



DAY 29

24 APRIL 2020

Stay at home!

Stay safe!

Stay on top of your game with these brain teasers!



Prieshka Taylor



Laura Clarence



Ronell Bowditch



Francois Van Niekerk



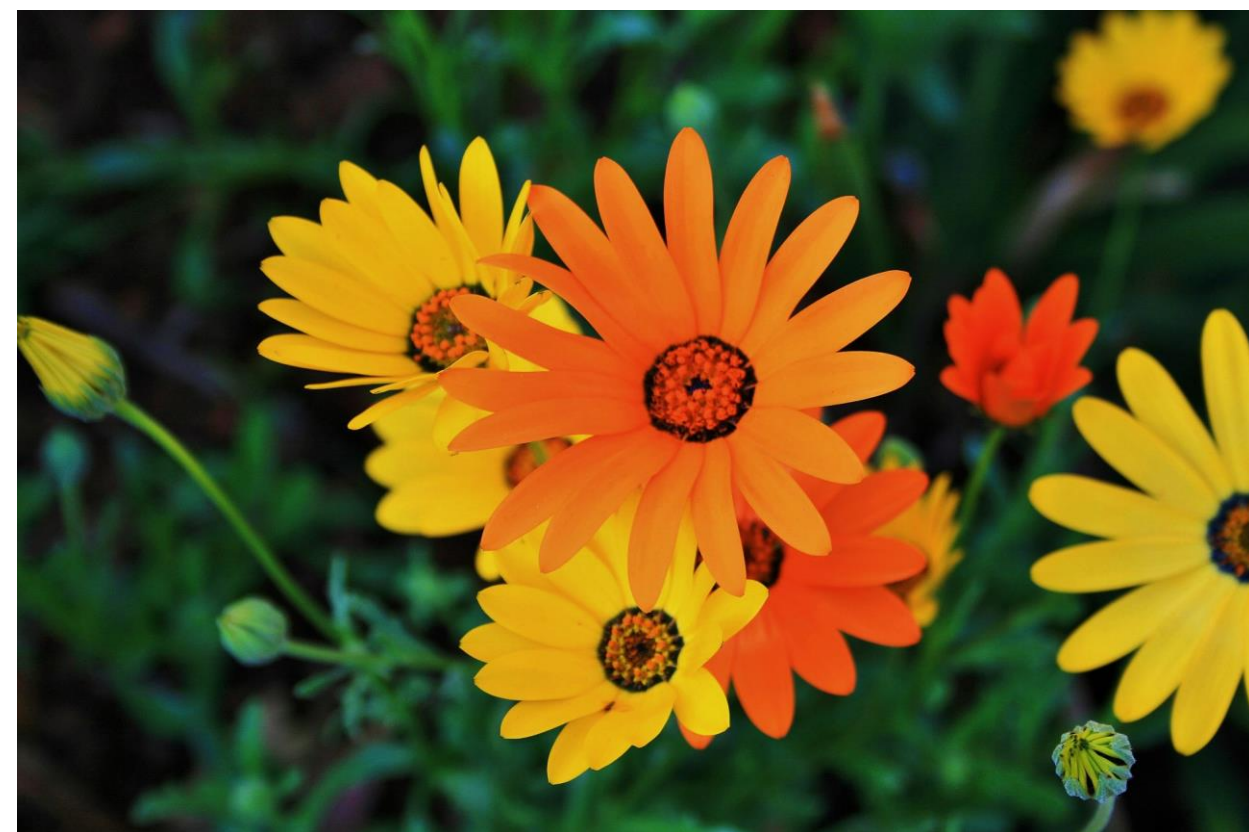
Arthur Case

MEET OUR EVERGREEN VOLENTEERS

Many of you would have received regular phone calls from our Volunteers to check on your well being during this Lock down period. Now you can put a face to a name.

NOW IS THE TIME TO PLANT YOUR NAMAQUALAND DAISIES:

We have a box full of seeds at the club house that we harvested last year. Should you want some, please contact us and we will gladly drop some off at your house.



THE CHALLENGE HAS BEEN SET!!! EVERGREEN BROAD ACRES!!!!



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@EvergreenLifestyles

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Write a comment...



Evergreen Lifestyle added 66 new photos to the album:



ShavefortheBrave.

