



JANUARY 2021

WEEK: 18 TO 22 JANUARY 2021

MONDAY
18 JANUARY

Beef curry served with Coconut rice and tomato and onion sambal. ❄️

TUESDAY
19 JANUARY

Beef kofta with cumin spiced tomato sauce, couscous and chickpea salad with tomato, feta and olives. ❄️

WEDNESDAY
20 JANUARY

Fish goujons with ranch dressing, Butternut, potato salad and pineapple slaw

THURSDAY
21 JANUARY

Chicken and mushroom lasagne served with side salad. ❄️

FRIDAY
22 JANUARY

Deep fried hake and chips, served with tartar sauce, red cabbage and apple slaw with garden salad. - R65.00

OR

Grilled kingklip with lemon butter sauce, served on a bed of sautéed potatoes, red cabbage and apple slaw with garden salad – R105.00

Meal of the Day – R48.00 if taken in the bistro.
R55.00 if delivered as take away meal.

Kindly book your Lunch by 16h30 for the following day
on Ext 1209

PLEASE NOTE NO CASH PAYMENTS WILL BE ACCEPTED.
PLEASE PAY BY PRE-PAID ACCOUNT, CREDIT OR DEBIT CARD



WEDNESDAY
20 JANUARY
TAKE AWAY
DINNER

Steak and kidney Ale Pie, served with
parmesan mash, roast root
vegetables

OR

Creamy mushroom rolled turkey breast
with broccoli, bacon and sauteed
potatoes.

R75.00

DESSERT

Apple, blueberry and oatmeal crumble
Served with cinnamon custard.

R30.00