



# *What's Happening*

25 November 2019 – 1 December 2019

# *Social Activities*

## **Monday, 25 November 2019**

- 8.15 Aquatics
- 10am Art Classes, Knit & Natter
- 10am Sale of Blouses and Slacks
- 1pm Duplicate Bridge
- 5pm Snooker / Pool

## **Tuesday, 26 November 2019**

- 8am Exercise Class
- 9am Exercise Class
- 2.30pm Scrabble
- 5pm Snooker / Pool

## **Wednesday, 27 November 2019**

- 10am Art Classes
- 5pm Social Evening, 100+ Club Draw & Movember Winner Announcement

## **Thursday, 28 November 2019**

- 7.30am Exercise Class
- 10am Specialist Movies from the Arts
- 10am Coffee & Cake Day
- 6.30pm Movie Evening

## **Friday, 29 November 2019**

- 10am Line Dancing
- 10.30am Bible Study (#24)
- 12pm – 3pm Sales Coffee
- 5pm Waterhole

# Menu

**Monday, 25 November 2019**

Chicken Curry & Sambal, Lentil Rice & Seasonal Vegetables

**Tuesday, 26 November 2019**

Spaghetti Bolognese, with Cheddar Cheese & Garden Salad

**Wednesday, 27 November 2019**

Pork & Apple Pie, Sweet Potato, Gravy & Seasonal Vegetables

**Thursday, 28 November 2019**

Beef Bobotie, served with Potato Wedges & Salad of the Day

**Friday, 29 November 2019**

Fried or Grilled Hake with Chips or Salad

# *Sunday Lunch - 24 November 2019*

R76 pp – R55 kids under 12 years

Please Book Sunday Lunch with The Bistro on ext. 1209 on Fridays.

## **STARTERS**

Build Your Own Salad

## **MAIN MEAL**

Apricot Roast Gammon

Fluffy White Rice

Crispy Roast Potatoes

Two Seasonal Vegetables

Brown Onion Gravy

## **DESSERT**

Please ask your Server what is available

# *Social Evening - 27 November 2019*

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## **BOOK YOUR PRIVATE TABLE**

Pre-Drinks from 5pm – Supper at 6pm

R65 pp

Confirm Bookings by Tuesday, 6pm at The Bistro on ext. 1209

## **STARTERS**

Salad Table

## **MAIN MEAL OPTION 1**

Crumbed Chicken Schnitzel, Served on a Bed of Mashed Potato, Topped with Mushroom Crème and sided with Seasonal Vegetables

## **MAIN MEAL OPTION 2**

Bami Goreng made Live as you are seated on your table  
**(A special meal made for Mr. Postema on his 102<sup>nd</sup> Birthday)**



# Reminders



**SOCIAL  
ICE CREAM**

**R30**

**CREATE  
• YOUR FAVORITE •  
ICE-CREAM**

**Every Tuesday between 10h00 & 11h00**

Choose your Ice-Cream 3 scoops  
• Chocolate Strawberry or Vanilla & add  
your own toppings from the building table •

The graphic features three soft-serve ice cream cones in chocolate, pink strawberry, and vanilla flavors against a blue sky with white clouds. A red starburst contains the price 'R30'. Below the cones are three red banners with white text. At the bottom, a white banner with blue text provides details about the offer.



**COFFEE AND CAKE DAY**  
**THURSDAYS AT 10:00**

Indulge in the best  
cappuccino and a small  
slice of cake to make your  
morning even better than  
having a midnight snack  
only for R30.00

The graphic features a large, detailed illustration of a coffee bean at the top. Below it, the event title is written in bold, black, sans-serif font. A horizontal line separates the title from the description. The description is in a smaller, black, sans-serif font. At the bottom, there are illustrations of green coffee leaves and white coffee flowers.