



# What's Happening Next Week

11-17 November 2019

# Social Activities

## Monday, 11 November 2019



- Remembrance / Veterans Day
- 8.15am Aquatics
- 10am Art Classes, Knit & Natter and Rococo Bounce Clothing
- 1pm Duplicate Bridge
- 5pm Snooker / Pool
- 7pm Rummikub

## Tuesday, 12 November 2019

- 8am Exercise Class
- 9am Exercise Class
- 2.30pm Scrabble

## Wednesday, 13 November 2019

- 10am Art Class
- 2.30pm Christian Fellowship Group Meeting (#69)
- 5pm Social Evening (No Table Bookings)

## Thursday, 14 November 2019



- 7.30am Exercise Class
- 9am ResCom Meeting
- 10am Specialist Movies from the Arts
- 2pm Visual Music (#81)
- 6.30pm Movie Evening



## Friday, 15 November 2019

- 10am Line Dancing
- 10.30am Bible Study (#24)
- 5pm Waterhole

## Saturday, 16 November 2019

- 4.30pm Quiz Afternoon



## Sunday, 17 November 2018

- National Hiking Day
- Momentum 94.7 Cycle Challenge



# Menu

## **Monday, 11 November 2019**

- Creamy Seafood Tagliatelle Pasta & Greek Salad

## **Tuesday, 12 November 2019**

- Chicken Butternut & Feta Lasagna, served with gravy & Greek salad

## **Wednesday, 13 November 2019**

- Spicy Mediterranean Roast Vegetables, Chicken Couscous

## **Thursday, 14 November 2019**

- BBQ Pork Kebabs, potato Wedges and Garden Salad

## **Friday, 15 November 2019**

- Spicy Mediterranean Roast Vegetables, served with Chicken Couscous
- Fried or Grilled Hake with Chips and Salad

# Social Evening – 13 November 2019

**NO PRIVATE TABLE BOOKINGS EVENING**

**Pre Drinks from 5pm & Dinner at 6pm**  
R55pp

Confirm Bookings by Tuesday, 6pm at The Bistro on ext. 209

## **STARTERS**

Creamy Butternut Soup & Croutons

## **MAIN MEAL OPTION 1**

Spicy Beef Curry, served on a bed of Parsley infused Basmati Rice  
Sided with Sambal, Dhahi Yoghurt and two fresh Seasonal Vegetables

## **MAIN MEAL OPTION 2**

Creamy Basil Pesto & Grilled Chicken Tagliatelle  
Sided with a fresh herbed Wild Green Salad

# REMINDER – SOCIAL ICE CREAM EVERY TUESDAY



**SOCIAL  
ICE CREAM**

**R30**

**CREATE  
• YOUR FAVORITE •  
ICE-CREAM**

**Every Tuesday between 10h00 & 11h00**

Choose your Ice-Cream 3 scoops  
• Chocolate Strawberry or Vanilla & add  
your own toppings from the building table •



# REMINDER – COFFEE & CAKE DAY



## **COFFEE AND CAKE DAY**

**THURSDAYS AT 10:00**

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Indulge in the best  
cappuccino and a small  
slice of cake to make your  
morning even better than  
having a midnight snack  
only for R30.00