April 21 at 4:34 PM · 🌐

The #ShavefortheBrave campaign is a sincere effort on the part of Evergreen Lifestyle, supported by Amdec Group and its staff to show solidarity with frontline workers and their families around the world, who risk their lives so that we remain safe at home under lockdown. When lockdown ends their bravery and service will not, as they will remain at the front-end of the fight against the Covid-19 pandemic. Our campaign is to thank all medical and emergency service workers as well as pharmacists, scientists, farmers, logistics and retail staff as well as the staff in hospitals, the police service and the military. We salute their service and their bravery in a pandemic that is taking lives daily.

We encourage everyone who benefits from their unselfish actions to #ShavefortheBrave

Let's show Cape Town
How it's done in JHB.

Clippers will be
Brought in tomorrow
And we will try to
Find green food colour
Or paint..... Groen
Mamba.... What ever it
takes!

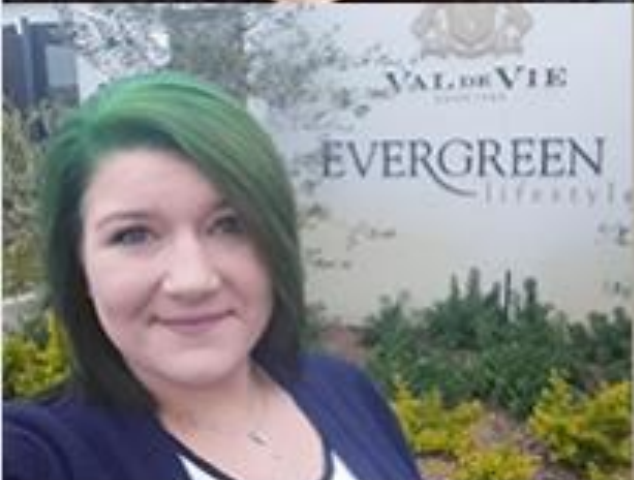


EVERGREEN
lifestyle

SHAVE FOR THE BRAVE

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SHAVE FOR THE BRAVE

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Photos from Evergreen Lifestyle's post

in Mobile Uploads



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Evergreen Lifestyle

- April 7 · 🌐



Our Evergreen Health team - all day everyday - provide quality healthcare to our residents. Continuous Care is a promise we deliver on. Today on #worldhealthday we pay homage to our colleagues who are working around the clock during this lockdown period keeping our residents safe and healthy.
#worldhealthday2020
#EvergreenHealth
#continuouscare
#partnershipforlife

👍❤️ 689

29 Comments
51 Shares

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 **Nuraan Jacobs** God bless you all "ameen"


