Dinner

Thursday 27 May 2021

2pm Bridge 3pm Petanque 6pm Movie Night

Friday 28 May 2021

9am Beginners Line Dancing Class 9.30am Line Dancing – Main Class 10.30am Bible Study 12.30pm Fish & Chips Lunch 2.30pm Bingo 5pm Waterhole



Due to Covid Vaccinations, Bingo has been postponed until next week... Come and join us for an afternoon filled with Bingo fun...

Friday 28th May 2 2.30pm



MAY 2021

Date	MENU
Monday Lunch 24 May	Feta stuffed Mediterranean meatballs in tomato and basil coulis with roasted vegetables and buttered couscous 🍁
Tuesday Lunch 25 May	Grilled BBQ chicken breast with parsley mash, cinnamon glazed butternut and sweet potato, served with mushroom sauce *
Wednesday Lunch 26 May	Bacon and mushroom quiche served with coleslaw and side salad
Thursday Lunch 27 May	Beef stroganoff served with steamed rice glazed carrots and peas
Friday Lunch 28 May	Crisp battered or grilled hake and chips, served with tartar sauce, Waldorf salad, garden salad per table Bistro R70.00 Home delivery R77.00 Deep fried or grilled kingklip with chips caper butter sauce – R120 Grilled kingklip and six prawns served with chips, lemon butter, peri per and garlic butter – R180 Surf n turf, beef sirloin kebab BBQ basted, six prawns with cream seafood and corn sauce, charred peppers, and broccoli in almono butter with chips – R180
PLEASE PA Meals eaten or collect	OTE: NO CASH PAYMENTS WILL BE ACCEPTED. Y BY PRE-PAID ACCOUNT, CREDIT or DEBIT CARD ed at Bistro R55.00, if delivered R62.00 or otherwise specified the R7.00 surcharge covers all packaging
	See you there!



Wednesday 26 May Social Dinner R75

Hearty lentil and vegetable soup served with crusty French bread

Main Course

Pork Slouvlaki with Tzatziki, saute potatoes with bacon, and green salad

Or

Moroccan chicken served with almond couscous and char-grilled Mediteranean style vegetables with balsamic and honey dressing

Dessert - R40

Tiramisu

See you there!