

# MENU

## 14 - 18 January 2018

To assist with catering, please call the Bistro on ext. 209 daily by 9am to order for Lunch

### Standard Meal R40 per person

#### MONDAY Tuna Pasta Salad

Whole wheat pasta, dressed with tuna, peppers, red onions, feta cheese and olives, topped with a creamy lemon dressing

### TUESDAY

### Spinach & Feta Quiche

Spinach and feta quiche, served with chips and a side salad

#### Premium Meal R48 per person

#### MONDAY Chicken Schnitzel

Chicken schnitzel, served with savory couscous, seasonal vegetables and a green salad

#### TUESDAY Grilled Pork Chop

Grilled pork chop, served with mashed potato, onion gravy, seasonal vegetables and a side salad

#### WEDNESDAY

A la carte Menu available

#### FRIDAY

#### **Roasted Rosemary Chicken**

Roasted rosemary chicken in a tomato gravy, served with sautéed potatoes and a green salad

### WEDNESDAY

A la carte menu available

### FRIDAY

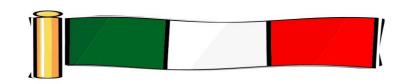
Fried or Grilled Hake Grilled OR Fried Hake, served with chips OR mash, tartar beetroot

salad and coleslaw



## **Tuesday Special**

**15 January 2019** Dining room opens from 12h30



# TASTE OF ITALY

# Menu

Homemade Meatballs in a Rich Tomato Sauce OR Creamy Basil & Chicken

served with

Whole Wheat Spaghetti or Macaroni Parmesan Cheese Basil Pesto Seasonal Vegetables Side Salad

#### R 65.00

Terms & Conditions apply, until stocks last. EXT 209



# Sunday Lunch

## 20 January 2019

Roast Pork Leg served with Mustard

**Brown Onion Gravy** 

Paprika & Herbed Potatoes

Green Bean Bake Corn Bake Citrus Carrot Roundels with Herbs

Selection of Bread

Build your own Salad Bar

R76.00 per person

A la Carte Dessert Available

Please book Sunday lunches with The Bistro on ext. 209 by 2pm on Fridays

**Booking References must a given with all bookings** 



# SOCIAL EVENING MENU

### **16 January 2019** <u>Drinks from 5pm - Dinner served at 6pm</u>

**Starter** Build your Own Salad

Mains Goan Chicken Vindaloo (HOT or NOT) OR Beef Stroganoff

\*Vegetarian option available by request only

Gravy Parsley Rice Buttered Peas Broccoli with Grilled Onions & Herbs Sautéed Corn & Carrots

R55 per person (Resident) R65 per person (Non-Resident Guest)

A la carte Dessert menu available

T&C apply, until stocks last

Confirm by Tuesday at 4pm with the Bistro on ext. 209