



## From our Chairman Hennie

*Dear fellow residents,*

*The big event in September was the introduction of the fish! On Friday, 13 September (I hope it proves to be lucky for us), Fisheries Hartebeespoort arrived with the 2 100 fish we'd purchased:*

- 500 Mozambique or Blue Tilapia, 40 - 60 mm long: eat algae, duckweed and any other soft plant growth in the pond.*
- 500 Banded Tilapia, 40 - 60 mm long: also eat algae, duckweed and any other soft growth in the pond.*
- 400 Red breasted Tilapia, 40 - 60 mm long: eat hard plants such as bulrushes.*
- 300 Dwarf Tilapia, 40 - 60 mm long: eat insects and mosquito larvae.*
- 300 Straight fin bard or Ghieliemienjies, 40 - 60 mm long: eat mosquito larvae.*
- 100 Mozambique or Blue Tilapia, 150 - 200 mm long.*

*Why Mozambique as well as Banded Tilapia? The Banded Tilapia will definitely survive the colder temperatures experienced in Evergreen, while the Mozambique may not. So why introduce any Mozambique at all? They grow quite a lot bigger than the Banded!*

*The eating preferences of the first 3 Tilapia types were demonstrated to us at the Fisheries.*

*Since the fish were introduced, the pond has been regularly visited by Pied-Kingfishers, Cormorants and Herons, and residents have reported frequent sightings of those birds enjoying a fish meal. Unfortunately, that's nature! It was expected and there's nothing we can do about it. And that's one reason why we introduced so many fish. The larger fish, that will be less susceptible to predation, will start breeding almost immediately, so hopefully our fish population will keep ahead of the predators!*





# HAPPY BIRTHDAY

- 2<sup>nd</sup> Robin Davey
- 7<sup>th</sup> Pauline Sampson
- 11<sup>th</sup> Jennifer Traviss
- 17<sup>th</sup> Dorothy Savage
- 22<sup>nd</sup> Jac Messerschmidt & Irene Carroll
- 23<sup>rd</sup> Marilyn Maclachlan
- 24<sup>th</sup> Chris Edwards
- 28<sup>th</sup> Pat Bailey & Erika Barton
- 29<sup>th</sup> Sue Jackson & Cecil Fann
- 30<sup>th</sup> Judy Powell

# Happy Anniversary

- 12<sup>th</sup> Dave & Gillian Campbell
- 14<sup>th</sup> Ernie & Heather Mutch
- 15<sup>th</sup> George & Maureen Privett



## ***I'm thinking of a man? As you read on, guess who?***

*He presents the visuals whenever we have a presentation, e.g. Dick Townsend's Geotrail talk, Prof. Graham Hall's astronomy presentation, Carol Guy's Travels in Africa to name the three most recent? Not only does he help with the presentation, but he spends time beforehand with the presenter preparing the visual side of the presentation.*

*He selects records and gets all our movies and series going? He's available to help anybody with smart phone or computer problems?*

*I am of course thinking of Chris Edwards, often aided and abetted by Sue. Chris' portfolio on ResCom is Communication, but we never expected that to include all those activities and for going all those extra miles, I'm sure you all join me in thanking Chris, and Sue for the role they play in making this 'The village of our dreams'!*

*A very sincere thank you to both of you!*

## **HOUSEKEEPING**

### **Important Telephone Numbers for your phone from Graham Brickett**

- a) Reception desk – 087 809 3366
- b) Guardhouse – (Thorburn Security)  
071 173 2406
- c) Care Centre – (Unique Health) –  
011 568 4307

It is advisable for the residents to store these telephone numbers in their mobile phones.

## **DO YOU WANT WHAT WE HAVE GOT or HAVE YOU GOT WHAT WE WANT? ADVERTISE HERE**

Sue Stirton has donated a HP No 56 refilled cartridge for anybody that needs it.

(I have it waiting for an eager new home, Chris)

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### **The Unique Health Care Centre Resident Passport**

At Unique Health we are always looking for ways to improve the lives of those we care for! In our endeavour we therefore have established a Resident Passport to do just that!

