

MENU

1 - 5 JULY 2019

To assist with catering, please call the Bistro on ext. 209 daily by 9am to order for Lunch

Standard Meal R40 per person

MONDAY

Soup of the Day

Soup of the Day served with a toasted ham cheese & tomato on Health Bread

TUESDAY

Fish Cake Stack

Oven Baked Fish Cakes served with Lemon Butter sauce and baby potatoes Garden Green Salad

WEDNESDAY

Chicken Pasta

Napolitano chicken pasta served with spaghetti and a Garden Salad

FRIDAY

Basil & pork Stir-fry

Pork & Basil Stir-fry served with Noodles and stir – fry vegetables

Premium Meal R48 per person

MONDAY

Yoghurt & Herb Baked Chicken

Chicken baked in a Yoghurt and herb sauce served with Parsley Rice,
Cinnamon Butternut and a Garden green Salad

TUESDAY

Beef & Green Bean Casserole

Riche tomato, Beef and Green Bean Casserole served with creamy savory Samp and a Garden Green Salad

THURSDAY

A la carte Menu

FRIDAY

Fried or Grilled Hake

Grilled **OR** Fried Hake, served with chips **OR** mash, tartar sauce and salads of the day



Sunday Lunch

7 July 2019

Soup of the day with a fresh roll and butter

Roast Pork with Honey Glaze
Baked baby onions
Potatoes with Paprika and herbs

Roasted Root Vegetables
Brussel sprouts
Baby marrow with Basil Cream

R76 Kids under 12yrs R55

A la Carte dessert Menu Available by request

PLEASE NOTE IF THERE ARE LESS THAN 25 BOOKINGS THE MENU BECOMES PLATED

T&C apply, until stocks last

<u>Please book Special lunches with The Bistro on ext. 209 by 2pm on Fridays</u> <u>Booking References must a given with all bookings</u>



Wednesday Social

3 July 2019 INDEPENDENCE DAY

Mains
Southern Fried Chicken with Mash & Gravy

OR

Pulled BBO Pork served with Creamy Macaroni & cheese

Hearn Family Cole Slaw
Classic Potato Salad
Grilled corn with chili lime butter

*Vegetarian option available by request only

R55 per person

Dessert

Apple Crumble with Cream R18.00

Drinks from 5pm - Dinner served at 6pm
T&C apply, until stocks last
Confirm by Tuesday at 4pm with the Bistro on ext. 209