

COVID 19 VIRUS, LOCKDOWN and SELF ISOLATING

These new words that have entered into our vocabulary in only the last 3 weeks!

A lot has been said about this pandemic.

It would be nice to say it would be all over in 21 days?

Let's ALL apply a bit of common sense to the problem, if we ALL adhered to the quarantine restrictions then we will definitely get back to normality quickly.

Those people who seem to think that the norm does not apply to them, have lost it somewhere.

Cheers and Stay Safe Chris

FROM CHAIRMAN HENNIE

March 2020.

Dear fellow residents,

As I write this we're on our second day of lockdown.

The first day wasn't at all bad. Marion and I started the day with a Zoom gathering with our two daughters, one in NZ, and the other in Dainfern and their families and what fun that was! We also tried a new fish recipe that turned out to be delicious. I doubt we'd have tried either of those if we weren't in lockdown. So it's not all bad. If the rest of the lockdown is going to continue like that, well, I believe we'll survive!

Stop press: and I see from the Chat group that quite a few of you have also had fun with this technology! So I say again, it's not all bad!

There was a great deal of unhappiness around the village on day one because of the restrictions imposed by management on walking, and earlier on access to the clubhouse, library, and gym. My initial reaction was also that management was being unreasonable, but when, in response to all the complaints I had received, I sat down to compose a letter arguing for some relief, I found that I couldn't find any valid arguments to present.

Yes, there were some good arguments presented but weighed against the risk of this terrible disease entering and spreading around the village, they paled into insignificance. As members of the Covid 19 action committee have said, this is an invisible enemy. For all we know, and heaven forbid that is the case, any one of us can already be infected. All that person needs to do is touch the fence around the pond or a handrail anywhere in the village to infect that surface. Anybody else touching that same surface in the next few hours could then be infected and so the disease would spread.

As we go shopping in the weeks ahead, any one of us could touch an infected surface and bring the infection into the village. So as frustrating as all the restrictions may be, they are all for the benefit of our good health and ultimately perhaps our very lives!

Your ResCom didn't meet as scheduled on 12 March. Instead, we're holding a 'virtual' meeting. I started the process by going through the minutes of the previous meeting, the project reports, and Wilma's report and recording my reactions and raising questions in the minutes of our 'virtual' meeting. Those minutes are now doing the rounds amongst all the members of ResCom for their input, and once it's done the rounds, the meeting and minutes will be finalised. Our April meeting will also be a 'virtual' meeting.

John Parrott tendered his resignation as leader of the Finance portfolio in that 'virtual' meeting. John joined ResCom in August last year and served us with distinction. He resigned for personal reasons and we accepted his resignation with regret. Thank you, John, you did a great job for us and we'll miss you, and the wry comments you dropped from time to time!

We welcome Jim Goodwin from Unit 129. He put up his hand and has been coopted onto ResCom as the Finance portfolio leader.

Wilma,

I compliment you on your decisive action to endeavour to protect us oldies from this dreadful disease.

At our ages we are all vulnerable and I for one thank you for your leadership.

Graham Langmead



The SA Police Service (SAPS) has clarified that South Africans citizens will not be allowed to take walks themselves, walk with their dogs or go jogging even if they live in closed estates or complexes and confine their movements to these areas.

Many middle- to upper-class South Africans live in sectional title estates, from apartment buildings with gardens around them to golf estates and other estates.

In the first few days of lockdown, most body corporates had told their residents that they would be allowed to move freely within these privately owned areas, provided they observed social distancing.

Reports had previously suggested government had banned only jogging and dog walking on public streets, but that these activities could still continue within private estates and complexes.

That now appears to be a thing of the past.

The police said in a statement: "Following several enquiries about residents being able to walk or jog within their security estates/complexes, the regulations also apply to people living within estates/complexes meaning NO walking, jogging or walking of pets within closed estates/complexes is allowed.

We have got a bit of time on our hands, what about trying some of these recipes from some of our crafting ladies?

Banana Loaf from Lynn Turner Ext 1004

1 cup sugar

2 teaspoons baking powder

3 ripe bananas

112g margarine

2 cups flour

Vanilla essence

2 eggs

3/4 teaspoon bicarb

A little milk

Cream sugar & margarine. Add to well beaten eggs. Add flour. Mash bananas & add to mixture. Add a little essence, bicarb & baking powder. Add a little milk if needed.