A Resident Passport is a tool (document) that has been developed to enable the staff to identify conversation trigger points, activities and areas of interest to our Residents, thus improving engagement, communication, interaction, cooperation, motivation and activity level.

This valuable tool provides the Nurse the information they need in order to interact with the Resident in ways which will sustain and enhance our Resident's quality of life.

Equipped with this valuable information about our residents the staff will find common ground from their own life experience which will translate to an opportunity to relate and create stimulating new interactions and communication.

The Unique Health Team will attempt to obtain most of the information from the Resident directly (assuming they are able to communicate effectively) but may appeal to the Resident's Family and Friends to fill in the valuable gaps if they cannot obtain the necessary information from the Resident themselves.

We look forward to your support.

Summary of ResCom transactions for August 2019

	Income	Expense	Balance
Cash on hand at 31 July 2019			18 230
Net Proceeds from "100+ Club"	6 150		
Arbor Day: Net proceeds	5 280		
Gifts Presentations & Donations		795	
New Resident's meals		55	
Refund of "White Elephant" Stall fund		1 734	
Equipment for functions		740	
Cost of functions		168	
Purchase of safe		1 419	
Bank Interest & charges	33	302	
	<b>11 463</b>	<b>5 213</b>	<b>24 480</b>
<u>Cash on hand at 31 August 2019</u>			
<b>Reserved funds:</b>			
Hospitality Portfolio Budget			2 000
Library Expenses Float			200
Lyn Huddy Memorial Fund			2 157
Estimated Arbor Day costs			8 363
Top Pond Pump Cost Recovery			(1 667)
<b>Total Reserved</b>			<b>12 053</b>
<b>Cash available at month end</b>			<b>12 427</b>



The  
**Welsh Male Voice Choir**

will be performing at

**St Margaret's Anglican Church**

9 Harper Road, Bedfordview

on  
Saturday 12<sup>th</sup> October at 14h00

Entrance ticket includes refreshments after  
the performance

**R100.00 per person**

Call the Church Office on **011-455-4449** weekday mornings  
for enquiries or to book your ticket  
or email [info@stmargarets.org.za](mailto:info@stmargarets.org.za)



**Rainfall report from Cecil**



At last! A (very) brief shower on the 5th. Nothing has come of the rain possibility forecast for this week. Roll on October....

Major work has restarted on the implementation of the borehole irrigation system. Hopefully we will see the results soon.

Please remember the drive to conserve water remains a national imperative.

Rainfall, in millimetres, for 2018/2019:

Oct '18	54.7
Nov '18	29.6
Dec '18	84.3
Jan '19	147.5
Feb '19	217.0
Mar '19	14.8
Apr '19	108.9
May '19	3.0
Jun '19	0.0
Jul '19	0.0
Aug '19	0.0
Sep '19	3.5
<b>12 Months</b>	<b>663.3</b>

Rainfall for September by year

2013	0.0
2014	0.6
2015	41.0
2016	7.0
2017	3.6
2018	3.6

The average for September since 2013 is 8.5 mm.

## 'Monthly Brief' - September 2019 - from John Schulkins

A bit longer this month to cover the recent AGM in addition to this month's ResCom  
From Village AGM of 6 August

### Procedural Matters

- Chairman Garry Reed (GR) - MD Evergreen
- All formal reports were accepted by the meeting
- Wilma Swart was welcomed as incoming Village Manager
- Roy Martin was thanked for his ongoing work and dedication and for agreeing to stay on as Assistant Manager
- Financial:
  - Levy increases will take effect from 1 September
  - 2019 results show a saving of 18% against budget

