

13 - 17 MAY 2019

To assist with catering, please call the Bistro on ext. 209 daily by 9am to order for Lunch

Standard Meal R40 per person

Premium Meal R48 per person

MONDAY

MONDAY

Mexican Chicken Salad

Mexican chicken salad, served with corn, red peppers, cucumber, coriander and crisp tortilla chards

Beef Stir Fry

Beef stir fry with Soya noodles, stir fry vegetables and a garden salad

TUESDAY

Fish Cakes

Fish cakes with a lemon sauce, served with creamy garlic mash and vegetables of the day

A la carte Menu available

WEDNESDAY

Greek Meatball Sub

FRIDAY

Mint infused beef meatballs. served with a rich tomato sauce in a cheese loaded sub roll and salad of the day

TUESDAY

Chicken & Feta Quiche

Chicken pieces, red bell peppers, Feta cheese quiche, served with a green salad

WEDNESDAY

A la carte menu available

FRIDAY

Fried or Grilled Hake

Grilled OR Fried Hake, served with chips OR mash, tartar sauce and a Greek salad



SUNDAY LUNCH

19 MAY 2019

Build your own Salad Bar

Roast Beef with Yorkshire Pudding Horseradish Sauce Gravy

Roast Potato with Paprika

Pumpkin with Cinnamon Creamy Corn Bake with a Parmesan Crust Sautéed Baby Marrow with Herbs and Butter

R76 per person

R55 Kids under 12yrs

Dessert

A la carte Menu available

T&C apply, until stocks last

Please book Sunday lunches with The Bistro on ext. 209 by 2pm on Fridays

Booking References must a given with all bookings



TUESDAY SPECIAL

14 MAY 2019



Soup of the Day

Green Pea & Ham Soup

Served with

Toasted Cheese sandwich

R35 – sit down R50 – 1lt take away (soup only)

T&C apply, until stocks last Bookings for 1lt take away soup must be confirmed by 9am Tuesday



WEDNESDAY SOCIAL

15 MAY 2019

Starter

Creamy Vegetable Soup with Bread Rolls

Mains

Crumbed Pork Neck & Mushroom Sauce, served with Sautéed Potato in Rosemary and Garlic

OR

Chicken Curry (b/o) HOT or NOT served with sambals and white rice.

Brown Onion Gravy
Butternut with Sage
Green Beans with Fried Onions and Almonds

*Vegetarian option available by request only

R55 per person (Resident) R65 per person (Non-Resident Guest)

Dessert

A la carte dessert menu available

<u>Drinks from 5pm - Dinner served at 6pm</u>

T&C apply, until stocks last Confirm by Tuesday at 4pm with the Bistro on ext. 209