

MENU

29 APRIL – 3 MAY 2019

To assist with catering, please call the Bistro on ext. 209 daily by 9am to order for Lunch

Standard Meal R40 per person

MONDAY

Quiche of the day

Quiche of the day served with Potato Wedges and a Garden green Salad

TUESDAY Potaro & Leek Soup

Tomato & Basil Soup served with a Toasted Cheese & Onion

WEDNESDAY <u>A la carte Menu available</u>

FRIDAY

Chicken, leek & potato Pie

Chicken, leek & potato Pie served Gravy and Vegetables of the day

Premium Meal R48 per person

MONDAY

Beef Casserole

Rich tomato and Carrot, Beef Casserole served with White Rice, vegetables of the day and a Green Salad

TUESDAY

Pork Fillet Medallions

Herb crusted Pork fillet Medallions in Mustard sauce served with Sweet potato Mash and Carrot & Pineapple salad

WEDNESDAY

A la carte menu available

FRIDAY

Fried or Grilled Hake

Grilled **OR** Fried Hake, served with Chips **OR** Mash, served with tartar Sauce, Coleslaw and Garden Salad with Pineapple



Sunday Lunch

5 MAY 2019

MENU Starter

Build Your Own Salad Bar

Mains

Honey and Pineapple roasted Pork
Garlic Roasted Potatoes
Brown Onion Gravy
Creamed Spinach
Pumpkin Fritters with Cinnamon
Ratatouille
*Vegetarian option available by request only

R76 per person (Resident)

Dessert
A la Carte Dessert Options available
T&C apply, until stocks last

Please book Sunday lunches with The Bistro on ext. 209 by 2pm on Fridays

Booking References must a given with all bookings



Tuesday Special

30 April 2019



Soup of the Day

Potato & leek Soup

Served with

Toasted Cheese, Onion Sandwich

R35 – sit down R50 – 1lt take away (soup only)

T&C apply, until stocks last Bookings for 1lt take away soup must be confirmed by 9am Tuesday



Wednesday Social

<u>Drinks from 5pm - Dinner served at 6pm</u> 1 MAY 2019 **MENU**

Thick Minestrone Soup served with buttered rolls

Ginger Pork Stir-fry served with Fried Rice

Or

Tomato, basil and Chicken Pasta served with whole wheat noodles

Brown Onion Gravy
Stir-fry vegetables dressed with Soya and garlic
Roasted Butternut & feta
Buttered Peas with Herbs

Dessert

A la Carte Selection available

R55 per person (Resident)
R65 per person (Non-resident guest)

T&C apply, until stocks last

Confirm by Tuesday at 4pm with the Bistro on ext. 209