Bake at 180 deg.C for 3/4 to 1 hour

Marilyns Scones (only 3 ingredients) Ext 1065

1 tin of Sprite (NOT sugar free)

3 cups Self raising flour

250 mls Cream

Mix all together . (it's a wet, sticky mixture) Spoon it into a muffin pan .. makes 12 scones . Cook for about 30 mins until brown in 180 degrees

Coconut Slice from Loraine Phillips Ext 1130

1 cup SR flour

3/4 cup caster sugar

1 cup coconut

Pinch salt

1/2 cup milk

2 eggs

1 x Teaspoon vanilla

125gr melted butter

Mix first 4 thoroughly. In another bowl mix the rest of the ingredients and then add to the dry lot.

Bake in a greased (spray n cook) tray. 25 to 30 mins.

ICING

1 1/2 cups icing sugar

1 tablespoon butter

2 tablespoons boiling water

Pour over cake then sprinkle some coconut on top.

These can also be baked as muffins.

Apologies to Sue Stirton for not including her in the Five Cooks last month
That should have been Six Cooks

March 2020 - Rainfall Report

Our Summer rains are tailing off now, and, as the table shows, continues the erratic pattern of previous years. We can hopefully still expect the last hurrah in April.

Work on the implementation of the borehole irrigation system is yielding the expected results. We await with interest to see the impact on our Municipal water usage.

Please remember the drive to conserve water remains a national imperative.

Rainfall in mm for 2019/2020

Apr 2019	108.9
May 2019	3.0
Jun 2019	0.0
Jul 2019	0.0
Aug 2019	0.0
Sep 2019	3.5
Oct 2019	4.0
Nov 2019	153.7
Dec 2019	230.5
Jan 2020	79.5
Feb 2020	145.2
Mar 2020	81.1
12 Months	809.4

Rainfall in March over the years

2013	28.0
2014	210.3
2015	83.1
2016	251.4
2017	16.8
2018	184.0
2019	14.8

Average for March since 2013 is
108.7mm

Tae a Virus

Author currently unknown.

Twa months ago, we didna ken,
yer name or ocht about ye;
But lots of things have changed since then,
I really must salute ye.

Yer spreading rate is quite intense,
Yer feeding like a gannet;
Disruption caused, is so immense,
Ye've shaken oor wee planet.

Corona used tae be a beer,
They garnished it wae limes;
But noo it's filled us a' wae fear,
These days are scary times.

Nae shakin hawns, or peckin lips,
It's whit they a' advise;
But scrub them weel, richt tae the tips,
That's how we'll a' survive.

Just stay inside, the hoose, ye bide,
Nae sneakin' oot for strolls;
Just check the lavvy every hoor,
And stock-take your loo rolls.

Our holidays have been pit aff,
Noo that's the Jet2 patter;
Pit oan yer thermals, have a laugh,
And paddle ' doon the waater. '

Canary isles, no for a while,
Nae need for suntan cream;
And a' because o' this wee bug,
We ken tae be..19.

The boredom surely will set in,
But have a read, or doodle;
Or plan yer menu for the month,
Wi' 95 pot noodles.

When these run oot, just look about,
A change, it would be nice;
We've beans and pasta by the ton,
And twenty stane o rice.

So dinny think yell wipe us oot,
Aye true, a few have died;
Bubonic, bird flu, and Tb
They came, they left, they tried.

Ye might be gallus noo ma freen,
As ye jump fae cup tae cup;
But when we get oor vaccine made,
Yer number will be up

Have we got what you want??

Hello Chris,

We have an almost un-used Nokia 1 smartphone going for a song at R400 o.n.o.

We bought it about a while ago for Marion. We both know Samsung phones and had difficulties operating it. Difficult for us, but a doddle we're sure for a grandchild looking for an entry-level phone

Thank you,

Hennie. Ext 1072



*Say a little prayer for all the
nurses, doctors and all health
care industry. They need all the
help they can get*

*Social Distancing Evergreen Broadacres Style
(I just hope their wine lasts long enough ?)*