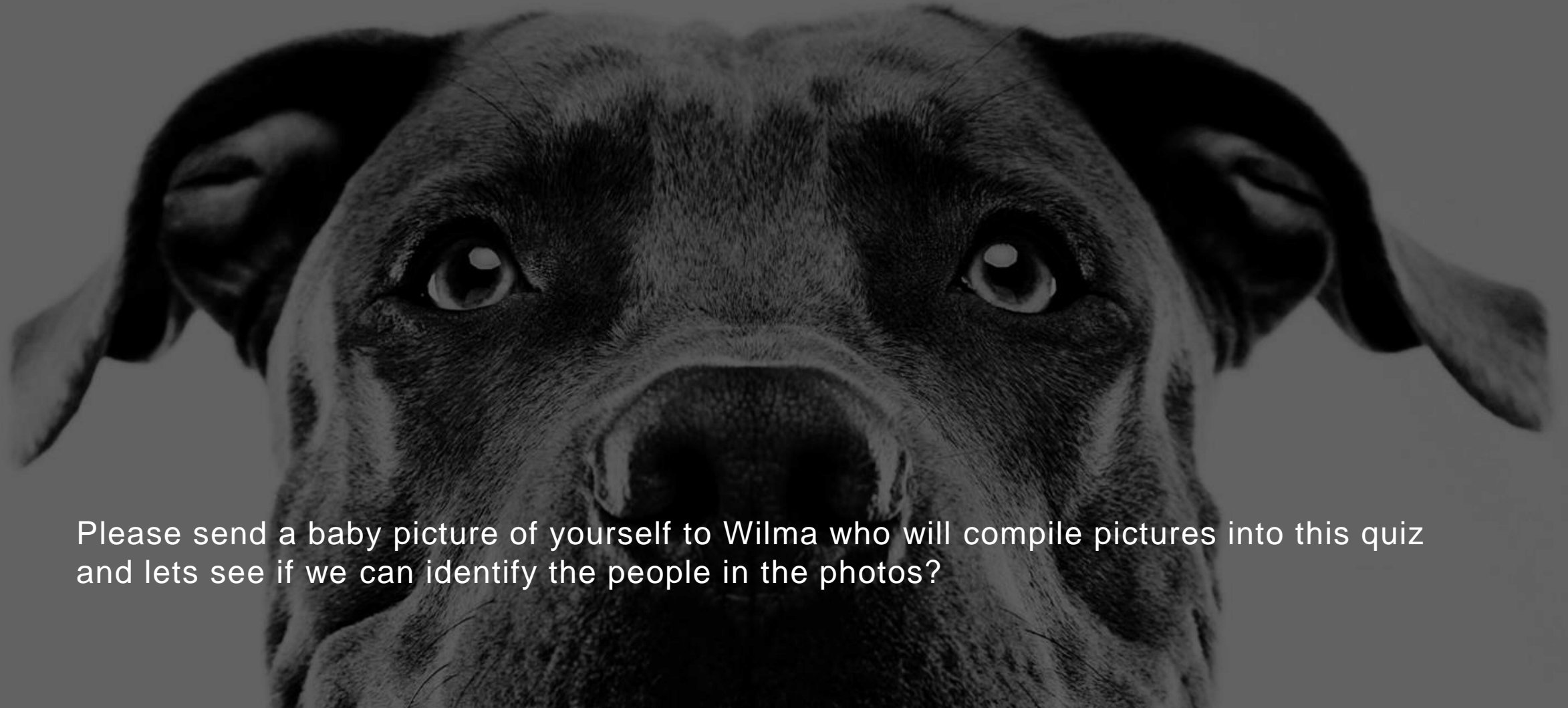
 Write a comment... 😊 GIF 🗨️

PHOTO QUIZ FUN



Please send a baby picture of yourself to Wilma who will compile pictures into this quiz and lets see if we can identify the people in the photos?

MADAM & EVE

by Stephen Francis & Rico



CRIME IN THE TIME OF COVID-19

HOLD IT! THIS IS A SOCIAL DISTANCING MUGGING! DROP YOUR WALLET ON THE GROUND AND KICK IT OVER TO ME!



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LAW ENFORCEMENT IN THE TIME OF COVID-19

FREEZE! THIS IS A SOCIAL DISTANCING ARREST! PUT ON THESE HAND-CUFFS AND GET INTO THE POLICE VAN!



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MADAM & EVE

by Stephen Francis & Rico



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by Stephen Francis & Rico

NURSERY RHYMES FOR LOCKDOWN TIMES:
"EENSY WEENSY SPIDER"

EENSY WEENSY SPIDER WENT UP THE WATER SPOUT.

DOWN CAME THE RAIN AND WASHED THE SPIDER OUT.

OUT CAME THE SUN AND DRIED UP ALL THE RAIN.



AND THE EENSY WEENSY SPIDER WENT UP THE SPOUT AGAIN.

UNBELIEVABLE! I'M SO BORED, I'M STARING AT A SPIDER CRAWLING UP A SPOUT ALL DAY!!

MOM!

@RAPID PHASE - 2020

by Stephen Francis & Rico

NURSERY RHYMES FOR LOCKDOWN TIMES:
"JACK AND JILL"

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JACK AND JILL WENT UP THE HILL TO FETCH ESSENTIAL WATER.



THE COPS WERE THERE, THEY GRABBED JACK'S HAIR...



... AND NOW THEY'RE IN INTENSIVE CARE.

GET WELL SOON, JACK & JILL.

THE END

PRESIDENT RAMAPHOSA
HAS PLACED
COMMUNICATIONS
MINISTER STELLA
NDABENI-ABRAHAMS
ON SPECIAL LEAVE
FOR TWO MONTHS...

