

# MENU

## 22 - 26 APRIL 2019

To assist with catering, please call the Bistro on ext. 209 daily by 9am to order for Lunch

### Standard Meal R40 per person

### MONDAY

Beef Cornish Pasties Beef Cornish pasties, served with Cajun potato wedges and a garden salad Premium Meal R48 per person

### MONDAY

Herb Crusted Pork Fillet Herb crusted pork fillet, served with sautéed herb potatoes, vegetables of the day and a garden salad

### TUESDAY

<u>Tomato & Basil Soup</u> Tomato and Basil soup, served with toasted chicken mayonnaise

#### TUESDAY

Honey Mustard Chicken Bake Chicken pieces baked in a honey & mustard sauce, served with jacket potato with butter and Greek salad

#### WEDNESDAY

A la Carte Menu Available

### FRIDAY

<u>Chicken Kebab</u> Grilled chicken kebab, served with savory rice and vegetables of the day

### WEDNESDAY

A la carte menu available

### FRIDAY

Fried or Grilled Hake Grilled OR Fried Hake, served with chips OR mash, tartar sauce, vegetables of the day and garden salad



# Sunday Lunch

### 28 APRIL 2019

### Starter

Thick Potato and haddock Soup served with Low GI bread

### Mains

Roasted Beef served with Horseradish sauce BBO Roasted Potatoes Brown Onion Gravy Pearl Onions and Mushrooms Mixed patty pans grilled with red Peppers & rosemary Creamed leeks with Basil \*Vegetarian option available by request only

R76 per person (Resident)

Dessert A la Carte Dessert Options available T&C apply, until stocks last

Please book Sunday lunches with The Bistro on ext. 209 by 2pm on Fridays

Booking References must a given with all bookings



# **Tuesday Special**

# 23 APRIL 2019



### Tomato & Basil Soup

### Served with

### **Toasted Chicken Mayonnaise Sandwich**

R35 – sit down R50 – 1lt take away (soup only)

T&C apply, until stocks last Bookings for 1lt take away soup must be confirmed by 9am Tuesday



# Wednesday Social

# 24 APRIL 2019

Drinks from 5pm - Dinner served at 6pm

# St George's Night

Traditional Beer batter Fish and Chips Served wrapped in News paper On table Vinegar, salt, Pepper, Tomato Sauce and Chili Sauce

Or

Coronation Chicken Kebab & Chips Served wrapped in News paper On table Chutney, salt pepper, Tomato salsa, chili sauce

*Dessert* Sticky Toffee Pudding with cream or Ice cream

> R55 per person (Resident) R65 per person (Non-resident guest)

> > T&C apply, until stocks last

Confirm by Tuesday at 4pm with the Bistro on ext. 209