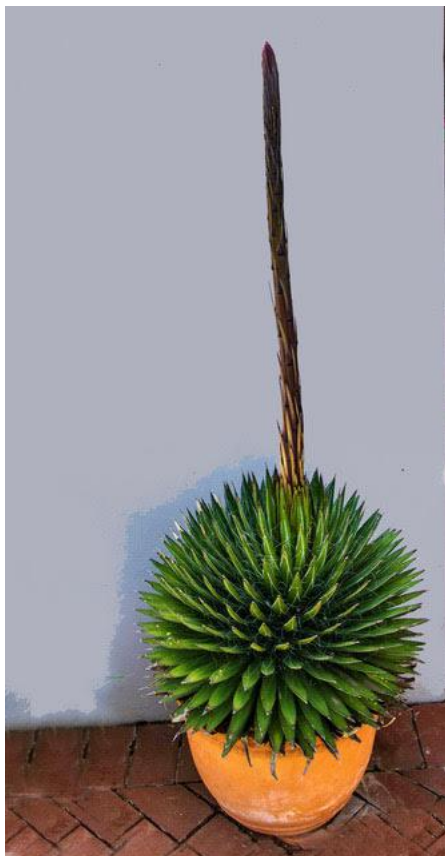


Chris and Tess at No 68 had something strange growing in their pot!
Our intrepid photographer went to investigate (pre lockdown)

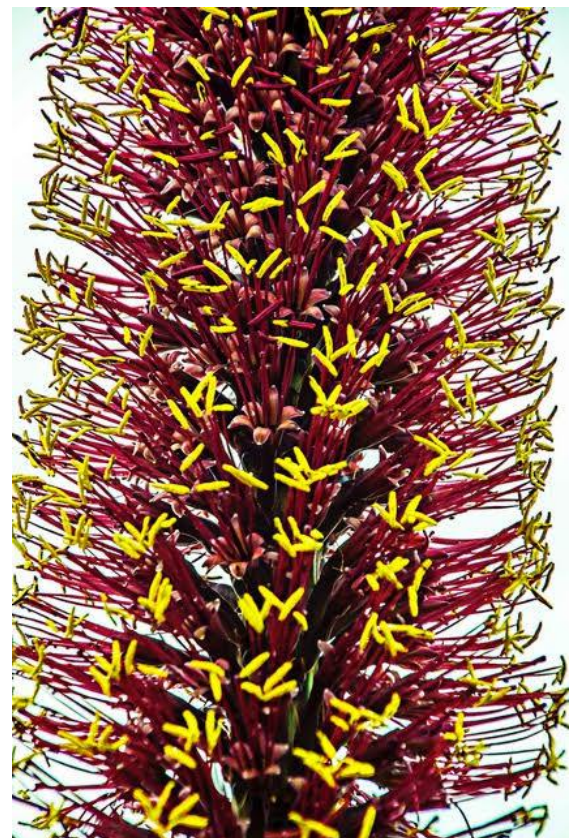
Details of the plant are as follows

Genus: Agavaceae
Family: Century Plant
Species: *Agave filifera*
Origin / Native to; Central Mexico
Flower stalks up to 3,5 metres

It has gained the Royal Horticultural Society of Garden merit
(Whatever that might be?!)
Thanks Kiloran for the pics



Taken on the 12th
December 2019



Then it grew like Topsy
here it is at 13th
January 2020

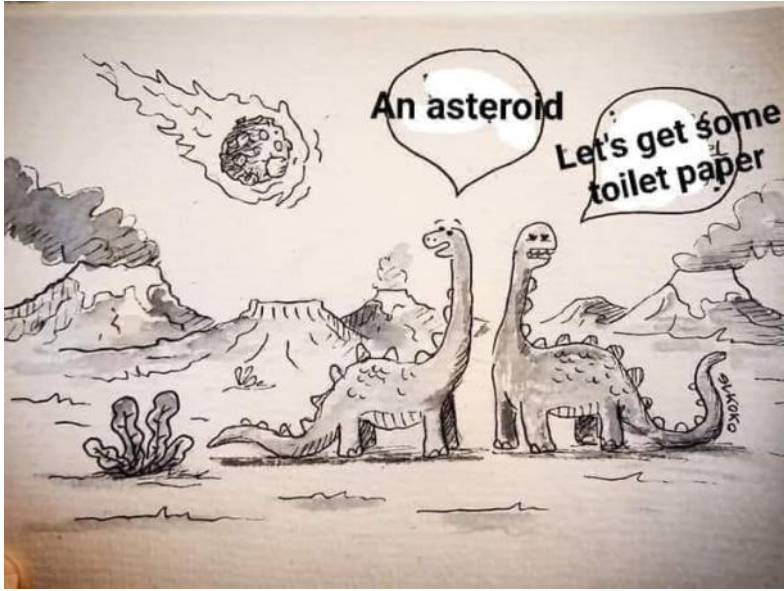
Just Like That.....Viral Humour

It started with toilet roll humour and then got a bit more subtle



BRING BACK CARBOLIC SOAP IT WILL KILL 100% of germs, viruses, bugs, nits, bedbugs, cat fleas, dog fleas and stops young children swearing.





