

What's Happening Next Week

29 March – 4 April 2021

Social Activities:

Monday 29 March 2021

10am Art Classes 10am Knit & Natter 5pm Snooker / Pool

Tuesday 30 March 2021

2.30pm Scrabble 5pm Snooker / Pool

Wednesday 31 March 2021

10am Art Class 5pm Social Dinner



Thursday 1 April 2021

3,00PM Petanque



Friday 2 April 2021

Good Friday

9am Beginners Line Dancing 10am Line Dancing 12;30pm Fish & Chips Lunch

Sunday 4 April 2021

Easter Sunday

12,00 pm Easter Day Lunch



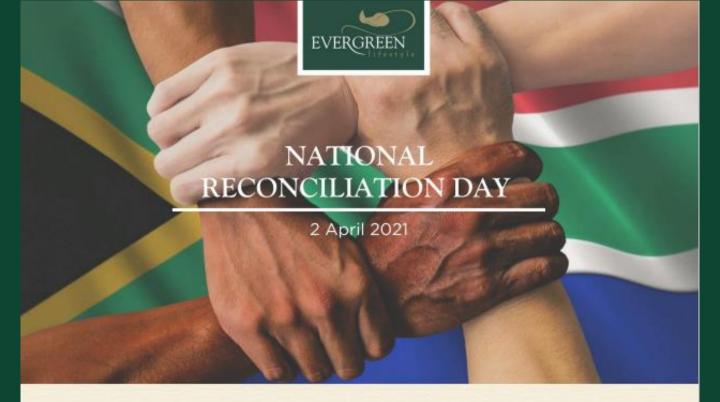


NATIONAL PEANUT BUTTER AND JELLY DAY

On April 2nd each year, National Peanut Butter and Jelly Day celebrates a classic food favourite. The average American will have eaten over 2000 peanut butter and jelly sandwiches by the time they graduate from high school.

Peanut butter was considered a delicacy in the early 1900s and was only served in New York City's finest tea rooms. In a May 1896 article published in the Good Housekeeping magazine, a recipe "urged homemakers to use a meat grinder to make peanut butter and spread the result on bread." That same year, in June, the culinary magazine Table Talk, published a "peanut butter sandwich recipe."

It is thought that Julia Davis Chandler issued the first reference to peanut butter (or paste) paired with jelly on bread in the United States in 1901. Her article is found in the Boston Cooking School Magazine of Culinary Science and Domestic Economics. In the late 1920s, the price of peanut butter declined, and the sandwich became very popular with children.



NATIONAL RECONCILIATION DAY

National Reconciliation Day on April 2nd each year urges us to repair relationships that have been damaged through words or actions. While many different "Days of Reconciliation" are held around the world, this specific observance takes place on April 2nd.

We all know of a relationship where a misunderstanding caused friction. Eventually or suddenly the relationship was destroyed. Time passes and before long, years pass and not two words have been spoken between the two people. They may be siblings or parent and child. Childhood friendships dissolve in an instant over angry words. Friends often immediately regret the cause of the quarrel but don't know how to start over.

Over time, feelings of resentment, bitterness, and anger cause more than the loss of friendship. These feelings add to health problems and also infect other relationships in our lives.

The act of reconciliation requires some giving to achieve a peaceful balance. Someone must make the first move to break down the barriers that have been built. And while forgiveness may be a part of the conversation, it isn't necessarily a requirement.

HOW TO OBSERVE - National Reconciliation Day

This day is designed to patch up relationships. Misunderstandings, unintended words or actions and simply an unforgiven mistake can tear apart relationships. The day encourages us to take that step and make amends. It's not too late. Reach out to that friend or loved one and make a fresh start.



NATIONAL HANDMADE DAY

National Handmade Day on the first Saturday in April recognizes all those who put forth their creative talents into gifts warming the heart and leaving us awed.

Whether it's baked goods, beauty products or woodcraft, quilts, toys, or artwork, those who create handmade gifts do so with an eye toward craftsmanship. Some carry on traditions from one generation to the next, and others transfer skills learned in a trade, making it an art form. From artisans to craftsmen, tinkerers, and those with eclectic style who create beautiful, functional works of art and scrumptious delights, each shares a bit of their passion.

For anyone who has ever received a handmade gift, we delight in these one-of-a-kind treasures. We savour baked goods, bath, and skin products, and we can't wait for more. Pottery, jewellery, and other designs become heirlooms, handed down from generation to generation, gathering history wherever they go. We marvel at each stitch in a guilt or notch in a carving, the care taken to make just the right cut, or to pair scents or colours. Custom pieces carry even more meaning.



From inspiration to finished piece, those who have a passion for handmade crafts delight in their projects. It brings pleasure to their lives, and they enjoy bringing them to you.



March 2021

Date	MENU
Monday Lunch 29 March	Braised beef with onions and mushrooms served with cream potatoes and roast carrots
Tuesday 30 March	Beef Lasagne with side salad
Wednesday Lunch 31 <mark>Marc</mark> h	Pork BBQ Kebabs on savoury rice served with coleslaw *
Thursday Lunch 01 March	Chicken schnitzel with cheese sauce and mashed potatoes, served with cream spinach
Friday Lunch 02 March	Crisp battered or grilled hake and chips, served with and tartar sauce, carrot and pineapple salad
	Bistro R70.00
	Home delivery R77.00

PLEASE NOTE: NO CASH PAYMENTS WILL BE ACCEPTED.
PLEASE PAY BY PRE-PAID ACCOUNT, CREDIT or DEBIT CARD
Meals eaten or collected at Bistro R55.00, if delivered R62.00 or otherwise specified
The R7.00 surcharge covers all packaging

See you there!



Wednesday 31st March Social Dinner R75

Starter

Platter of Mediterranean roasted vegetable salad per table

Mains

Chicken and mushroom pie with gravy, served with parsley mash and peas

Or

Cape bobotie with yellow raisin rice, served with sambals

Dessert - R35

Strawberry Ice Cream, meringues and berry compote

Please book by Monday at 16:00 with Tswanelo at reception on EXT 1200

See you there!





Starter Platter per table

Pickled fish with red cabbage and apple slaw Chicken liver pate with herb crostini

Main Course

Roast leg of lamb with mint sauce
Honey and rosemary jus
Chicken curry with sambals
Roast potatoes
Roast butternut with cinnamon and orange
Beans with onion
Savoury rice
Green garden salad

Dessert

Baked Chocolate and marshmallow pudding with chocolate ganache served with ice cream

R145.00pp

Book by Tuesday 30 March 2021 at 16:00 With Tshwanelo at reception EXT 1200 Please prepay by 1 April 2021 at the Bistro