



Calendar for January 2019

Wednesday, 2 January 2019

10 AM – 12 PM Art Classes (For more information contact Sandy De Villiers on ext. 1121)
5 PM **No Social Evening tonight**

Thursday, 3 January 2019

7:30 AM Therapeutic Exercise Class (Gym in the Lifestyle Centre)
10 AM Series Movie Morning (Lifestyle Centre)
6.30 PM Movie Evening (Lifestyle Centre)

Friday, 4 January 2019

10 AM Line Dancing (Gym in the Lifestyle Centre) (R30 per session contact Lynn Turner on ext. 104)
10.30 AM Christian Bible Study (at #24)

Monday, 7 January 2019

8.15 AM Therapeutic Aquatics Class (Gym in the Lifestyle Centre)
10 AM Knit & Natter (Lifestyle Centre)
10 AM – 12 PM Art Classes (For more information contact Sandy De Villiers on ext. 1121)
1 PM Social Bridge (Lifestyle Centre)
7 PM Rummikub – All Welcome (Lifestyle Centre) (2nd Monday of every month)

Tuesday, 8 January 2019

8 AM Therapeutic Exercise Class (Gym in the Lifestyle Centre)
9 AM Therapeutic Exercise Class (Gym in the Lifestyle Centre)
10.30 AM Series Movie Morning (Lifestyle Centre)
2:30 PM Scrabble (Lifestyle Centre)

Wednesday, 9 January 2019

10 AM – 12 PM Art Classes (For more information contact Sandy De Villiers on ext. 1121)
2.30 PM Christian Fellowship Group Meeting (at #69 - All welcome) (2nd Wednesday of the month)
5 PM Social Evening (Lifestyle Centre)

Thursday, 10 January 2019

7:30 AM Therapeutic Exercise Class (Gym in the Lifestyle Centre)
9:00 AM ResCom Meeting (Lifestyle Centre Boardroom) (2nd Thursday of every month)
10am Series Movie Morning (Lifestyle Centre)
2 PM Visual Music Entertainment (at #81) (2nd Thursday of every month)
6.30 PM Movie Evening (Lifestyle Centre)

Friday, 11 January 2019

10 AM Line Dancing (Gym in the Lifestyle Centre) (R30 per session contact Lynn Turner on ext. 104)



Monday, 14 January 2019

8.15 AM	Therapeutic Aquatics Class (Gym in the Lifestyle Centre)
10 AM	Knit & Natter (Lifestyle Centre)
10am – 12pm	Art Classes (For more information contact Sandy De Villiers on ext. 1121)
1pm	Social Bridge (Lifestyle Centre)

Tuesday, 15 January 2019

8 AM	Therapeutic Exercise Class (Gym in the Lifestyle Centre)
9 AM	Therapeutic Exercise Class (Gym in the Lifestyle Centre)
10:30 AM	Nature & Birding Group (Lifestyle Centre)
10.30 AM	Series Movie Morning (Lifestyle Centre)
2:30 PM	Scrabble (Lifestyle Centre)

Wednesday, 16 January 2019

10 AM – 12 PM	Art Classes (For more information contact Sandy De Villiers on ext. 1121)
10 AM	Alzheimer's Support Group (Lifestyle Centre) (3 rd Wednesday of every month)
5 PM	Social Evening (Lifestyle Centre)

Thursday, 17 January 2019

7:30 AM	Therapeutic Exercise Class (Gym in the Lifestyle Centre)
10 AM	Series Movie Morning (Lifestyle Centre)
6.30 PM	Movie Evening (Lifestyle Centre)

Friday, 18 January 2019

10 AM	Line Dancing (Gym in the Lifestyle Centre) (R30 per session contact Lynn Turner on ext. 104)
2.30 PM	Bingo with Trevor & Heather Morgan (R20 a card and cash prizes. For more information contact Trevor & Heather Morgan on ext. 169)

Monday, 21 January 2019

10 AM	Knit & Natter (Lifestyle Centre)
10 AM – 12 PM	Art Classes (For more information contact Sandy De Villiers on ext. 1121)
1 PM	Social Bridge (Lifestyle Centre)

Tuesday, 22 January 2019

8 AM	Therapeutic Exercise Class (Gym in the Lifestyle Centre)
9 AM	Therapeutic Exercise Class (Gym in the Lifestyle Centre)
10.30 AM	Series Movie Morning (Lifestyle Centre)
2:30 PM	Scrabble (Lifestyle Centre)

Wednesday, 23 January 2019

10 AM – 12 PM	Art Classes (For more information contact Sandy De Villiers on ext. 1121)
5 PM	Social Evening (Lifestyle Centre)



Thursday, 24 January 2019

7:30 AM Therapeutic Exercise Class (Gym in the Lifestyle Centre)
10 AM Series Movie Morning (Lifestyle Centre)
6.30 PM Movie Evening (Lifestyle Centre)

Friday, 25 January 2019

10 AM Line Dancing (Gym in the Lifestyle Centre) (R30 per session contact Lynn Turner on ext. 104)

Monday, 28 January 2019

10 AM Knit & Natter (Lifestyle Centre)
10 AM – 12 PM Art Classes (For more information contact Sandy De Villiers on ext. 1121)
1 PM Social Bridge (Lifestyle Centre)

Tuesday, 29 January 2019

8 AM Therapeutic Exercise Class (Gym in the Lifestyle Centre)
9 AM Therapeutic Exercise Class (Gym in the Lifestyle Centre)
10.30 AM Series Movie Morning (Lifestyle Centre)
2:30 PM Scrabble (Lifestyle Centre)

Wednesday, 30 January 2019

10 AM – 12 PM Art Classes (For more information contact Sandy De Villiers on ext. 1121)
10 AM Alzheimer's Support Group (Lifestyle Centre) (3rd Wednesday of every month)
5 PM Social Evening (Lifestyle Centre)

Thursday, 31 January 2019

7:30 AM Therapeutic Exercise Class (Gym in the Lifestyle Centre)
10 AM Series Movie Morning (Lifestyle Centre)
6.30 PM Movie Evening (Lifestyle Centre)

**ROY MARTIN
VILLAGE MANAGER**