



What's Happening

25 November 2019 – 1 December 2019

Social Activities

Monday, 25 November 2019

- 8.15 Aquatics
- 10am Art Classes, Knit & Natter
- 10am Sale of Blouses and Slacks
- 1pm Duplicate Bridge
- 5pm Snooker / Pool

Tuesday, 26 November 2019

- 8am Exercise Class
- 9am Exercise Class
- 2.30pm Scrabble
- 5pm Snooker / Pool

Wednesday, 27 November 2019

- 10am Art Classes
- 5pm Social Evening, 100+ Club Draw & Movember Winner Announcement

Thursday, 28 November 2019

- 7.30am Exercise Class
- 10am Specialist Movies from the Arts
- 10am Coffee & Cake Day
- 6.30pm Movie Evening

Friday, 29 November 2019

- 10am Line Dancing
- 10.30am Bible Study (#24)
- 12pm – 3pm Sales Coffee
- 5pm Waterhole

Menu

Monday, 25 November 2019

Chicken Curry & Sambal, Lentil Rice & Seasonal Vegetables

Tuesday, 26 November 2019

Spaghetti Bolognese, with Cheddar Cheese & Garden Salad

Wednesday, 27 November 2019

Pork & Apple Pie, Sweet Potato, Gravy & Seasonal Vegetables

Thursday, 28 November 2019

Beef Bobotie, served with Potato Wedges & Salad of the Day

Friday, 29 November 2019

Fried or Grilled Hake with Chips or Salad

Sunday Lunch - 24 November 2019

R76 pp – R55 kids under 12 years

Please Book Sunday Lunch with The Bistro on ext. 1209 on Fridays.

STARTERS

Build Your Own Salad

MAIN MEAL

Apricot Roast Gammon

Fluffy White Rice

Crispy Roast Potatoes

Two Seasonal Vegetables

Brown Onion Gravy

DESSERT

Please ask your Server what is available

Social Evening - 27 November 2019

TABLE BOOKINGS ALLOWED

Pre-Drinks from 5pm – Supper at 6pm

R55 pp

Confirm Bookings by Tuesday, 6pm at The Bistro on ext. 1209

STARTERS

Corn Cakes with Sweet Chili Sauce

MAIN MEAL OPTION 1

Crumbed Chicken Schnitzel, Served on a Bed of Mashed Potato

MAIN MEAL OPTION 2

Lemon & Coriander Beef Lasagne, Served with Seasonal Vegetables

Reminders



**SOCIAL
ICE CREAM**

R30

**CREATE
• YOUR FAVORITE •
ICE-CREAM**

Every Tuesday between 10h00 & 11h00

Choose your Ice-Cream 3 scoops
• Chocolate Strawberry or Vanilla & add
your own toppings from the building table •

The graphic features three soft-serve ice cream cones in chocolate, pink, and vanilla flavors against a blue sky with white clouds. A red starburst contains the price 'R30'. Below the cones are three red banners with white text. At the bottom, a white banner with blue text provides details about the offer.



COFFEE AND CAKE DAY
THURSDAYS AT 10:00

Indulge in the best
cappuccino and a small
slice of cake to make your
morning even better than
having a midnight snack
only for R30.00

The graphic features a large, detailed illustration of a coffee bean at the top. Below it, the event title is written in bold, black, sans-serif font. A horizontal line separates the title from the description. The description is in a smaller, regular font. At the bottom, there are illustrations of green coffee leaves and white coffee flowers.