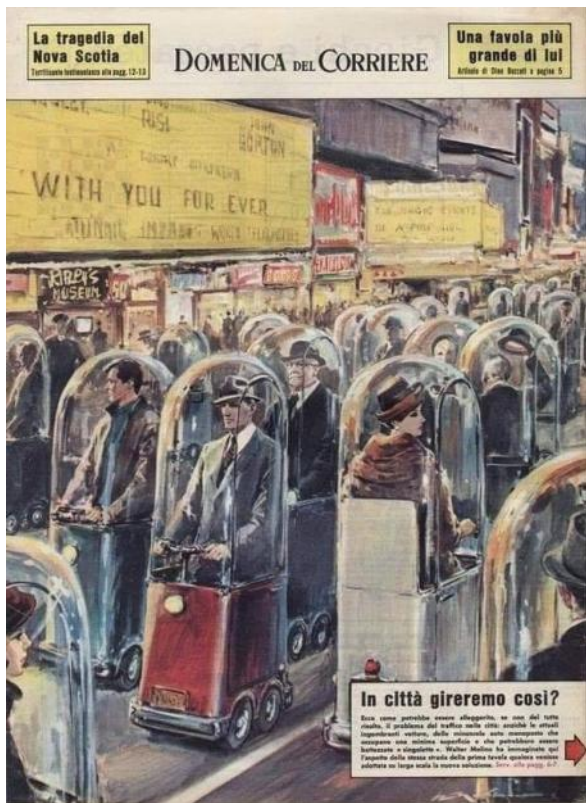
Working from home....



Government: "work from home"
Zoo keepers:

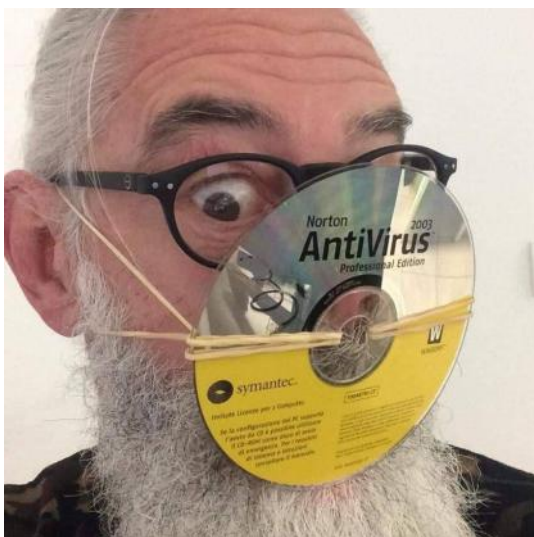


Meanwhile, in China...



**I'm having a quarantine party this weekend.
None of you are invited**

NEIL DIAMOND: hands
CDC: yes, wash them for at least 20 seconds
NEIL DIAMOND: touching hands
CDC: no, please don't touch hands
NEIL DIAMOND: reaching out
CDC: avoiding that too
NEIL DIAMOND: touching me
CDC: oh hell
NEIL DIAMOND: TOUCHING YOU



Coming out of quarantine like



BREAKING:

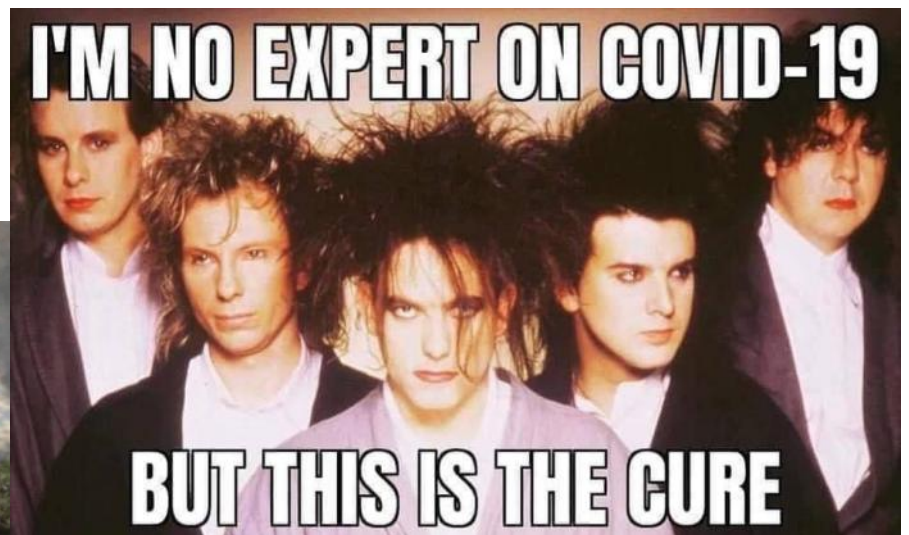
GETTING OUTDOORS **NOT CANCELLED**
MUSIC **NOT CANCELLED**
FAMILY **NOT CANCELLED**
READING **NOT CANCELLED**
SINGING **NOT CANCELLED**
LAUGHING **NOT CANCELLED**
HOPE **NOT CANCELLED**