### GR responses to Residents' questions

- Catering:
  - Evergreen runs the catering on a non-profit basis
  - GR acknowledged that improvements could be made in the service and undertook to hold discussions with the current caterers to this end
  - It was noted that the new golf cart could be used by suitably qualified village management to deliver take-away meals from the Bistro to residents
- Communications:
  - GR undertook to improve SMS and email communications with residents
  - It was noted that ResCom would also be distributing point-form info (this Bulletin)
- Frail Care:
  - GR reported that registration of our Frail Care operated by Unique Health as a step-down facility now depended on Dept. of Health who only registered a limited number of such facilities in a given area. He undertook to investigate progress and report back to residents.
- In response to a question on the effect on security of increased traffic through the entrance / exit gates GR stated that:
  - Evergreen policy is to have only a single entry / exit point in all villages
  - Procedures would be reviewed to ensure safety of those waiting and reduce delays to a minimum
- GR will meet with residents and VOX Telecom to improve landline operation
- Improvements are planned to the handling of rubbish bins during collection. A quote has been approved and awaits funding. Interim measures are in place
- Laying of pipes for the borehole irrigation project has commenced and will take around 4-6 weeks
- It is Evergreen policy to use fibre-based communication in all villages. This will commence in Broadacres phases 1 and 2 after the borehole project is complete
- GR stated that a maintenance schedule for existing units was being prioritised and budgeted

- It was noted that ResCom had been consulted on the design of the new speed humps and accordingly no further changes are envisaged
- In closing GR emphasised that attention to cash flow is a major factor in the current difficult SA economy

### From ResCom Meeting of 12 September

#### General

- Judy Stuart was thanked for her work on the Hospitality Portfolio over the last year
- Heather and Trevor Morgan will take over operation of the 100 Club from Ivar Skanke. No changes to the format are envisaged

#### Matters arising and new topics

- A tray will be constructed to accommodate large format jigsaw puzzles
- Information on chess coaching will be circulated
- A tea-party for new residents is to be planned

#### Portfolio Reports

- Improvements to bereavement notices to be discussed with Village Management
- One pond fountain pump has been returned to the supplier for repair under warranty. A new nozzle is being evaluated for the other pump
- Paving between ponds awaiting funds
- The top pond has been stocked with fish
- Andy Johnson has volunteered to undertake a tree naming project in the village
- Heather Allen has donated a boule set. A games day will be organised
- A Craft Market is being organised for 9 November followed by a Pub Quiz
- A wine tasting is scheduled for 12 January 2020

#### From Village Management

- Bistro improvements are top priority
- Alternate DSTV bouquets are still under discussion by Cape Town with Multichoice
- An additional pool table has been approved. The Waterhole team to organise
- Improved garbage removal and sorting techniques are being investigated
- Improvements to procedures for social event bookings by email (evergreenba@reefcaterers.co.za) are being worked on
- Overlap between Management and ResCom responsibilities will be reviewed on an ad hoc basis
- All queries, including daily routine maintenance, should be directed to Reception [email.tholak@evergreenlifestyle.co.za](mailto:email.tholak@evergreenlifestyle.co.za), who will forward to the appropriate responsible person
- ResCom expressed their thanks to Wilma Swart for the improvements evident in the Clubhouse since she assumed the Management role



## BIRD REPORT EVERGREEN - SPRING 2019 from Robin Davey

For several months Wally and I have watched in awe as Basil and his dedicated team have laboured away, moving heaven and earth to remove the duckweed and clear the water in the two top dams. Bravo to all of you - you have been so successful!

In the course of daily visits with his camera to both of these dams, Wally became aware that there were no perching branches close enough to the water from which the birds could fish. He noticed a returning Malachite Kingfisher inspecting the wonderful clean water but flying off without being able to fish. So, one morning Wally, Hennie, Graham B and Mandla scoured the Evergreen property looking for dead branches. These branches were successfully installed at the water's edge of the top dam. On the very first morning two grateful Malachite Kingfishers took advantage of the perches, and on the second morning Wally was able to take photos of a successful catch - a tadpole which the Kingfisher took back to its perch before devouring it.

As a matter of interest, Pied Kingfishers are the only species of Kingfisher in Southern Africa which are able to fish by hovering. Above is a pic taken at Evergreen of a female Pied Kingfisher which has been attracted to our clean water.

Beautiful White Throated Swallows are also perching before swooping over the water to pick insects off the surface.

The clearing of the bush and the building activities across Frederick Road are currently making that property very unattractive for birds, and it is quite possible that a few new species could visit Evergreen looking for new pastures. Why would they not be happy here with our beautiful gardens, our bird feeders - yes, we do know we are not supposed to feed - and now we have clean water too!!

