

# **MENU**

## 4 - 8 March 2019

To assist with catering, please call the Bistro on ext. 209 daily by 9am to order for Lunch

Standard Meal R40 per person

# MONDAY

Tuna wrap, served with a Greek salad

**Tuna Wrap** 

# TUESDAY Pork Stir-fry

Pork stir-fry, served with fried rice and stir-fry vegetables

# WEDNESDAY <u>A la carte Menu available</u>

### FRIDAY

## Ham, Cheese & Tomato Tramezzini

Lightly toasted ham, cheese and tomato Tramezzini, served with a side order of chips

# Premium Meal R48 per person

#### MONDAY

### **Beef Lasagna**

Beef lasagna, served with vegetables of the day and a green salad

#### **TUESDAY**

### **Chicken Pie**

Individual chicken and leek pies, vegetables of the day and a garden salad

## WEDNESDAY

A la carte menu available

#### FRIDAY

## Fried or Grilled Hake

Grilled **OR** Fried Hake, served with chips **OR** mash, tartar sauce, garden pea and red pepper salad and carrot and pine salad



# **Sunday Lunch**

#### 10 March 2019

Roast Pork Leg Apple Sauce

**Brown Onion Gravy** 

Paprika Roasted Potatoes

Cinnamon Pumpkin Green Beans with Bacon Crumble Grilled Aubergine with Cumin

Selection of Bread

**Build your own salad Bar** 

R76.00 per person

A la Carte Dessert Available

Please book Sunday lunches with The Bistro on ext. 209 by 2pm on Fridays

**Booking References must a given with all bookings** 



# **SOCIAL EVENING MENU**

<u>Drinks from 5pm - Dinner served at 6pm</u>

6 March 2019

Starter
Create your own salad selection

Mains
Chicken & Leek Pie
OR
Braised Beef Hot Pot

Savory Brown Rice with Lentils

Baby Marrow
Braised Bubble and Squeak
Carrot Roundels

\*Vegetarian option available by request only

R55 per person (Resident)
R65 per person (Non-resident guest)

**Dessert** 

A la carte dessert menu available

T&C apply, until stocks last

Confirm by Tuesday at 4pm with the Bistro on ext. 209



# **Tuesday Special**



Taste of Italy

Spaghetti Bolognaise

Or

Creamy Basil & Chicken Penne

served with

Parmesan Cheese
Garden Salad
Bread Rolls with Parsley Butter

T&C apply, until stocks last