LET'S EMBRACE WHAT WE **HAVE**.

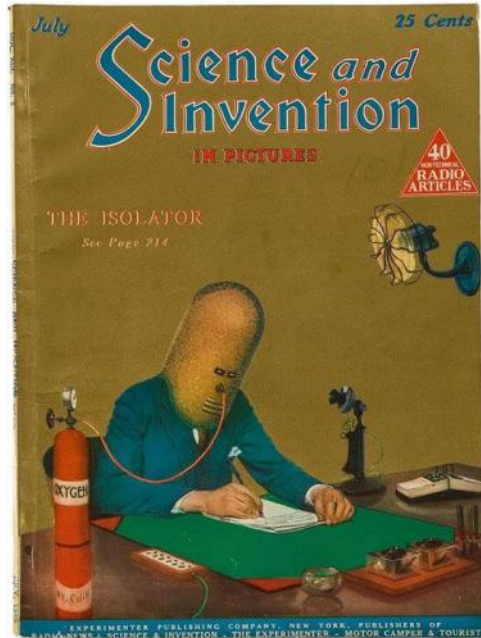
unsinkable.



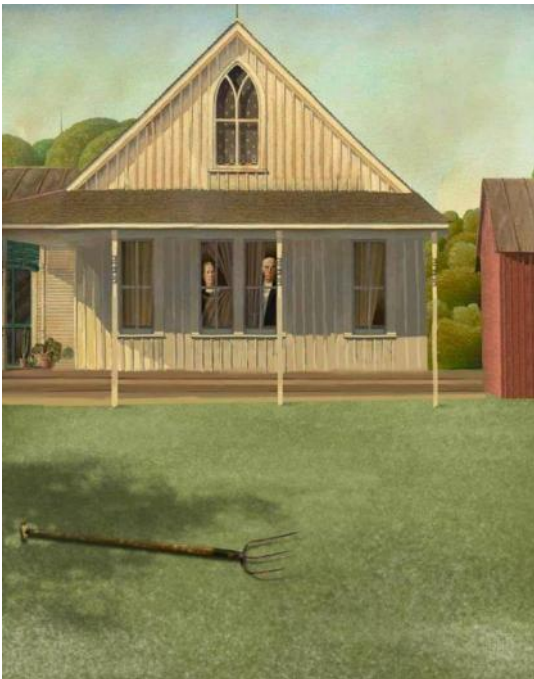
How long is this social distancing supposed to last? My wife keeps trying to come in the house.



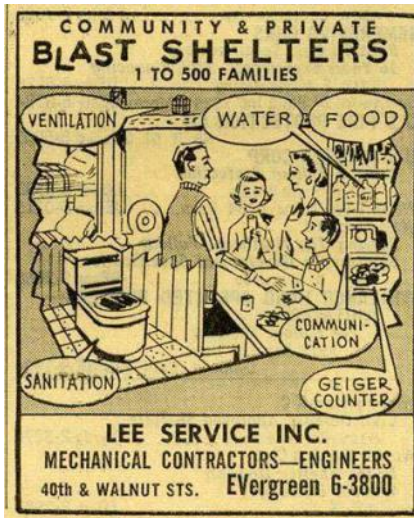
So when exactly can you go back to work Karen 🤔



An Affair to Remember - post Covid







Nice phone number



BIRTHDAYS AND ANNIVERSARIES FOR APRIL 2020

Sorry my source for this information has been isolated
Check out Wilma's weekly Fun Note