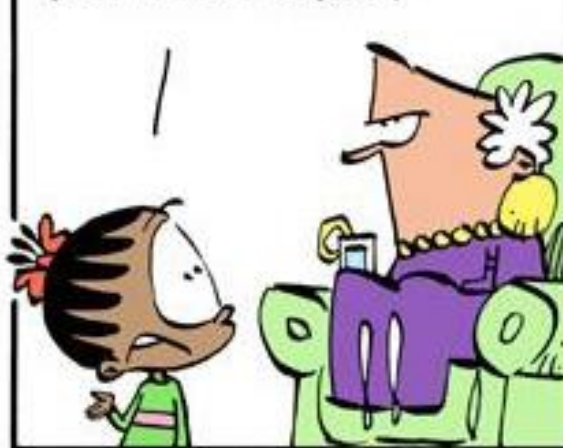


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... ONE MONTH OF
WHICH WILL BE UNPAID...
FOR BREAKING
COVID-19 LOCKDOWN
REGULATIONS.



SEE?
YOU ALWAYS
SAY THERE'S
"NO JUSTICE!"
...WHAT DO
YOU CALL THAT?



"ACCOUNTABILITY
LITE."



MADAM & EVE

by Stephen Francis & Rico



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by Stephen Francis & Rico



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MADAM & EVE'S
NURSERY RHYMES FOR
LOCKDOWN TIMES:
"MARY HAD A LITTLE LAMB"

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MARY HAD A LITTLE
LAMB
IT'S FLEECE WAS
WHITE AS SNOW
AND EVERYWHERE THAT
MARY WENT...

by Stephen Francis & Rico

WHAT DO
YOU THINK,
MOM? THE
BLUE OR
THE PINK
ONE?

I'D GO
WITH
THE
PINK.
...AND
HURRY
UP!

WHAT'S
GOING
ON?

IT'S "TAKING
OUT THE
DUSTBINS
DAY!"
THEY'RE SO
EXCITED TO
GET OUT OF
THE HOUSE...

THE LAMB WAS SURE
TO GO ...

INCLUDING THE PARK, WHERE
THEY WERE IMMEDIATELY
ARRESTED FOR BREAKING
LOCKDOWN REGULATIONS.

...PLUS THEY GOT A
HUGE FINE.
THE END

WHAT?

...THEY CAN'T DECIDE
WHAT TO WEAR!

WHY? THEY
WEAR THE
SAME
THING
EVERY DAY
ANYWAY.

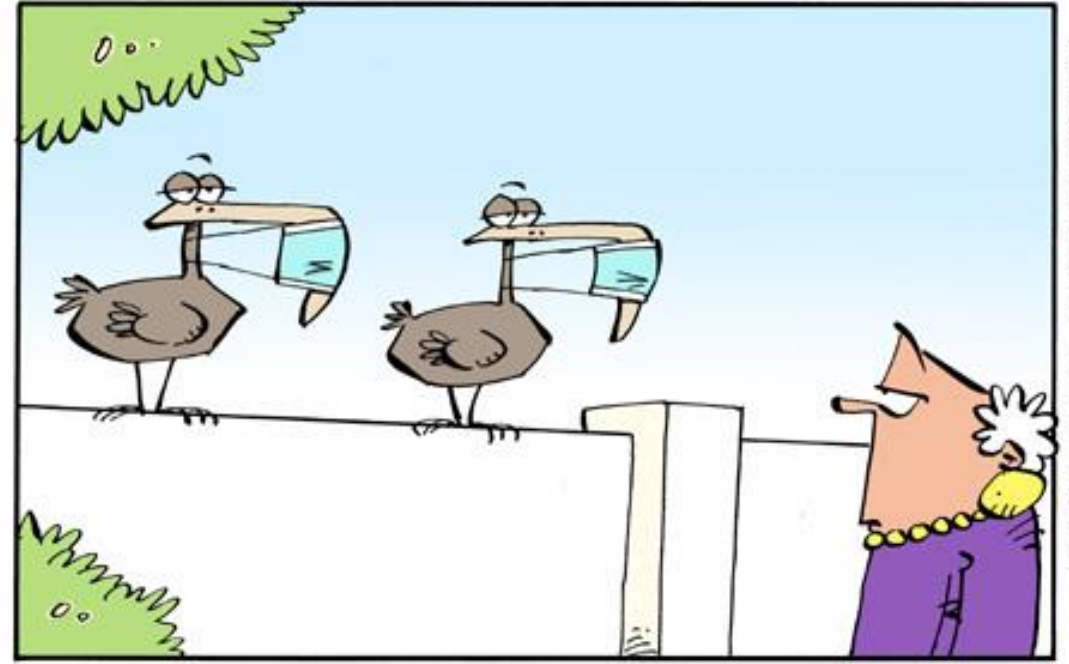
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NICE DRESS.
YOU TOO.