It would appear that Mrs Egyptian Goose arrived from across the road with her six chicks, all of which she is so far successfully rearing.

The resident Mrs Common Moorhen hatched four chicks, three of whom have survived.

Hopefully both families of chicks are now mature enough to escape the clutches of the greedy Leguan and the resident Slender Mongoose.

The Southern Masked Weavers are also very busy nest building on the pampa's grasses.

It is not only the water bird species which are increasing. For the last couple of days, we have been visited by a male Mountain Wheatear who has been insect gleaning on the bricks outside our garage. Wally took a pic for the record, but we are still hoping for a better photo. Mountain Wheatear is definitely not a common species in Gauteng suburbia.

# 25th September - Heritage Day Social



Bistro staff in their outfits.



The EU table, dreaming of Brexit?



The SA / POM table - Leaving or Remaining?



Too much of a mixture!!



The Gaelic Celts - OK, where is the ceilidh?

# SOCIAL HAPPENINGS

## 7th September 2019 - Arbor Day

(What would we do without these wonderful photos?  
Thanks again Kiloran!)



Thanks for putting it all together, Hennie and Wilma.

**JUST LIKE THAT**  
(these are not attributed to anyone  
in particular but thank you so much  
to the usual suspects)



You have seen an e-bike and an e-trike, now look at an e-tandem!

## Nine Important Facts

- Number 9 - Death is the number 1 killer in the world.
- Number 8 - Life is sexually transmitted.
- Number 7 - Good health is merely the slowest possible rate at which one can die.
- Number 6 - Men have two emotions: hungry and horny, and they can't tell them apart. If you see a gleam in his eyes, make him a sandwich.
- Number 5 - Give a person a fish and you feed them for a day. Teach a person to use the Internet and they won't bother you for weeks, months, maybe years.
- Number 4 - Health nuts are going to feel stupid someday, lying in the hospital, dying of nothing.
- Number 3 - All of us could take a lesson from the weather. It pays no attention to criticism.
- Number 2 - In the 60's, people took acid to make the world weird. Now the world is weird, and people take Prozac to make it normal.
- Number 1 - Life is like a jar of jalapeno peppers. What you do today might burn your ass tomorrow.



...and as someone recently said:

- Don't worry about old age; it doesn't last that long.





Madonna is 55, her boyfriend is 22. Tina Turner is 75, her boyfriend is 40. JLo is 42, boyfriend is 26. Mariah Carey is 44, her husband is 32. Still single???



Relax your boyfriend is not born yet

### The Complete Guide To Cutting Carbs



Cut in half



Cut in segments



Cut diagonally



Cut into wedges



Cut in slices

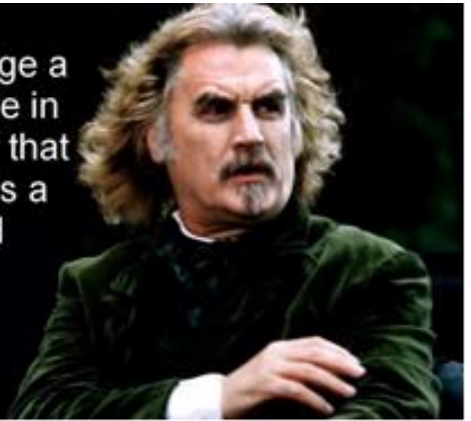


Cut in quarters

The doctor asked me to spend at least one hour per day on the treadmill.



"Before you judge a man, walk a mile in his shoes. After that who cares? He's a mile away - and you've got his shoes!"



Coffee is vital for survival. Dinosaurs didn't have coffee, and look how that turned out. 🤔

Crime is getting more and more organized 🤖👮



Many thanks as always. Keep those articles coming and e-mail to me at:-

[chrisandsue291@gmail.com](mailto:chrisandsue291@gmail.com).

You know this is a team effort, not only from you, the team of contributors, but also my live-in assistant/sub editor Sue Edwards, and then there is Rene and Roy who bash it around to get it into Adobe format for publishing and posting to you.

Thanks to all of you,

Cheers thanks for reading, Chris