



# **What's Happening this week....**

**17 May – 21 May 2021**

# Social Activities:

## Monday 17 May 2021

10am Art Classes  
9am Water Aerobics  
10am Knit & Natter  
5pm Snooker / Pool  
Waterhole



## Tuesday 18 May 2021

9am Therapeutic Exercise Classes  
2.30pm Scrabble  
5pm Snooker / Pool  
Waterhole

## Wednesday 19 May 2021

10am Art Class  
5pm Social Dinner



## Thursday 20 May 2021

2pm Bridge  
3pm Petanque  
6pm Movie Night

## Friday 21 May 2021

9am Beginners Line Dancing Class  
9.30am Line Dancing - Main Class  
10.30am Bible Study





IT'S ALL FUN  
AND  
GAMES  
UNTIL SOMEONE  
Tells  
BINGO

Come and join us for an  
afternoon filled with *BINGO*  
Fun...

Friday 21<sup>st</sup> May @ 2.30pm

**17 - 21MAY 2021**

Date	MENU
Monday Lunch 17 May	Pork Stir-fry with nuts, sweet soy glaze and fried rice ❄️
Tuesday Lunch 18 May	Chicken a la king with rice, butternut and peas ❄️
Wednesday Lunch 19 May	Fisherman's pie with cheese potato crust, baby gems and fried cabbage ❄️
Thursday Lunch 20 May	Beef and spinach lasagne served with side salad ❄️
Friday Lunch 21 May	Crisp battered or grilled hake and chips, served with tartar sauce, coleslaw, garden salad per table Home delivery R77.00 <b>HOME DELIVERY ONLY DUE TO COVID VACCINATION TAKING PLACE IN THE LIFE STYLE CENTRE</b>

**PLEASE NOTE: NO CASH PAYMENTS WILL BE ACCEPTED.****PLEASE PAY BY PRE-PAID ACCOUNT, CREDIT or DEBIT CARD****Meals eaten or collected at Bistro R55.00, if delivered R62.00 or otherwise specified****The R7.00 surcharge covers all packaging****Please book your meal by 16:00 the day before.**



**Wednesday 19 May Social Dinner R85**

***Cream of butternut soup with cheese straws***

\*\*\*\*

***Main Course***

Beef bourgignon with mushrooms,  
bacon and baby onions  
served with parsley baby potatoes

Or

Chicken schnitzel with cheese sauce,  
parsley potatoes and  
buttered seasonal vegetables

***Dessert – R40***

Malva pudding and vanilla ice cream with toffee sauce

**Please book for this meal by 17:00 on Monday at reception  
with Tshwanelo on EXT 1200**