

Social Activities:

Monday 19 April 2021

10am Art Classes 10am Knit & Natter 5pm Snooker / Pool Waterhole



Tuesday 20 April 2021

9am Therapeutic Exercise Classes
2.30pm Scrabble
5pm Snooker / Pool
Waterhole



Wednesday 21 April 2021

10am Art Class 5pm Social Dinner

Thursday 22 April 2021

2pm Bridge 3pm Petanque 6pm Movie Night



Friday 23 April 2021

9am Beginners Line Dancing
10am Line Dancing
10.30am Bible Study
12.30pm Fish & Chips Lunch
Waterhole

Saturday 24 April 2021

5pm Street Braai





EVERGREEN LIFESTYLE PHOTOGRAPHIC COMPETITION 2021 - EMOTIONS

A photograph is a wonderful way of telling a story, your story. This year we are spreading positivity and we want you to show us that there is still beauty in this challenging time we are living in. The COVID-19 pandemic has introduced many restrictions into our daily lives and it's incredibly easy to focus on all the things we can no longer do or enjoy. While finding it within yourself to feel grateful may seem counter-intuitive, choosing to adopt an attitude of gratitude can actually help you deal with crises better. We want to see the world through your eyes. The people, objects, places, animals, and views that sparks the emotion in you. We're sure that you'll be able to capture many emotions – we want you to share that with us, and you can start sending them in from March 2021.

The purpose of **emotive photography** is to have the ability to express **emotion** to those who look at it, whether it is the same of different to the **photography** being displayed. Powerful imagery sends **emotional** messages even when no words are being expressed.

Here are 9 tips for capturing emotion in your portraits:

https://digital-photography-school.com/9-tips-capture-emotion-portraits/

MONTHLY THEMES 2020:

March: Happiness
 June: Fun
 September: Companionship

April: Love
 July: Smiles
 October: Safety

As with last year, the two most important rules are that it must be your own photos, and you can only submit one photograph per month. Each month's entries close at midnight on the last day of that month. With every entry, please *include your name*, *village*, *and a caption*.

Please send your entries to photos@evergreenlifestyle.co.za

Winners will be announced in December 2021.

Happy snapping!

The Evergreen team





Evergreen Street braai

STREET BRAAI TO BE HELD AT 5PM ON SATURDAY 24 APRIL 2021

A bring and braai will be held on 24 April on the patio and lawn in front of the clubhouse main entrance.

Many new residents have arrived since we held our last braai in September 2019. Braai fires, tables and chairs are provided but you are required to bring your own meat, salads, drinks, etc. You are also required to bring your own table cloths, cutlery, crockery and glassware. A large pot of Hennie's famous "pap en sous" will also be provided.

We have the gas braai and one other small charcoal braai available. They will not be sufficient so anyone who is willing to lend their Braai equipment for this occasion should please advise Hennie at 1072 or hennie@leobeck.co.za.

Everyone is invited to attend, but booking is required to ensure that we have the tables necessary to accommodate everyone. If you would like to attend, please book with reception (tshwanelom@evergreenlifestyle.co.za) before 5 pm on Friday 16 April so that we may plan accordingly.

For more information contact Laurraine Lotter EXT 1077





April 2021

Date	MENU
Monday 19 April	Fishermans pie with buttered gem squash and peas
Tuesday Lunch 20 April	BBQ cheese burger with side salad and chips
Wednesday Lunch 21 April	Beef Stroganoff with buttered pasta and glazed carrots *
Thursday Lunch 22 April	BBQ Chicken pieces with corn and tomato salad, sweet potato wedges, tomato and basil coulis
Friday Lunch 23 April	Crisp battered or grilled hake and chips, served with tartar sauce, butternut and pineapple coleslaw, garden salad per table
	Bistro R70.00
	Home delivery R77.00

PLEASE NOTE: NO CASH PAYMENTS WILL BE ACCEPTED.
PLEASE PAY BY PRE-PAID ACCOUNT, CREDIT or DEBIT CARD
Meals eaten or collected at Bistro R55.00, if delivered R62.00 or otherwise specified
The R7.00 surcharge covers all packaging

See you there!



Wednesday 21 April Social Dinner R75

Chef's salad platter on the table

Main Course

Cape Malay chicken curry
Yellow raisin rice
Tomato sambal, yoghurt, coconut, chutney

Or

Beef and onion pie Roast vegetables Creamy mash potatoes

Dessert – R35
Eaton mess with strawberry ice cream