

RESIDENT COMMUNICATION:

We encourage grocery and household goods shopping of the basic household items to last for the current lockdown stage in order to limit regular contact with products coming off supermarket shelves. Fruit and veg and dairy products and other fresh produce will have to be ordered more regularly. We have committed to assist our residents with the handling of such orders and assistance with the delivery of online shopping or other avenues as per the arrangements at each village and within specific times. A no visitors' approach in all villages has been implemented, so family wishing to drop off food parcels will have to liaise with village staff to make arrangements

What to do when you receive your groceries

- Wash your hands with soap and water frequently for 20 seconds and especially before and after handling shopping supplies.
- Wipe out grocery and fridge shelves with household detergent or thick bleach before packing groceries in.
- Clean all kitchen surfaces before unpacking and afterwards.
- Wipe down plastic and waterproof non-porous packaging with products such as antibacterial dishwashing liquid or thick bleach or bleach [for example: thick plastic food covers, tinned/aluminum containers, long life milk boxes, glass coffee bottles, spice bottles, spread bottles, plastic cleaning agent bottles, plastic bags of rice, etc.]
- Wash all fruit and vegetables with water. Lemon juice or vinegar or 2.5m of bleach can also be added to the rinsing water [4 liters].
- Freeze meat immediately.
- Consider buying frozen veg or pre-packed fruit and vegetables that are pre-washed.
- Don't forget to sanitize sinks, cutting boards and any kitchen sponges or brushes.
- Dispose of the shopping bags from the supermarket.
- Dispose of as much of the packaging as possible e.g. cardboard boxes-discard the outer box and keep the inner plastic bag of e.g. cereals, long life salads such as beetroot.
- Disposal of these packaging items should be in the outside bin.

Yours faithfully



Wilma Swart
Village Manager