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by Stephen Francis & Rico



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MADAM & EVE





WEEKLY LUNCH

27April 2020 -03 MAY 2020

**CONFIRM BOOKINGS BY 09H00 ON RESPECTIVE DAYS
AT THE BISTRO EXT 1209**

MONDAY 27 April 2020 - R48

Beef stew, yellow rice and creamed spinach

TUESDAY 28 April 2020 - R48

Chicken schnitzel with cheese sauce and Potato wedges

WEDNESDAY 29 April 2020 – R48

Pork meat balls served with Pasta Mayo salad and
Grated carrot salad

THURSDAY 30 April 2020 - R48

Beef Mince Curry served with rice and banana salad

FRIDAY 01 May 2020 - R48

Fried fish, chips and mix vegetables

SATURDAY 02 May 2020 - R48

Bobotie served with parsley rice and green beans

SUNDAY 03 May 2020 - R76

Roast pork neck, roast potato, butternut, creamed broccoli & cauliflower
Custard, fruit and jelly

SAA and Eskom watching ... Where did that money come from?

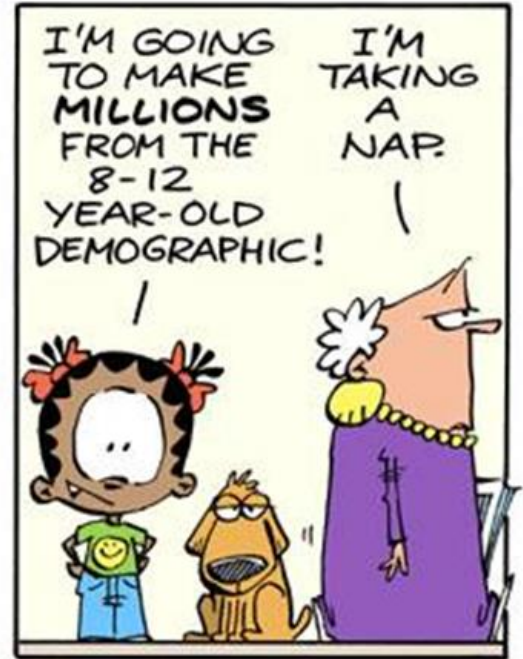


Just having a drink with my quarantine friends.



MADAM & EVE

by Stephen Francis & Rico



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I hope they give us a two week notice before sending us back into the world. I think we all need time to become ourselves again. And by "ourselves" I mean lose 10 pounds, cut our hair and get used to not drinking at 9 am.

Take — Cover

Using a cloth mask in public? Wash it with soap and water (no chemicals) as soon as you get home, then iron or dry in the sun.

Walk the — **Talk**

If you've left the house for food or medical supplies, leave your shoes outside when you get back and change into clean clothes immediately.

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Support — On call

Need help during the COVID-19 crisis? Call the toll-free call centre on 0800 029 999 or the clinician's hotline on 082 883 9920.



WHEN PEOPLE WITHOUT KIDS SAY "AREN'T YOU JUST LOVING ALL THIS NEW FOUND FREE TIME?!"



Birthdays - April 2020

- 2nd André Oosthuizen (86)
- 4th Sheila Schulkins (79)
- 4th Sheila Schulkins (79)
- 5th Vince Boswell (73)
- 6th Maureen Slogrove (70)
- 7th Chris Brennan (81)
- 9th Catherine Plaskett (82)
- 11th Maureen Privett (74)
- 13th Sally Branson (83)
- 14th Kiloran Townsend (64)
- 15th Heather Morgan (73)
- 16th Henry Dobrowolski (70)
- 19th Ernie Mutch (74)
- 20th Robin Slogrove (77)
- 21st Dick Townsend (81)
- 24th Cyril Rabinowitz (82)
- 27th Viv Pike (85)
- 30th Gunther Wrogemann (87)

Anniversaries - April 2020

- 4th Brian & Patricia Morgan (1992)
- 5th David & Patti Bromfield (1975)
- 11th Taffy & Elizabeth Davies (1970)
- 13th Dick & Kiloran Townsend (1983)
- 19th Vince & Gloria Boswell (1996)
- 29th James & Margo Goodwin (1967)
- 30th Robin & Maureen Slogrove (2005)